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Maya Angelou Center for Health Equity

Health Equity Updates November 2010

In This Issue

National Diabetes Awareness Month

CDC Press Release - Diabetes

Dr. Diz Appointed to HBCU-UP Advisory Committee

Candice Roberts Wins Award

Community Impact Champion

Funds Available for Minority Faculty

Pathfinder Awards to Promote Diversity in the Scientific Workforce

Enhancement Initiative to Improve on the CLAS Standards

MACHE Participates in "Reality Check" Event

NIH Announces Institute on Minority Health and Health Disparities

Management of High Blood Pressure in Blacks

The Quality Report - What's Quality Without Equality?

Upcoming Events

Greetings,

Thank you all for your interest and collaboration with the Maya Angelou Center for Health Equity. We would like to let you know that, beginning this month, we are changing the format of our monthly Health Equity Updates. In keeping in line with our recent intention to focus our research on the influence of "T4" research in achieving health equity in diabetes and obesity, we will devote a portion of the HEU to informing you about the latest developments in diabetes and obesity and any new initiatives from the MACHE in these areas. We hope you find this new format beneficial, and, as always, your feedback is welcomed and most appreciated.

Sincerely,

Dr. Ronny A. Bell, Director

Contact Us

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November is National Diabetes Awareness Month

How will you stop diabetes? The future is in your hands. Last November, the American Diabetes Association launched the Stop Diabetes movement, with the

audacious goal of having 1 million people join in the first year. So far, more than 814,000 people around the country have raised their hand and pledged to join the fight. (read more from the ADA).

Centers for Disease Control and Prevention Press Release - Diabetes

As many as 1 in 3 U.S. adults could have diabetes by 2050 if current trends continue, according to a new analysis from the Center for Disease Control and Prevention.

One in 10 U.S. adults has diabetes now. The prevalence is expected to rise sharply over the next 40 years due to an aging population more likely to develop type 2 diabetes, increases in minority groups that are at a high risk for type 2 diabetes, and people with diabetes living longer, according to CDC projections published in the journal *Population Health Metrics.* Because the study factored in aging, minority populations and lifespan, the projections are higher than previous estimates. (read press release)

Dr. Diz Appointed to HBCU-UP Advisory Committee

Debra Diz, Ph.D., interim director for the Hypertension and Vascular Research Center at Wake Forest Baptist Medical Center, has been appointed to the External Historically Black Colleges and Universities Undergraduate Program (HBCU-UP) Advisory Committee at Johnson C. Smith University in Charlotte, NC. Dr. Diz has participated in an advisory meeting for the National Science Foundation sponsored program and serves as the liasion with the Wake Forest University School of Medicine for summer research internships. Dr. Diz is an affiliate of the Maya Angelou Center for Heath Equity.

Candice Roberts Wins Award

Candice Roberts, Class of 2013 won first place at the 2010 Medical Student Research Day held October 13, 2010. Her poster was titled "Stability and Selectivity of the SV5-G3A Oncolytic Vector". (Read her poster).
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Community Impact Champion - Marva Reid

As the fourth, last and only girl of the Reid's siblings, I had the privilege of being what I call the linear student. I am blessed with not only my parent's knowledge but I am strong-willed because I had brothers to show me how to take on life. I tell people that not only did I play football with my brothers that I sometimes was the football! For that reason, I do not shy away from a challenge. My parents left me with the legacy of good intentions. My Father trained students for the Urban League in air conditioning & heating & my mother would have community meetings in our Home. (Read her bio).

Funds Available for Minority Faculty in Department of Medicine for Academic Training Program

The Department of Medicine Minority Recruitment Task Force (MRTF) and the Maya Angelou Center for Health Equity are pleased to announce the availability of funds for minority faculty in the WFUSM Department of Medicine to attend the American Association of Medical Colleges (AAMC) Minority Faculty Development Seminar. (Read objectives)

Pathfinder Awards to Promote Diversity in the Scientific Workforce

The NIH database now contains information on the six awards under the RFA: The NIH Directorr's ARRA Funded Pathfinder Award to Promote Diversity in the Scientific Workforce. (Read available information on the six awards).

Enhancement Initiative to Improve on the CLAS Standards

The HHS Office of Minority Health has begun an enhancement initiative of the National Standards for Culturally and Linguistically Appropriate Services in Health Care (CLAS Standards).

The public comment period opened September 30, 2010 and will extend through December 31, 2010. (read the initiative)

Maya Angelou Center for Health Equity Participates in "Reality Check" Event at Goodwill Industries

Approximately 40-50 young adults between the ages of 16-21 attended a "reality check" event at Goodwill Industries on October 23, 2010 learning a variety of skills including finance, budgeting, human resources, interviewing, health and wellness. Montez Lane, Community Outreach Project Manager for the Maya Angelou Center for Health Equity, manned a display that included information and pamphlets on various areas within the Forsyth County Health Department on STD testing, nutrient and health, and diabetes.

NIH Announces Institute on Minority Health and Health Disparities

The National Institutes of Health announces the transition of the National Center on Minority Health and Health Disparities (NCMHD) to the National Institute on Minority Health and Health Disparities (NIMHD). The transition gives the institute a more defined role in the NIH's research agenda against health disparities, which it defines as differences in the incidence, prevalence, mortality, and burden of diseases and other adverse health conditions that exist among specific population groups. (read more).

Management of High Blood Pressure in Blacks. An Update of the International Society on Hypertension in Blacks Consensus

Statement

Since the first International Society on Hypertension in Blacks consensus statement on the "Management of High Blood Pressure in African American" in 2003, data from additional clinical trials have become available. We reviewed hypertension and cardiovascular disease prevention and treatment guidelines, pharmacological hypertension clinical end point trials, and blood pressure-lowering trials in blacks. Selected trials without significant black representation were considered. In this update, blacks with hypertension are divided into 2 risk strata, primary prevention, where elevated blood pressure without target organ damage, preclinical cardiovascular disease, or overt cardiovascular disease for whom blood pressure consistently <135/85 mm Hg is recommended, and secondary prevention, where elevated blood pressure with target organ damage, preclinical cardiovascular disease, and/or a history of cardiovascular disease, for whom blood pressure consistently <130/80 mm Hg is recommended. (read article)

The Quality Report - Robert Wood Johnson Foundation

What's Quality Without Equality? Using Data on Patient Race, Ethnicity and Language Preferences to Improve Care. (read entire report)

Upcoming Events

My Neighborhood Is Killing Me
Featuring Dr. Julianne Malveaux, President of Bennet College for Women
and Simran Sethi, Emmy award-winning journalist and associate professor at the University of Kansas School of Journalism and Mass Communication
November 11, 2010
7:00pm
Click here for more information

Fifteenth Annual American Indian Heritage Celebration
November 20, 2010
Click here for more information

Health Disparities/Health Equity Research Summit
February 16, 2011
9:00-3:00pm
Sponsored by The Center of Excellence for the Elimination of Health Disparities and The Maya Angelou Center for Health Equity
Click here for more information and registration

Book Corner

The Evolution of Obesity by Michael L. Power and Jay Schulkin
(**Review book**)

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