

**WAKE FOREST BAPTIST MEDICAL CENTER
POLICY AND PROCEDURE**

From: Office of GME

Prepared by: Office of GME

SUBJECT: SAFE TRANSPORTATION/FATIGUE MITIGATION POLICY

I. POLICY

It is the policy of Wake Forest Baptist Medical Center (WFBMC) to ensure the safety and well being of all residents and fellows in training who feel they are too fatigued (or who may be identified by their supervisors or peers as being too fatigued) to drive home safely.

II. PURPOSE

To prevent the potential negative effects of resident and fellow fatigue on patient care and learning by offering all trainees the opportunity to sleep in an available call room until able to drive safely. Residents or fellows may also receive transportation from a co-worker, or return home by taxi cab if they are unable to drive home on their own.

III. PROCEDURE

- Each residency program must have a process to ensure continuity of patient care in the event that a resident or fellow may be unable to perform his/her patient care responsibilities while on a scheduled duty period.
- If a trainee, supervising resident or an attending feel the trainee is too fatigued to drive home safely during scheduled duty hours or after duty hours are completed, the residents or fellows have the following options:
 1. Sleep in an available call room until able to drive safely. Call rooms at the Institution are available 24/7 by calling: 716-0007.
 2. Receive a ride home from a co-worker or family member.
 3. Contact a local taxi company to transport the trainee home. The trainee will be reimbursed for the cost of the taxi fare and for taxi fare to return to the Medical Center at the appropriate time.

- The taxi may be used to the trainee's home or a closer location if the trainee so chooses.
- All trainees must obtain taxi cab company receipt(s).
- All receipts must be turned in to the Physician and House Staff Services Office, within one week of the trip, for reimbursement.

IV. MONITORING

All programs will be monitored for compliance through each Program's Annual Program Evaluation meeting minutes or reports, Internal Reviews, resident surveys, and the semi-annual Institutional Duty Hour Monitoring survey.

Date GMEC Approved: July 28, 2011

Reference: Accreditation Council on Graduate Medical Education Common Program Requirements: Revised: July 1, 2011.