



Hernia and Hydrocele Post Operative Instructions

What to expect after surgery:

1. **Discharge:** Your child will be discharged from the hospital the same day of the surgery.
2. **Bathing:** You may start bathing your child the day of surgery in the usual manner, immersing the area of the incision under water.
3. **Dressing:** You may note that the incision area is swollen. There will be no dressing. You may observe stitches that will dissolve on their own over time. You may observe the typical post operative wound color changes (similar to a bruise) – initially red, then purple, then greenish-yellow, and then back to normal.
4. **Activity:** Do not restrict activity except to avoid straddle riding toys for 30 days. School age children should avoid active sports for 10 days.
5. **Pain Relief:** Discomfort (soreness) is common for a couple of days in the area of the incision. Tylenol is usually given for pain relief. The dose is based on the weight of the child, so the manufacturer directions should be followed. We recommend using Tylenol for pain control every 4-6 hours while awake (do not wake up the child to give the Tylenol) the first 2 to 5 days after surgery, and as needed thereafter.
6. **When to call the Doctor:**
 - a. Excessive bleeding
 - b. Increased pain, swelling, or redness at the incision
 - c. Any thick white or green drainage from the wound
 - d. Fever of 101 degrees F by mouth, 102 degrees F by rectum, or 100 degrees F under the arm
7. **Contact information for calling or concerns:** Contact the Urology clinic at (336) 716-4131 during the day. For questions after hours contact the doctor on call through the hospital operator at (336) 716-2011.
8. **Follow-up:** Please call the Urology Clinic at (336) 716-4131 and make an appointment for your child to be seen for a follow up appointment in approximately 8-10 weeks.