



Inguinal Hernia Repair Post Operative Instructions Outpatient Surgical Center

Description:

A hernia is a lump or bulge caused by a weak area of muscle. Inguinal hernia is a common condition in males in which the intestine may pass into the scrotum (indirect) or into the groin (direct).

What to expect after surgery:

- Your child may be a little sleepy. This is normal after surgery. Older children will need help with their daily activities for the first 24 hours.
- The incision line will have a clear protective covering or steri-strips. These will gradually fall off.
- May bathe or shower anytime.
- Move and walking is recommended the day of surgery.
- Older children should avoid body contact for at least 3 weeks.

When to call my doctor:

- Fever 101° F by mouth, Fever 102° by rectum or Fever 100° under the arm
- Increased pain, swelling, or redness in the incision or wound
- Any thick white or green drainage from the wound
- Excessive bleeding
- Continued nausea and vomiting and/or inability to tolerate fluids

Contact information for calling or concerns:

Contact the Urology clinic at (336) 716-4131 during clinic hours. For questions and concerns after hours, contact the doctor on call through the hospital operator at (336) 716-2011.

Follow Up:

Please call the Urology Clinic at (336)716-4131 and make an appointment so that your child can be seen for follow-up in approximately 3 months (usually about 14 week).