



## PROSTATE BIOPSY INSTRUCTIONS

An elevated PSA (prostate specific antigen) blood test and/or prostate nodule may indicate the presence of prostate cancer. The only way to know for sure is to perform a prostate biopsy. The procedure requires the following preparation:

1. Do not take any Aspirin or Aspirin-like medications, including Ibuprofen (Motrin, Advil, etc.), or other nonsteroidal anti-inflammatory medications for ten days prior to your biopsy.
2. You may need to take an antibiotic the day before your biopsy, early the morning of your procedure and the day after your biopsy.
3. Use a Fleet's enema the morning of your biopsy and the night before your biopsy. A Fleet's enema can be purchased at your local drug store.
4. Drink juice, coffee or tea only the morning of your biopsy.
5. Someone should accompany you the day of your procedure.
6. **COME TO THE OFFICE THE MORNING OF THE BIOPSY WITH A FULL BLADDER.**

Please call the Urology Department at 336-716-4131 if any problems or questions arise.