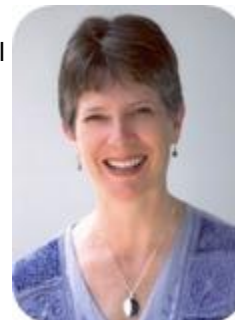


## Center for Integrative Medicine ~ Healing Touch (HT) and Therapeutic Touch (TT) Kathi J. Kemper, MD, MPH, FAAP

[Dr. Kemper](#) began studying with [Dora Kunz](#), the founder of [Therapeutic Touch](#) (TT), in 1990. Dr. Kemper was a regular participant in Dora's healing group in Seattle until she was invited to join the Harvard Medical School faculty in 1998. Later, Dr. Kemper was the only physician to help lead the mentorship program in TT at [Pumpkin Hollow](#) in upstate New York under the guidance of [Dolores Krieger, PhD, RN](#). In 2000, Dr. Kemper received Third Degree Reiki Master and Master Teacher certificates.



In Seattle and in Boston, Dr. Kemper was the first physician to openly provide energy **healing services** in an academic medical center. Dr. Kemper has provided biofield therapies at the following academic health centers:

- ✓ University of Washington Hospitals and Clinics
- ✓ Harborview Medical Center in Seattle
- ✓ Children's Hospital in Boston
- ✓ Brenner Children's Hospital, inpatient and Pediatric Second Opinion Clinic (current)
- ✓ Harvard Medical School and the American Medical Student Association – Invited Presentations

**Educational and research** activities since joining the Wake Forest faculty:

- 2002 Co-founded the Council on Bioenergetic Healing Research at WFUHS
- 2003 Invited Deborah Larrimore to co-create an elective for medical students on Therapeutic and Healing Touch, entitled Being Good Medicine (BGM)
- 2004 Published a review article on Therapeutic and Healing Touch
- 2005 Presented a workshop with Deborah Larrimore for a standing room only crowd at the Pediatric Academic Society meeting in Washington, DC
- 2005 Published a study comparing those who enrolled in the BGM elective to peers who did not.
- 2006 Published a study demonstrating the positive impact of the BGM elective
- 2006 Brought noted energy healer, [Rosalyn Bruyere](#), author of *Wheels of Light: Chakras, Auras, and the Healing Energy of the Body* to WFUBMC and the Winston-Salem community with support from the Susan G Komen Foundation
- 2007 Raised funds and found an academic department to hire Deborah Larrimore as a consultant to WFUBMC to educate our largest group of health professionals, nurses
- 2008 Raised foundation funding to support an evaluation of training nurses in HT
- 2009 Created [Center for Integrative Medicine library](#) featuring large collection on Energy Medicine, including *Subtle Energies* journal
- 2010 Bringing noted author, [Jim Oschman](#), author of *Energy Medicine: the Scientific Basis*, to Wake Forest as a Visiting Professor

**Publications** on Healing Touch and Therapeutic Touch:

1. Kemper KJ, Kelly EA. Treating Children with Therapeutic and Healing Touch. *Pediatric Annals*, 2004; 33(4):248-252.
2. *Kemper KJ*, Larrimore DL, Dozier J, Woods C. Electives in Complementary Medicine: Are We Preaching to the Choir? *Explore: Journal of Science and Healing*, 2005;1(6)453-458.
3. Kemper KJ, Larrimore D, Dozier J, Woods C. Impact of a Medical School in Cultivating Compassion through Touch Therapies. *Complementary Health Practice Review*, 2006;11(1):47-56.
4. Danhauer SC, Toose JA, Holder P, Miller C, Jesse MT, Carroll S, Larrimore D, Campbell CR, Kemper KJ. Healing Touch as a Supportive Intervention for Adult Acute Leukemia Patients: A Pilot Investigation of Effects on Distress & Treatment-Related Symptoms. *Journal of the Society for Integrative Oncology*, 2008; 6(3):89-97.
5. Kemper KJ, Fletcher NB, Hamilton CA, McLean TW. Impact of Healing Touch on Pediatric Oncology Outpatients – A pilot study. *Journal of the Society for Integrative Oncology*, 2009;7(1):12-18
6. Tang R, Tegeler C, Larrimore D, Cowgill S, Kemper KJ. Improving the Well-being of Nursing Leaders Through Biofield Therapy Training, *JACM*, 2010; 16(8):1-5