



Ureteral Stent: Home Care

Thank you for choosing Wake Forest University Baptist Medical Center. Please let us know if you have questions or concerns or do not understand the information we give you. Always ask us to explain words or phrases you do not understand.

Brief Description

You have had a ureteral stent placed. The stent is a slender catheter (tube) placed inside your body so urine can drain.

Reasons for Placement

A stent may be used if you had a(n):

- Stone removed through the ureter (the tube that carries urine from the kidney to the bladder). The stent drains urine until swelling in the ureter goes away.
- A narrow passage in the ureter (stricture): A stent opens the narrow spot in the ureter.
- Injury: The stent drains urine so the injured part can heal.
- Surgery on your kidney, bladder, ureter.

Symptoms You May Have

- Discomfort or pain in the bladder or flank (side)
- Bloody urine
- Urinate (pee) often, frequent urge to urinate, burning when you urinate

When you go home you should:

- Take antibiotics (medication for infections) for the length of time your doctor prescribed. Do not stop taking, even if you feel better.
- Take pain medication as prescribed if needed.
- While taking pain medicine, do not drive or do things that require you to be alert.
- Drink plenty of fluids unless your doctor has told you to limit how much you drink.
- Eat your normal diet.
- Do your normal routines when your doctor tells you.
- Keep your doctor's appointments so your stent can be checked, removed, or replaced.

Special Guidelines

If you have nylon strings coming out of your urinary meatus (opening where urine exits the body), do not remove them unless your doctor tells you to do so. These strings are used to remove your stent. You may be asked to secure the strings with tape. If so, you will be shown how to do this.

Call Your Doctor if You Have:

- Fever over 100 degrees F or higher
- Blood clots in your urine
- Trouble passing your urine
- Foul smelling urine
- Severe pain in your abdomen or flank

Contact Information for Calling or Concerns

Contact the Urology Clinic at (336) 716-4131 during the day. For questions or concerns after hours contact the doctor on call through the hospital operator at (336) 716-2011.

Follow up

Please call the Urology Clinic at (336)716-4131 and make an appointment so that your child can be seen for a follow up appointment.