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## Maya Angelou Center for Health Equity

Health Equity Updates  
March 2010

### Quietly Changing the World

**Robert Brown, Executive Co-Chair of the Maya Angelou Center for Health Equity National Advisory Board**



In a month dedicated to black history, sometimes the most riveting stories come from people with names less familiar than Rosa Parks or Martin Luther King, Jr. and many of them are connected to the Triad.

The year 1968 found campaign volunteer and public relations consultant Bob Brown criss-crossing the country with Richard Nixon, troubleshooting, keeping up with the press and supplying names from local businesses and black communities to personalize the presidential candidate's interactions. ([click on here to read entire article](#))

### Dr. Alain Bertonni



Congratulations to Dr. Alain Bertonni on being named a Fellow by the American College of Physicians. This honor is awarded to physicians who have made major contributions to the field of internal medicine in research, teaching, and clinical service.

Dr. Bertonni is Associate Professor, [Epidemiology & Prevention](#) and is the Director of Research for the Maya Angelou Center for Health Equity

### Dr. Bettina Beech Appointment



Bettina M. Beech, DrPH, MPH, has been appointed to the Institute of Medicine (IOM) Committee on Obesity Prevention Policies for Young Children. Dr. Beech is a professor in both the division of public health sciences and pediatrics and is Co-Director of the Maya Angelou Center for Health Equity. As part of her appointment, Dr. Beech has been charged with reviewing factors related to overweight and obesity in infants, toddlers, and preschool children with a focus on nutrition and physical activity, identity gaps in knowledge, and make recommendations on early childhood obesity prevention policies.

### Study Looks at Fat, Sleep



**Dr. Kristen Hairston, Assistant Professor of Endocrinology and Metabolism and lead author on the study.**

Not getting enough sleep may lead to more severe problems than just a lack of energy and alertness. It also could lead to an increase in fat accumulating around vital organs, according to a study released today by

### Community Impact Champion



Eddie Long, Jr. is the founder and CEO of Credit Enhancement Services, LLC, a premier advocacy organization for financial literacy serving business owners and individuals. His extensive knowledge for financial services stems from over 20 years experience encompassing all types of collections and financial services products. A career based on immense accomplishments ranging from Executive of a Major Financial Institution to owning and managing companies involved in financial/banking services. ([click here for more about Mr. Long](#))

### NC TraCS Institute Symposium- March 19, 2010

[Registration](#) is now open for NC TraCS Institute Symposium: Translational Research to Address Health Disparities Across the Lifespan. The Symposium will showcase presentations of scientific findings and practical application of strategies for implementing best-practice models in translational research and evidence based interventions.

### Cultural and Diversity Health Care Issues in the Triad - April 7, 2010

#### [Cultural and Diversity Health Care Issues in the Triad.](#)



April 7, 2010, Cone Ballroom from 3:00-5:00pm. This panel discussion will explore issues relevant to health issues and problems of people from American Indian, African American, Hispanic and Montagnard cultures living in the North Carolina Triad area. Members of the UNCG community will have an opportunity to have open dialogue with representatives who have expertise with these cultural groups.

### A Systematic Review of Qualitative Research on the Meaning and Characteristics of Mentoring in Academic Medicine

Mentorship is perceived to play a significant role in the career development and productivity of academic clinicians, but little is known about the characteristics of mentorship. This knowledge would be useful for those developing mentorship programs. ([more](#)).

### Stimulus Impact and Race

In line with the one-year anniversary of the American Recovery and Reinvestment Act, the Kirwan Institute recently published three reports analyzing the impact of the economic stimulus to date on marginalized communities. The first is an in-dept report. The second is a snapshot of employment and contract procurement data. The third is a look at credit and housing in the wake of the subprime lending and foreclosure crisis. ([more](#))



### Eat Smart, Move More NC Leadership Team

The ESMM Leadership Team works to change policies, practices and environments to make eating smart and moving more possible for all North Carolina citizens. The multi-agency partnership oversees the implementation of the Eat Smart, Move More NC movement guided by Eat Smart, Move More: North Carolina's Plan to Prevent Overweight, Obesity and Related Chronic Diseases. ([more](#))

Hope you enjoy this month's Health Equity Update. Please email with any comments or suggestions.

**Sincerely,**

Ronny A. Bell, Ph.D  
Director  
Bettina M. Beech, DrPH, MPH  
Co-Director  
Wake Forest University School of Medicine

researchers at Wake Forest University School of Medicine. (click on photo to read entire article)

### Grant Opportunities

[New Connections:](#) Increasing diversity of RWJF Programming Releases Call for Proposals for Mid-Career Consultants

[RFA-MD-10-001](#)  
NCMHD Disparities Research and Education Advancing Mission (DREAM) Career Transition Award (K22)

### Resources

[Health Disparities in HR3962](#)

[CES4 Info](#)

[2010 NC County Health Rankins](#)

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Additional information about The Maya Angelou Center for Health Equity can be found on our website at <http://www.wfubmc.edu/MACHE/>. If you have an item you wish to be included please send a complete description to Winona Gilbert ([wgilbert@wfubmc.edu](mailto:wgilbert@wfubmc.edu)) with the subject line "Health Equity Updates".

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