

Lexington Pulled Pork Vinegar Sauce

Number of Servings: About 10

Ingredient

1 Tbsp.

2 ½ cups
Cider vinegar
Low sodium ketchup
1 Tbsp.
Texas Pete hot sauce
4 tsp.
Red pepper flakes
2 tsp.
White pepper

Raw sugar

Nutrients per serving

Amount Per Serving			
	_		
Calories 30	Ca	lories fro	m Fat
		% Da	aily Value
Total Fat 0g			0%
Saturated Fat 0	g		0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 35mg			19
Total Carbohydra	te i	6a	29
Dietary Fiber 0c		-0	09
Sugars 4g	,		• • • • • • • • • • • • • • • • • • • •
Protein 0g			
Vitamin A 8%	• '	Vitamin (C 4%
Calcium 0%	•	Iron 2%	
*Percent Daily Values ar diet. Your daily values m depending on your calor Calorie	ay b ie ne	e higher or	
Total Fat Less ti Satureted Fat Less ti Cholesterol Less ti Sodium Less ti Total Carbohydrate Dictary Fiber	han han	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300mg 2,400mg 375g 30g

Instructions

1. Mix all ingredients together well. Add to three ounces of pulled pork. (Not included in nutritional information)

This recipe can be part of a well balanced food plan.

Recipe By: Amy Fanjoy MS, RD, LDN