



265 Executive Park Boulevard
 Winston-Salem, NC 27103
 Phone: 336-765-5722
 Fax: 336-765-5723

Patient name: _____

Appointment Date: _____

Appointment Time: _____

Type of Exam: MRI CT Bone Density Mammo Ultrasound Xray

Referring Physician _____ Phone _____

Patient has been instructed to bring a list of medications for CT/MRI exams with contrast

Your referring physician's office will select which preparation instructions you need to follow

<p style="text-align: center;"><u>MRI EXAMS</u></p> <p>*Please notify your referring physician if you have known allergies to contrast.</p> <p>MRI cannot be performed on patients with cardiac pacemakers, some cardiac valves, and stents, ear implants, neuro-stimulators and some aneurysm clips in the brain. Please bring any information pertaining to stents or implants that you may have to your appointment.</p> <p><input type="checkbox"/> MRI Brain or Orbit No eye makeup.</p> <p><input type="checkbox"/> MRI of Abdomen and/or MRCP No food or drink 4 hours prior to exam.</p> <p><input type="checkbox"/> If you require medication for Claustrophobia or anxiety, please bring your medication and a driver with you to the appointment. Upon arrival, tell the receptionist that you have brought your medication.</p>	<p style="text-align: center;"><u>CT EXAMS</u></p> <p>*Please notify your referring physician if you have known allergies to contrast.</p> <p><input type="checkbox"/> NO PREP NECESSARY</p> <p><input type="checkbox"/> Contrast Enhanced CT/Abdomen and Pelvis You may take daily medications as directed. Nothing to eat and drink, clear liquids only 4 hours prior to exam. *You will be instructed to drink oral contrast prior to exam. *Please bring a list of your medications.</p> <p><input type="checkbox"/> If you are a diabetic and taking a Metformin product, you will need to contact your physician after IV contrast, for special instructions.</p>
<p style="text-align: center;"><u>MAMMOGRAM EXAMS</u></p> <p>Do not wear deodorant, talcum powder or lotion the day of the exam. Two piece clothing will be convenient for you. Scheduling your mammogram for the week after your menstrual period may help reduce tenderness during exam.</p>	<p style="text-align: center;"><u>ULTRASOUND EXAMS</u></p> <p><input type="checkbox"/> NO PREP NECESSARY</p> <p><input type="checkbox"/> Abdomen/Gallbladder Ultrasound Exams Nothing to eat or drink 6 hours prior to exam.</p> <p><input type="checkbox"/> Pelvis Drink 32 oz. of fluid an hour and 45 minutes prior to exam. Do not urinate until exam is finished.</p>
<p style="text-align: center;"><u>X-RAY or DEXA EXAM</u></p> <p><input type="checkbox"/> NO PREP NECESSARY</p>	<p><input type="checkbox"/> Renal Doppler Nothing to eat or drink 8 hours prior to exam.</p>