



Cancer Services Inc.

Body and Soul

Cancer Services' mission is to enhance the quality of life for those living with cancer and to provide the gift of life through education. Cancer Services provides hope for those facing cancer and for those sustaining them. They do this by providing a compassionate community of peers, patient advocacy, resources, education and personal assistance to their family of clients. Cancer Services assist individuals from the point of diagnosis through long-term survivorship or death with an array of services. In order to remain relevant to the ever-changing needs of cancer survivors and their families, they evolve and create programs based on current needs. And best of all, All of their services are free of charge.



To address the disproportionate mortality rates in the African-American community from a variety of cancers, Cancer Services adopted “**Body & Soul**”, a model program adapted from the NC Black Churches United for Better Health and the National Cancer Institute’s Body & Soul program. **Felecia Bennett-Giles, Body and Soul Coordinator**, focuses on education through collaborations with local African American churches and includes year-round programming to increase behavioral change and reduce cancer risks in the community. The program focuses on five key healthy-habit messages that are consistently communicated through a variety of venues including Sunday and mid-week services, exercise and cooking classes at the churches, and other special programs—even through the establishment of community gardens. Since implementing the program in 2010, Cancer Services has far exceeded their original goals in terms of the number of church partnerships created (25 +) and people impacted (over 25,000), such that there is currently a waiting list of church partners. Because of their success, Cancer Services is planning to spread their message by partnering with other organizations that address community health needs.

Bennett-Giles also coordinates the “**BAPCAP program**”, (Brothers Against Prostate Cancer Awareness Program). BAPCAP’s is conducted in 11 local barbershops. Barbers are trained to educate patrons on the importance of Prostate screenings and healthy lifestyles while they receive barber services. Each man is given an education packet which includes a cap with the BAPCAP logo on it. More African American men die from Prostate cancer than any other race. This program was developed by Bill Robinson of Durham, NC to address this disparity.

Cancer Services is located at 3175 Maplewood Avenue, Winston-Salem, NC 27103. Their telephone number is **(336) 760-9983**. You can learn more about them on [their website](#), and [become a volunteer today!](#)