Aromatherapy 100

Friday, October 24, 2014

(4 A/B Comp Cancer Conference Room)

8 a.m. – 5:00 p.m.

MAGNET RECOGNIZED
AMERICAN NURSES CREDENTIALING CENTER

Aromatherapy 100

Part A

Participants will learn:

- ❖ Basic information regarding essential oils including where they originate, how they affect the brain and body, how to store, how to use safely and effectively, how to buy, etc.
- ❖ How to select essential oils which are anti-microbial and review select essential oils such as peppermint, eucalyptus, etc.
- ❖ Selection of essential oils which improve mood and review select essential oils such as orange and lavender
- ❖ Review research results with select oils

Aromatherapy 100
Part B

Participants will learn:

- ❖ Basic information on the 8 major chemical groups found in Essential Oils
- ❖ Discuss and inhale essential oils for stress reduction and increased immunity
- ❖ Discuss select chronic illnesses and effective essential oils
- ❖ Discuss and inhale appropriate oils for anger, elderly and libido
- ❖ Discuss and observe demonstration on oil blending
- ❖ Complete testing and competency for the clinical setting

Watson Caring Science Institute Affiliate

REGISTRATION

Name:_____

Unit:_____ Unit/Dept #:_____

Employer:_____

Street:_____

City, State:_____Zip Code:_____

Phone: (Work)_____(Home/Cell)_____

Email: _____

Aromatherapy 100

Friday, October 24, 2014
(Comp Cancer Conference Room 4a/b)
8: 00 a.m.—5: 00 p.m.
8 CEUs

Tuition:
_$69 for RNs and professional staff employed by WFBH
_$169 for professionals not employed at WFBH

Please bring your own lunch/snacks.
Additional Supplies you will need to bring
Cotton Balls – one dozen
Snack size plastic bags – one dozen

Seating is limited, so register early!!

Full payment is required to secure a space.
No refunds, however, a substitute may be made if unable to attend.
First come, first serve basis.

Mail or Interoffice Mail – all registration forms with tuition to:

Michelle Manning
Wake Forest Baptist Health
Nursing Education, 5 South
Medical Center Boulevard
Winston Salem, NC 27157-1180

Phone No. (336) 713-2669 for questions.

Make Checks payable to "The Center for Nursing Research"

We must have six people in the class or class will be Rescheduled. You will be notified, if this occurs. Thank you.

Wake Forest™
Baptist Health