



Wake Forest University Baptist
MEDICAL CENTER®

Urology

Discharge Instructions Following a Transurethral Resection of Bladder Tumor/Polyp/Lesion or Bladder Biopsy

Some patients are sent home with a foley catheter (a hollow tube which drains urine from the bladder), while others go home urinating on their own. If you still have a catheter, you will be provided with instructions regarding its care.

It is common to have blood in the urine after your procedure. It may be pink or even red; inform your doctor if you have a significant amount of clots in the urine or if you are unable to urinate at all. Be sure to drink plenty of liquids at all times.

1. You may resume your regular diet and regular medication regimen.
2. Drink at least 6-8 glasses of fluid per day; minimize night-time drinking if this causes you to awaken regularly to urinate.
3. You may shower or bathe.
4. You may be given a prescription for pain medication; you may continue using this as long as your pain persists, however it may cause constipation. As soon as Extra Strength Tylenol is adequate, you can switch to this instead – it is less constipating.
5. You will likely have a prescription for an antibiotic when you go home. Take this medication as instructed; if you miss one dose, resume taking it on your previous schedule until you have completed the entire course of treatment.
6. Do not perform strenuous activities or resume sexual activity until you are told to do so by your doctor. You may climb stairs.
7. Call your physician if you have a fever over 101°F.
8. Make a follow up appointment with your urologist when you arrive home (or the next business day).

Call your urologist during normal business hours with any other routine questions.