

Lesson 1

Protect Your Family

- *A Pesticide Is...*
- *How Children Are Exposed to Pesticides*
- *Long Term Chronic Effects from Pesticide Exposure*
- *Protect Yourself from Pesticide—Guide for Agricultural Workers*
- *Video: A Safe Place for your Children*

LA FAMILIA SANA: PROMOTORA PROGRAM

LESSON PLAN

Pesticide Safety Lesson 1: Protect Your Family

By the end of this lesson, participants will be able to:

- Identify at least 3 examples of pesticides used frequently in the home
- Explain what pesticides are and what they are used for
- Describe at least 2 common symptoms of pesticide poisoning
- Describe at least 2 long-term health effects of pesticides
- Describe 3 ways to reduce children's exposure to pesticides

Participant materials:

- Handout: *A Pesticide Is...*
- Handout: *How Children Are Exposed To Pesticides*
- Handout: *Long Term Chronic Effects from Pesticide Exposure*
- Booklet: EPA *Protect Yourself from Pesticides*. Pages 18-22. *How can pesticides hurt you?*

Demonstration materials:

- Video: *A Safe Place for your Children*
- Optional booklet: *Pesticides Nearby...But Staying Healthy*

1. Ways pesticides can affect people's health

Assessment

- What does the word pesticide mean to you?
- What kinds of experiences have you or your family had with pesticides at work?
- Tell me about a time when you or someone else you know has felt sick because of pesticides.

Activity

- Review both sides of the brochure *A Pesticide Is...* Emphasize the two types of pesticides: agricultural and household.
- Review the handout *How Children Are Exposed to Pesticides*.
- Review the handout *Long Term Chronic Effects from Pesticide Exposure*
- Review *How can pesticides hurt you?* in the EPA booklet pages 18-22

Reflection

- What concerns you most about pesticides?
- What are some pesticides that you use in the house?
- What about the information given caught your attention the most?
- If you were going to explain to a friend what a pesticide is
 - What would you say?
 - How would you describe common symptoms of pesticide poisoning?
 - What would you say about the long-term health effects of pesticides?

Note: If the participant cannot respond to these questions, please review the lesson again.

2. Talk about ways to protect the participant's family from pesticides

Assessment

- What kinds of questions do you have about pesticides?
- What have others told you about protecting yourself and your family from pesticides?
- What do you do to protect yourself and your family from pesticides?

Activity

- Show video *A Safe Place for your Children* (20 minutes)

Reflection

- Can you describe 3 or more ways to reduce your family's exposure to pesticides?

Note: If the participant cannot respond to these questions, please review the lesson again.