



WFBMC- Center for Integrative Medicine October 17, 2016

CIM

The Center for
Integrative Medicine

began as a Program in 2005 and was one of the first 35 academic health centers in North America to be accepted into the Consortium of Academic Health Centers for Integrative Medicine. The Center oversees a collaboration of educational, community outreach and research activities focusing on wellness and healing.

Center Leadership

Director

Remy Coeytaux, MD,
PhD

Associate Director

Jeff Feldman, PhD

Research

Suzanne Danhauer, PhD

Clinical Research

Rebecca Wells, MD

Neuroscience Research

Fadel Zeidan, Ph.D.

Introducing New CIM Director

We are very pleased to announce that Remy Coeytaux, MD, PhD, has been appointed as Director of the Center for Integrative Medicine, Caryl J. Guth Chair in Integrative Medicine, and Professor of Family and Community Medicine.



A family physician and clinical epidemiologist with experience both as a clinical scientist and administrator, Dr. Coeytaux is currently Associate Professor of Community and Family Medicine at Duke University and a faculty member of the Duke Clinical Research Institute. He received his AB from Brown University, his MD from Stanford University, and his PhD in Epidemiology from the UNC Gillings School of Global Public Health. He is a former Robert Wood Johnson Clinical Scholar and Bravewell Collaborative Integrative Medicine Fellow.

Dr. Coeytaux will join us full-time on February 19, 2017. In the interim, he will start overseeing development of an outpatient, integrative medicine clinic at Wake Forest Baptist Health. Dr. Jeffrey Feldman, who has served as Interim Director of the Center, will assist Dr. Coeytaux in his new role of Associate Director of the Center for Integrative Medicine.

Volunteers Needed for Migraine Study

Stress Reduction for Migraines

Rebecca Erwin Wells, MD, MPH,
Principal Investigator
Wake Forest Baptist Health



New research study of non-drug treatment for adults with migraines:

- 8 weekly classes involving education on headaches, stress, triggers and/or relaxation/gentle stretching
- Participants will discuss and learn drug-free ways to better handle headaches

Community Engagement

Gary Gunderson, MDiv,
DMin, DDiv

Education

Jeff Feldman, PhD

Scientific Advisor

Daniel Kim-Shapiro, PhD

(336) 713-9197
(336) 713-3849 FAX

Quick Links

WFBMC Intranet

WFBMC Action Health

Acupuncture

Aquatic Programs

BestHealth

Calendar of Events

CareNet

Center For Integrative
Medicine

Clinical Trials: Recruiting

Cancer Clinical Trials:
Recruiting

Dietary Supplements

WFBMC Employee
Assistance Program

Healing Touch

Healing Harps

Integrative Medicine
Clinicians

Massage Therapy

Nutrition Services

Office of Women
in Medicine
and Science

- Parking covered, all visits at Wake Forest Baptist Medical Center
- Participants may CONTINUE all current migraine drug treatments for the duration of the trial, but need to stay on stable doses of all medications
- As a sign of our appreciation, participants will receive \$80 for study completion

Please contact one of the following for additional information:

Emily Anusinha
Email: emansusi@wakehealth.edu
Phone: 336-716-0170

Sandra Norona
Email: snorona@wakehealth.edu
Phone: 336-716-0308

Recent Publications by CIM Members

Avis NE, Coeytaux RR, Levine B, Isom S, Morgan T. [Trajectories of response to acupuncture for menopausal vasomotor symptoms: the Acupuncture in Menopause study.](#) Menopause. 2016 Sep 26. [Epub ahead of print] PMID: 27676631

Klepin HD, Tooze JA, Pardee TS, Ellis LR, Berenzon D, Mihalko SL, Danhauer SC, Rao AV, Wildes TM, Williamson JD, Powell BL, Kritchevsky SB. [Effect of Intensive Chemotherapy on Physical, Cognitive, and Emotional Health of Older Adults with Acute Myeloid Leukemia.](#) J Am Geriatr Soc. 2016 Sep 14. doi: 10.1111/jgs.14301. [Epub ahead of print] PMID: 27627675

Stub T, Quandt SA, Arcury TA, Sandberg JC, Kristoffersen AE, Musial F, Salamonsen A. [Perception of risk and communication among conventional and complementary health care providers involving cancer patients' use of complementary therapies: a literature review.](#) BMC Complement Altern Med. 2016 Sep 8;16:353. doi:10.1186/s12906-016-1326-3. PMID: 27609097

Beavers KM, Leng I, Rapp SR, Miller ME, Houston DK, Marsh AP, Hire DG, Baker LD, Bray GA, Blackburn GL, Hergenroeder AL, Jakicic JM, Johnson KC, Korytkowski MT, Dorsten BV, Kritchevsky SB; Action for Health in Diabetes Movement and Memory Ancillary Study Research Group. [Effects of Longitudinal Glucose Exposure on Cognitive and Physical Function: Results from the Action for Health in Diabetes Movement and Memory Study.](#) J Am Geriatr Soc. 2016 Sep 27. doi: 10.1111/jgs.14478. [Epub ahead of print] PMID: 27676466

Driscoll I, Shumaker SA, Snively BM, Margolis KL, Manson JE, Vitolins MZ, Rossom RC, Espeland MA. [Relationships Between Caffeine Intake and Risk for Probable Dementia or Global Cognitive Impairment: The Women's Health Initiative Memory Study.](#) J Gerontol A Biol Sci Med Sci. 2016 Sep 27. pii: glw078. [Epub ahead of print] PMID: 27678290

