



SEMEN COLLECTION INSTRUCTIONS FOR SEMEN ANALYSIS AND POST OPERATIVE VASECTOMY SPECIMENS

Semen analyses are performed on Friday from 8:30 to 10:30 AM. If you do not have a scheduled appointment either to see the physician or to bring a specimen, call the Urology Clinic 716-4131 one or more days in advance to notify us that you will be bringing a specimen on Friday. **This is very important. We do not want you to bring your specimen and no one available to do the analysis.**

1. The semen specimen may be collected at home or in the Urology Clinic. If the specimen is collected at home, the specimen must arrive at the Urology Clinic within two hours of collection for accurate results.
2. The semen specimen should be collected into a clean container with a screw on lid. A sterile container can be obtained from the Urology Clinic or from your private physician.
3. The specimen should be kept at body temperature. Do not heat or refrigerate the specimen while transporting to the Urology Clinic.
4. Abstain from any ejaculation for 2-3 days prior to collection of the semen specimen. Abstinence for a longer or shorter period may affect the results.
5. **DO NOT USE A CONDOM WHEN COLLECTING THE SPECIMEN.** Most condoms contain a spermicide which will adversely affect semen quality.
6. The following information must be on the container when the specimen is delivered to the Urology Clinic: NAME, DATE, TIME OF COLLECTION, NUMBER OF DAYS ABSTINENCE, AND IF ANY SPECIMEN WAS LOST DURING COLLECTION. Place the specimen in a Ziploc Bag.
WHEN YOU ARRIVE AT THE UROLOGY CLINIC, THE SECRETARY WILL HAVE YOU TO PLACE YOUR SPECIMEN IN A TRANSPORT COOLER. THIS IS AN OSHA REQUIREMENT.
7. The charge for the semen analysis is \$263.00.
There is no charge for the post operative vasectomy or other post operative specimens.
8. The results of your semen analysis will be sent to your physician. The physician will send you a letter or a nurse will call you with the results. Do not call the laboratory.