

Lesson 3

Clean Pesticides Out!

- *Pesticide Exposure Mapping*
- *Cleaning Pesticides Out of Your Home*
- *The Farmworker's Guide to Laundering Work Clothes*
- *Song: Para Lavar La Ropa*

LA FAMILIA SANA: PROMOTORA PROGRAM

LESSON PLAN

Pesticide Safety Lesson 3: Clean Pesticides Out!

By the end of this lesson, participants will be able to:

- Identify at least 3 places in the participant's home where children may be exposed to pesticides
- List at least 3 cleaning strategies for reducing pesticide exposure in the home
- List at least 3 laundry strategies for reducing pesticide exposure in the home

Demonstration materials:

- Handout: *Pesticide Exposure Mapping*
- Handout: *Cleaning Pesticides Out of Your Home*
- Handout: *The Farmworker's Guide to Laundering Work Clothes*

1. Areas in the home where children may be exposed to pesticides and ways of removing pesticides from those areas

Assessment

- What is your family's routine when the farmworkers return home from work?

Activity

- Do the *Pesticide Exposure Mapping* exercise.
- Review the brochure *Cleaning Pesticides Out of Your Home*.
- When completing this exercise, identify exactly where they need to focus their cleaning and show them ways to clean that will be effective in removing pesticide residues.
- Use the checklist on the Participant Activity Form to indicate which rooms need to have focused cleaning.
- Instruct the participants on the safe ways to store pesticides at home. These are:
 - Out of reach of children on a high shelf or cabinet
 - In a place locked with a key or lock
 - Always keep them in their original containers

Reflection

- Where in your home are your children most likely to be exposed to pesticides? Are you surprised?
- If you were describing what we talked about today to a friend, which cleaning methods would you say are most effective for making sure the house is free of pesticides?

Note: If the participant cannot respond to these questions, please review the lesson again.

2. Doing laundry to reduce the family's exposure to pesticides

Assessment

- What is your current laundry routine?
- Where are dirty work clothes stored in your house?

Activity

- Review *The Farmworker's Guide to Laundering Work Clothes*.
- Optional: Depending on the personality of the participant, the promotora may feel comfortable sharing the song *Para Lavar La Ropa*.

Reflection

- If you were describing good laundry practices to a friend, what would you suggest he/she do to protect his/her child(ren) from pesticide exposure?

Note: If the participant cannot respond to these questions, please review the lesson again.