Diet and Nutrition News/Research

Pastoral Care

Patient Resources

Stress Management

Visual and Performing
Arts

Chair Yoga

External Links

American Academy of
Pediatrics: Section on
Integrative Medicine

Collaborative on Health
and Environment

Integrator Blog

Mindfulness Research

NCCIH

NCCIH - Herb-Drug
Interactions

NCCIH Clinical Digest

NCI-OCCAM

Natural Medicine

Natural Triad

Nutrition Secrets

PedCAM

Samueli Institute

* * *

Insurance is Accepted

...for many integrative
medical services provided
by a physician or with a
physician's order. Check with
your insurance company for
details.

Join Our Mailing List!

cim@wakehealth.edu

- [Chicken korma, Eton mess and a genetic variant provide clues to our food choices](#) (Science Daily)
- [Omega-3 fatty acid stops known trigger of lupus](#) (ScienceDaily)
- [When Do You Worry About a Picky Eater?](#) (NY Times Well)
- [Personalized nutrition: The path from niche service to mass appeal](#) (Nutraingredients-usa.com)
- [PepsiCo's Naked Juices Mislead Consumers, Says Lawsuit](#) (CSPI)

Integrative Medicine Grand Rounds Webinar



ACADEMIC CONSORTIUM
FOR INTEGRATIVE
MEDICINE & HEALTH

DATE: Thursday, October 20, 2016, **Time:** 12:00 - 1:00

Topic: The Integrative Health & Lifestyle Program (IHLP):
Impact Of An Online Interprofessional Curriculum

Presenters: Audrey Brooks, PhD and Molly Burke, MFA.
Arizona Center for Integrative Medicine, University of Arizona

Moderators: Lauray MacElhern, MBA and Ray Teets, MD

Registration: You must register for the webinar. [Click here](#)

*Jointly sponsored by Vanderbilt University School of Medicine Department of
Medicine, Division of General Internal Medicine and Public Health and the
Academic Consortium for Integrative Medicine & Health*

Movement Classes for Parkinson's Disease

DATES:

Wednesdays - 9:00 a.m. - 10:00 a.m.



LOCATION: Academy of Dance Arts, 1425
West 1st Street. Phone: 336-723-4459.

INSTRUCTOR & ADDITIONAL INFO:

[Christina Soriano](#),

Associate Professor of Dance at Wake Forest University. This
improvisational movement class is for people with Parkinson's
Disease and their care partners.

QUESTIONS: Contact Christina Soriano at sorianct@wfu.edu.

Parkinson Power Moves Exercise Class

WHEN:

Every Tuesday and Thursday
10:00 a.m. - 11:00 a.m. or
5:30 p.m. - 6:30 p.m.



LOCATION: Neuro Rehab Gym - Medical
Miller Plaza, 131 Miller Street.

FEE: \$10.00 per class

Research evidence based exercises specifically designed for persons with Parkinson's disease.

QUESTIONS: Julie Bradwell, LRT/CTRS, Recreational Therapy Department. 336-716-8007 or jbradwel@wakehealth.edu

Chair Yoga For Every Body

No experience necessary! Free for cancer survivors, their close family members and friends.



DATES:

Tuesdays from 5:30 p.m. - 6:30 p.m.
October 18, 25
November 1, 8, 15, 22, 29

LOCATION: WFBMC Comprehensive Cancer Center, Second Floor Meditation Room

MATERIALS: Some yoga mats are available, but the teacher can advise you if you would like to buy your own.

QUESTIONS: Contact Lynn Felder, RYT, Yoga Gallery at 336-655-7047 or [email](#).

2016-2017 Healing Touch Training Seminars

DATES:

Level 3 - December 9 - 10
Level 1 - January 13 - 14



LOCATION: the Shepherd's Center, 1700 Ebert Street, Winston-Salem

REGISTRATION: [Contact Ashley Fleetwood](#) at 336-777-0680. Email: HToftheCarolinas@me.com

INSTRUCTOR INFO & BIO: [Deborah Larrimore](#), RN, LMBT, CHTP/I.

Warm Water Tai Chi Classes at Salemtowne Pool

DATES:

Mondays - 1:00 p.m. - 2:00 p.m.
Wednesdays - 1:00 p.m. - 2:00 p.m.



LOCATION: Salemtowne Retirement Community

COST: \$35 per month

QUESTIONS: Contact the Aquatics Program at 336-713-8082 for more information and to request an application.

Join the CIM eNewsletter List

Join our free mailing list and stay up-to-date on valuable integrative medicine information.

YES! I want to JOIN the CIM eNewsletter list!

Please [unsubscribe](#) me from the WFBH CIM eNewsletter list.

In Closing...

If you would like us to help promote non-profit integrative medicine related information or events, contact CIM at CIM@wakehealth.edu. All Center members are encouraged to submit information on services, awards, and publications.

Disclaimer: The information on this email is for general informational purposes only and SHOULD NOT be relied upon as a substitute for sound

professional medical advice, evaluation or care from your physician or other qualified health care provider.

WFUBMC-Center for Integrative Medicine, Medical Center Boulevard, Winston-Salem, NC 27157

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