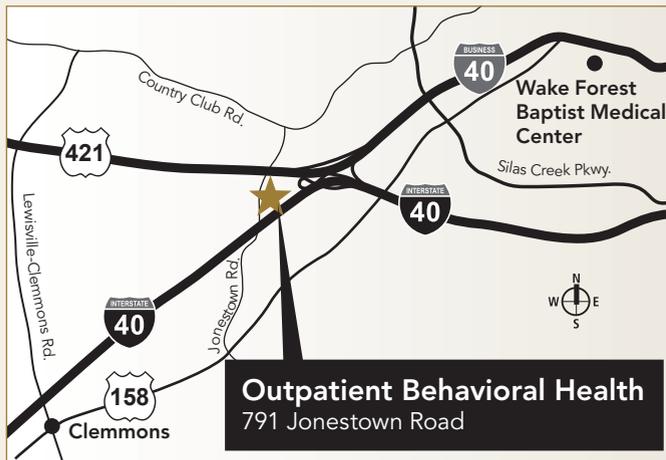


Admission Criteria

- ▶ Diagnosis of alcoholism or other chemical dependencies
- ▶ Willingness and ability to participate in treatment
- ▶ Not dangerous to self or others to the point of requiring hospitalization
- ▶ Withdrawal symptoms, if any, to be managed in an outpatient setting
- ▶ Willingness and ability to assume financial responsibility



Accredited by the Council for Accreditation for Rehab Facilities

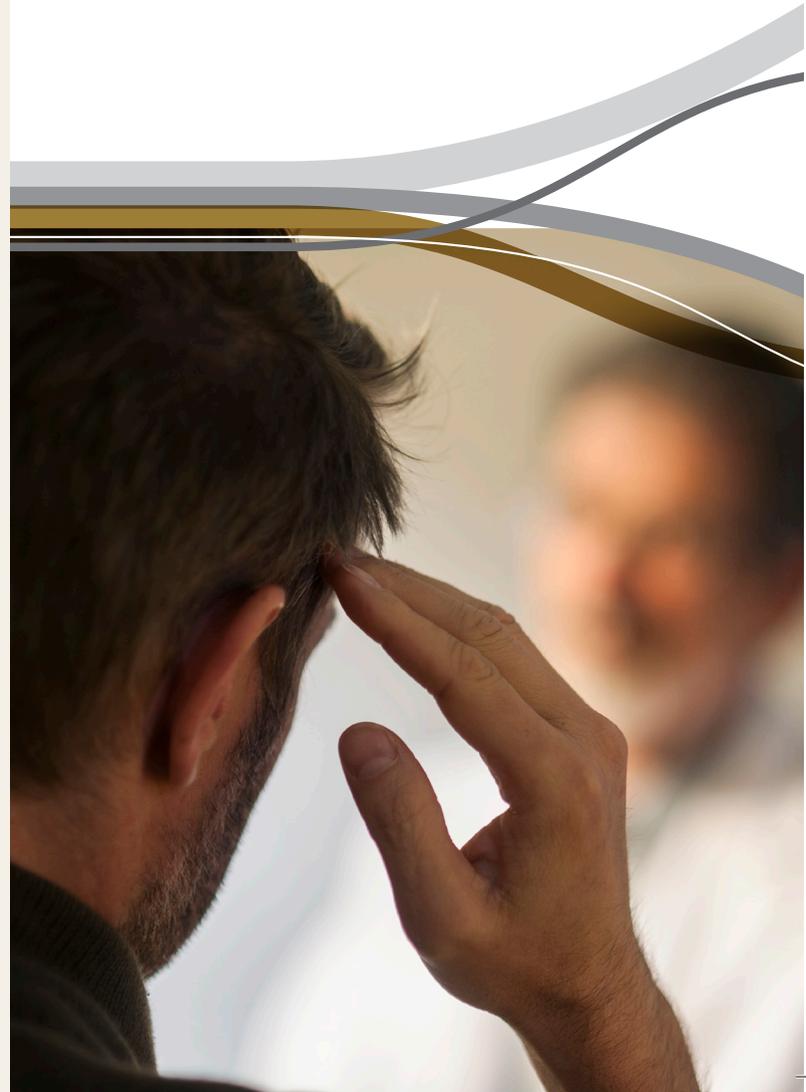


Outpatient Behavioral Health

791 Jonestown Road
Winston-Salem, NC 27103
Phone 336-716-4551
Fax 336-716-7080



When Alcohol and Drugs are a Problem, You Can Turn to Us



The Chemical Dependency Program

The Chemical Dependency Programs at Wake Forest Baptist Health are dedicated to providing exceptional care using highly trained professionals in the field of chemical dependency. Our approach is one of caring, focused treatment that maximizes the potential of each patient on the road to recovery. We provide an individualized, structured, continuing program of recovery to aid individuals in achieving and maintaining recovery.

As part of our treatment programming, we offer these services:

- ▶ Confidential assessments
- ▶ Outpatient detoxification
- ▶ Individual treatment planning
- ▶ Medication management
- ▶ Dual diagnosis treatment
- ▶ 12-step orientation
- ▶ Random drug screening
- ▶ Family education and therapy
- ▶ Relapse prevention
- ▶ Continuing care programs
- ▶ Buprenorphine opioid replacement treatment

What is Intensive Outpatient Treatment?

The Intensive Outpatient Treatment Program is designed to allow patients to live at home and continue with their daily work and family routines. The goal of treatment is to establish a healthy and productive life with an emphasis on abstinence and continuing recovery.

What is buprenorphine treatment?

Similar to the Intensive Outpatient program, it is designed to allow patients to continue with their daily routines. The goal of treatment is to combine medication management with recovery skills and group therapy.

The Treatment Process

Each session is designed to cover a wide range of topics related to chemical dependency and recovery. Topics include:

- ▶ The disease concept of addiction
- ▶ Spirituality and recovery
- ▶ Preventing slips and relapses
- ▶ Triggers
- ▶ Family rules/roles
- ▶ The whole person concept

Another component of each session is group therapy. Group therapy allows patients to explore how their lives have been affected by chemical dependency and identify with others who are chemically dependent. A sense of trust, safety and comradeship allows group therapy to be an excellent place for starting the recovery process.

Support Groups

Participation in AA/NA or other support groups is a requirement of this program. These support networks enhance the overall treatment experience and recovery process. Every effort is made to help and encourage patients to become well acquainted with the 12-step process of recovery.

Continuing Care

Continuing care consists of weekly group sessions for a minimum of 12 weeks after the intensive phase of treatment. These sessions are on Thursdays from 5:30–7:30 p.m. This phase of treatment offers continued support to the newly recovering individual, and reinforces behaviors and attitudes learned during treatment.

Referral and Admissions Process

Call 336-716-4551 for an appointment, for assessment and treatment recommendations, to develop a preliminary treatment plan and/or for orientation to the treatment process.