

**Outpatient Imaging**

265 Executive Park Boulevard \ Winston-Salem, NC 27103

Name \_\_\_\_\_

Type of Appointment: MRI CT Bone Density Mammo Ultrasound Xray  
on \_\_\_\_\_ at \_\_\_\_\_

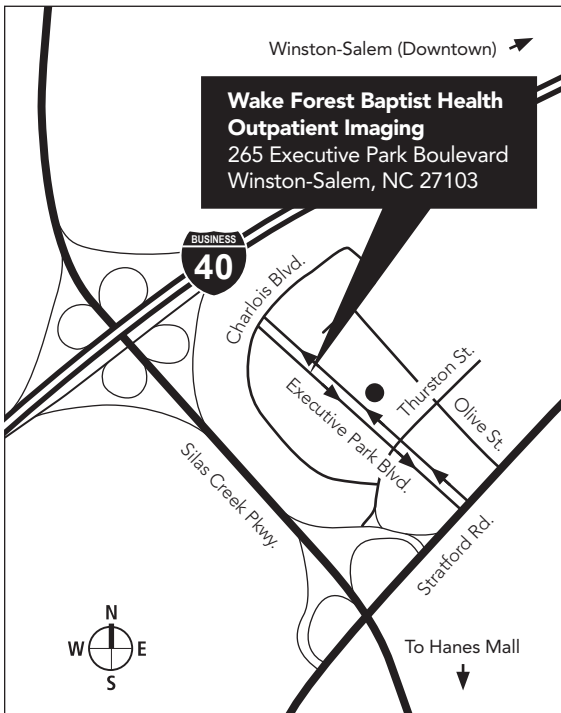
Monday Tuesday Wednesday Thursday Friday

*We ask that you arrive at least 15 minutes prior to your appointment.*

Referring Physician \_\_\_\_\_

Patient has been instructed to bring a list of medications for CT/MRI exams with contrast

*If you are unable to keep your appointment, please give at least 24 hours' notice*



**Wake Forest Baptist Health's Outpatient Imaging is conveniently located in Stratford Executive Park in Winston-Salem.**

**From I-40 East or West** Exit at Stratford Road. Turn left at the light onto Stratford Road. Turn left onto Executive Park Boulevard. Our building will be on the right.

**From Business 40** Take the Silas Creek Parkway exit (South). Take the Stratford Road exit. Turn left at the light onto Stratford Road. Turn left onto Executive Park Boulevard. Our building will be on the right.

**Preparation instructions are listed on the back ▶**

# Your referring physician's office will select which preparation instructions you need to follow

## MRI Exams

*\*Please notify your referring physician if you have known allergies to contrast.*

MRI cannot be performed on patients with cardiac pacemakers, some cardiac valves, and stents, ear implants, neuro-stimulators and some aneurysm clips in the brain. Please bring any information pertaining to stents or implants that you may have to your appointment.

- MRI Brain or Orbit** No eye makeup.
- MRI of Abdomen and/or MRCP** No food or drink 4 hours prior to exam.
- If you require medication for claustrophobia or anxiety, please bring your medication and a driver with you to the appointment. Upon arrival, tell the receptionist that you have brought you medication.

## Mammogram Exams

Do not wear deodorant, talcum powder or lotion the day of the exam. Two piece clothing will be convenient for you. Scheduling your mammogram for the week after your menstrual period may help reduce tenderness during exam.

## X-ray or DEXA Exam

- No Prep Necessary**

## CT Exams

*\*Please notify your referring physician if you have known allergies to contrast.*

- No Prep Necessary**
- Contrast Enhanced CT/Abdomen and Pelvis** You may take daily medications as directed. Drink clear liquids 4 hours prior to exam.
  - You will be instructed to drink oral contrast prior to exam.
  - Please bring a list of your medications.
- If you are a diabetic and taking a Metformin product, you will need to contact your physician after IV contrast, for special instructions.

## Ultrasound Exams

- No Prep Necessary**
- Abdomen/Gallbladder Ultrasound Exams** Nothing to eat or drink 6 hours prior to exam.
- Pelvis/OB Ultrasound Exams** Drink 32 ounces of fluid one hour and 45 minutes prior to exam. Do not urinate until exam is finished.
- Renal Doppler** Nothing to eat or drink 8 hours prior to exam.