

FAST FACTS

Inpatient Stroke Rehabilitation Program

Wake Forest Baptist Health's Inpatient Stroke Rehabilitation Program provided intensive rehabilitation services to 124 stroke patients during 2010. Through a partnership approach among the patient, the family and support system, and healthcare providers, the Program delivers services that focus on prevention, reducing activity limitations, and maximizing the participation and quality of life for individuals 13 years of age and older who have experienced a stroke. The Program's effectiveness is attributed to the expertise of the interdisciplinary care team, which includes physiatrists and neurologists; rehabilitation nurses; clinical psychologists and neuropsychologists; social workers and case managers; occupational, physical, speech, and recreation therapists; dietitians; assistive technology specialists; and other professionals. Patients also have access to state-of-the-art technology including functional electrical stimulation (Bioness) and Lite-Gait, a partial-weight-bearing gait therapy device. Patients participate in at least three hours of therapy each day, and both patients and their families benefit from intensive training that facilitate the patient's successful return to home.

The Stroke Rehab Program measures its achievements on an ongoing basis through information provided by the Uniform Data System for Medical Rehabilitation (UDSmr). By participating in this database, the Rehab Program is able to compare patient outcomes with other rehabilitation facilities throughout the region and nation.

Patient Characteristics & Outcomes

FIM (Functional Independence Measure) is a numerical score that reflects the amount of care a patient requires during recovery. FIM Gain represents the amount of functional improvement the patient achieves during the rehabilitation stay. Length of Stay Efficiency is the degree of FIM gain for each day the patient is in the rehabilitation program.

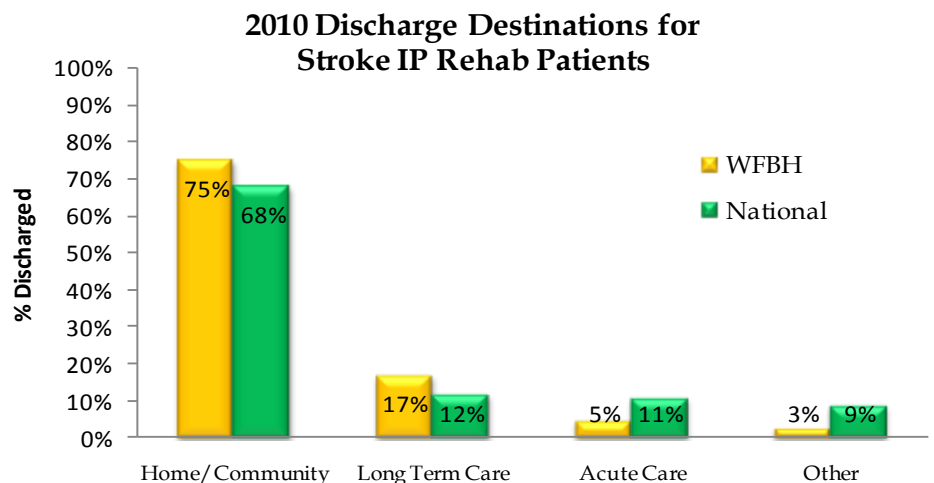
Measure	WFBH	Nation
Average Age	64	69
Average Length of Stay	20	16
FIM Gain	32	26
Length of Stay Efficiency	2.03	1.92

Patients in the WFBH Stroke Rehab Program have greater gains in function than patients in other rehabilitation facilities throughout the nation. During 2010, 70% of WFBH Stroke Rehab patients achieved their personalized functional improvement goals.

Discharge Destinations

The ability to return to home and the community is an important outcome of Rehabilitation. As illustrated to the right, **the WFBH Stroke Rehab Program discharges more patients back to the community that other facilities in the nation.**

Source: Uniform Data System for Medical Rehabilitation, 2010



Patient Satisfaction

The WFBH Rehabilitation Program uses the Press Ganey survey tool to measure patient satisfaction. In 2010, the WFBH Rehabilitation Program's patient satisfaction was better than 92 percent of facilities that use Press Ganey. Below is a sample of survey items and results for 2010.

Patient Survey Item	% Patients Rating Item as Good/Very Good
Staff prepared you to function at home	94%
How well therapy staff helped you meet goals	94%
Overall Assessment	94%
How well staff worked together	95%

Demonstrated Excellence

The WFBH Inpatient Rehabilitation Programs are accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF). Accredited programs include:

- Inpatient Rehabilitation Program – Adults*
- Inpatient Rehabilitation Program – Children and Adolescents*
- Brain Injury Program – Adults*
- Brain Injury Program – Children and Adolescents*
- Stroke Specialty Program – Adults*



The CARF Accreditation means Wake Forest Baptist Health

- is committed to excellence in rehabilitative care
- meets rigorous international standards of patient care and satisfaction
- is committed to helping each patient achieve their individualized rehabilitation goals
- constantly works to improve services and stays on the edge of rehabilitation techniques and technology
- surpasses communication expectations with referral and payer sources



WFBH is a three-time recipient of the Magnet Designation, awarded to nursing staffs of hospitals that meet the nation's highest standards of nursing excellence.



WFBH has the Joint Commission's Gold Seal of Approval™ - full accreditation with no recommendations for compliance improvement. The Joint Commission is the nation's esteemed standards-setting and accrediting body for healthcare and quality. WFBH also has The Joint Commission's Disease Specific Certifications in Stroke, Myocardial Infarction, Congestive Heart Failure, Hip Replacement and Knee Replacement.



To make a referral, please call (336) 713-8500 or (888) 605-9568
Or visit our website at www.wakehealth.edu/rehab