Interim Heartsaver Testing Checklist
Adult/Child CPR and Infant CPR
Released: November 2010

American Heart Association®
Learn and Live

Student Name: _____ Date of Test: _____

Skill Step	Critical Performance Steps	*If you teach AED, do not do this test; go to AED test on other side*	*Do this test only if you teach infant CPR*
		Adult/Child CPR ☑ **if done correctly**	**Infant CPR** ☑ **if done correctly**
1	**Checks for response**		
2	**Tells someone to phone emergency response number (or 911) and get an AED**		
3	**Checks for no breathing or no normal breathing**		
4	**Bares victim's chest and locates correct hand (infant: finger) position**		
5	**Delivers first cycle of compressions at correct rate** *Acceptable <18 seconds for 30 compressions*		
6	**Opens the airway and gives 2 breaths (1 second each)**		
7	**Delivers second cycle of compressions at correct hand position** *Acceptable >23 of 30 compressions*		
8	**Gives 2 breaths (1 second each)**		
The next step is done only with a manikin with a feedback device, such as a clicker or a light. If no feedback device, STOP THE TEST.			
9	**Delivers third cycle of compressions of adequate depth with full chest recoil** *Acceptable >23 of 30 compressions*		
		STOP THE TEST	**STOP THE TEST**

RECORD ALL TEST RESULTS HERE. SIGN WHERE INDICATED.		Test only one of these				This test is only if you teach infant CPR	
Test Summary	**PASS = Above steps are all checked (done correctly)** **NR = Needs remediation** **Indicate PASS or NR:**	**CPR + AED**		**A/C CPR**		**INF CPR**	
		PASS	**NR**	**PASS**	**NR**	**PASS**	**NR**

Instructor signature affirms that skills tests were done according to AHA guidelines. *Save this sheet with course record.*	Instructor Signature: _____ Print Inst. Name: _____Date:_____

Interim Use Only