Name:_____
MRN:_____

Wake Forest University *Center for Reproductive Medicine*

ANTAGON/CETROTIDE STIMULATION PROTOCOL-

1. Your birth control pill schedule is as follows:

   Pack #1 _____

   You will begin to take one baby aspirin (81mg) each day beginning with your first pack of birth control pills. You will continue on your baby aspirin until the day of your pregnancy test.

   Pack #2 _____

   Last pill to be taken on:_____

2. Consent review and injection teaching appointment:_____

3. Baseline appointment _____. At this visit we will do the following:
   a. baseline ultrasound
   b. estrogen level
   c. pelvic exam/catheter measurement for embryo transfer (if not already done)
   d. review stimulation protocol
   e. begin weighing yourself daily
   f. first appointment for ultrasound/blood work will be given

3. The day you begin your ovulation induction meds you and your partner will also begin taking doxycycline (antibiotic). You both will take one pill twice a day for ten days. You will continue medications as directed until the day of your hCG/Pregnyl injection. Most women require 9-12 days of stimulation before taking the hCG.

Date	Day	Antagon/ Cetrotide	Follistim Gonal-F	Humegon/ Repronex	Low Dose hCG	Ultrasound/ Blood Work	Comments
	1		( )am ( )pm	( )am ( )pm			Begin doxycycline
	2		( )am ( )pm	( )am ( )pm			
	3		( )am ( )pm	( )am ( )pm			
	4		( )am ( )pm	( )am ( )pm			
	5		( )am ( )pm	( )am ( )pm			
	6	1 injection	( )am ( )pm	( )am ( )pm			
	7	1 injection	( )am ( )pm	( )am ( )pm			
			( )am	( )am			

Date	Day	Antagon/ Cetrotide	Follistim Gonal-F	Humegon/ Repronex	Low Dose hCG	Ultrasound/ Blood Work	Comments
	8	1 injection	( )pm	( )pm			
	9	1 injection	( )am ( )pm	( )am ( )pm			
	10		( )am ( )pm	( )am ( )pm			Last day of doxycycline
	11		( )am ( )pm	( )am ( )pm			
	12		( )am ( )pm	( )am ( )pm			
	13		( )am ( )pm	( )am ( )pm			
	14		( )am ( )pm	( )am ( )pm			
	15		( )am ( )pm	( )am ( )pm			

4. **Day of hCG/Pregnyl:**

When the follicles have reached maturity, an injection of hCG will be given in the evening. You will be told the exact time to take the injection which will be 36 hours prior to your egg retrieval. **ALL OTHER MEDICATIONS WILL BE DISCONTINUED THIS DAY EXCEPT ASPIRIN.**

MEDS: hCG/Pregnyl 10,000 units at ___:___pm date _____

5. **Pre-op instructions:**

The night before your egg retrieval, eat a good dinner. **Do not eat or drink anything after midnight.** Review in your IVF booklet the information regarding egg retrieval and embryo transfer.

6. **Day of egg retrieval:**

Report to Minor Procedure Suite, located on the 2nd floor of CompRehab (located next to the Center for Reproductive Medicine). The evening of your retrieval, begin your progesterone and Medrol as directed. Someone will call you the day after your retrieval to tell you how many eggs fertilized and when you will be scheduled for Embryo Transfer.

7. **Day of embryo transfer:**

The embryo transfer will be 3-5 days after your retrieval. You will be kept for 30 minutes after the transfer. You will also be told when to return to our office for your pregnancy test.

8. **Pregnancy test:**
You will be scheduled for a pregnancy test 12-14 days after your egg retrieval. Blood will be drawn in the morning and results will be available in the afternoon.