



## Journeys: Navigations for New Graduate Nurses

**YOUR PROFESSIONAL  
NURSING JOURNEY  
AWAITS YOU...**



The Journeys Program is designed to provide support to the new graduate nurse during the first year of employment and transition to practice. The goal of this program is to “bridge the gap” between education and practice by supporting new nurses as they transition into their new professional role.

### The Journeys Program Includes:

- General Nursing Orientation
- Specialty classes
- Structured Preceptorships
- Bi-monthly Workshops
- Peer Networking
- Small Group Sessions
- Graduate Nurse Advisor

**Eight-hour workshops are designed to assist the newly licensed registered nurse navigate the first year. Workshops include topics such as:**

- Cultural Competence and Diversity
- Managing Delivery of Care
- Patient Instability
- Code Blue Review
- End of Life Care
- Leadership
- Professional Practice Model
- Shared Governance
- Team Building & Delegation
- Stress Management & Self Care
- Legal & Ethical Issues
- Intraprofessional Communication
- Magnet
- Integrative Modalities

*The Newly Licensed Nurse is able to socialize and share experiences with other nurses in the first year of practice.*

*The Journeys Program is designed to meet the needs of the newly licensed registered nurse by providing mentoring, support, and extensive training to foster professional and clinical growth in the delivery of quality patient care.*

Center for Nursing Research

Phone: (336) 713-2669

[NursingResearch@wakehealth.edu](mailto:NursingResearch@wakehealth.edu)

Wake Forest Baptist Medical Center

Nurse Recruitment

Medical Center Boulevard

Winston-Salem, NC 27157-1185

(336) 716-3339 email: [nrsrect@wakehealth.edu](mailto:nrsrect@wakehealth.edu)

<http://www.wakehealth.edu/HR/Nursing-Students-and-Nurse-Graduates.htm>

EEO/AA



Watson Caring  
Science Institute  
Affiliate

