

Southeastern Conference on Addiction & Behavioral Health

Friday, November 4, 2016

Location: MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd. Asheville, NC 28803

Dates: Friday, November 4, 2016
Registration: 8:00 am - 8:30 am (*light breakfast provided*)
Program: 8:30 am - 5:00 pm

Early registration fees through September 4th:

Fee: \$129.00
Students: \$69.00
(*Must show proof of enrollment at check-in*)
MAHEC Employees: \$20.00

Early bird
special rate
through
Sept 4th!

Come and hear Addictions and Recovery Specialists share current material on the extent of drug use, the addiction and recovery process, effects on the brain, personality disorders and behavior, and opportunities to improve treatment plans. Special focus will be placed on marijuana, opioids and chronic pain. Additionally, new developments in the field of addiction recovery research and treatment will be discussed.

AUDIENCE

MDs, DOs, PAs, NPs, RNs, LPNs, LCSWs, Marriage and Family Therapists, Counselors, and Psychologists

MEDICAL DIRECTOR

Dr. John Roberts

COMMITTEE MEMBERS

Lauren Smith-Nagel

Melody Hays, MA, CME Planner

Charlene Nicely, PhD, LCAS

Jointly provided by:



OBJECTIVES

Upon the conclusion of this program, the participant will be able to:

- Discuss and identify the various types of cannabis and varying degrees of THC potency
- Summarize how THC, like all abused drugs, coopts normal brain activity to mark meaningful events and repeated exposure to these signals produces adaptation in the brain, as any routine perturbation leads to neural compensation in the form of an "opponent process" working to maintain homeostasis
- Examine and construct a therapeutic approach for screening and treatment of clients with personality disorders and therapeutic interfering behaviors
- Describe the epidemiology of the opioid epidemic
- Identify medication and non-medication treatments for chronic pain for application in their practice
- Distinguish shifts toward recovery-oriented research and clinical practice in addiction recovery, including changes within traditional treatment, post-treatment evaluation and ongoing recovery support

AGENDA

8:00-8:30am	Registration & Exhibits (<i>Breakfast provided</i>)
8:30-8:45am	Welcome
8:45-10:00am	The Legalization of Marijuana: A Little "Dab" Will Undo You! <i>John M. Roberts, MD</i>
10:00-11:00am	Too Much of a Good Thing? Marijuana Use as a Case Study for Addiction <i>Judith Grisel, PhD, MA</i>
11:00-11:15am	Break & Exhibits
11:15-12:30pm	Dual Diagnosis: What's Personality Got to Do with It? <i>Betsy White Williams, PhD, MPH</i>
12:30-1:30pm	Lunch & Exhibits (<i>Lunch provided</i>)
1:30-3:00pm	The Pain Antidote: It's not Opioids! <i>Mel Pohl, MD, FASAM</i>
3:00-3:15pm	Break & Exhibits
3:15-4:15pm	Addiction Recovery: Is The Research Starting To Catch Up? <i>Brian Coon, MA, LCAS, CCS</i>
4:15-5:00pm	Panel Discussion
5:00pm	Adjourn

FACULTY



John M. Roberts, MD, is the Medical Director for Pavillon and an Addiction Psychiatrist. He came to Pavillon with nearly 20 years of experience serving as an Assistant Professor of Psychiatry at the Medical University of South Carolina. While there, he was the attending psychiatrist for the Inpatient Dual Diagnosis Unit and was the director of the Clinical Outpatient Division for the Center for Drugs and Alcohol Program. He received his doctor of medicine from Louisiana State University and completed his psychiatric residency as well as fellowships in substance use disorders and anxiety disorders at the Medical University of South Carolina. Dr. Roberts is board certified in psychiatry and has lectured throughout the Southeast on substance use disorders and psychiatric disorders



Judith Grisel, PhD, MA, is a Professor of Psychology and Neuroscience at Bucknell University and a nationally recognized expert on the neurobiology of addiction. Judy's overarching goals are to better understand the biological risk for substance-use disorders and to share a love of scientific knowledge and methods with her students. She is the recipient of national and international awards, has published dozens of scientific articles, and has been awarded over a million dollars in federal funding to pursue research on the causes of drug abuse. Her current studies focus on sex-dependent influences of stress exposure on drug reinforcement, and the role of the opioid peptide beta-endorphin in the neurobiology of alcohol use disorders. As both a scientist and a recovering addict, Judy is uniquely qualified to communicate knowledge about the neuroscience of addiction, while validating and illustrating every user's experience.



Betsy White Williams, PhD, MPH, earned her Masters Degree in Public Health from Boston University and her Doctorate in Clinical Psychology with specialization in clinical aging from the University of Southern California. She completed her postdoctoral training in clinical neuropsychology at the University of California, San Diego. Her early research and clinical work were in the area of neuropsychological changes associated with Alzheimer's disease. Currently, she is the Clinical Director at the Professional Renewal Center, an assessment and treatment facility in Lawrence, Kansas.



Mel Pohl, MD, FASAM, is a Board Certified Family Practitioner. He is Vice President of Medical Affairs and the Medical Director of Las Vegas Recovery Center. Dr. Pohl was a major force in developing Las Vegas Recovery Center's Chronic Pain Recovery Program. He is certified by the American Board of Addiction Medicine (ABAM), and a Distinguished Fellow of the American Society of Addiction Medicine (DFASAM). He is the former chairman of ASAM's AIDS Committee, a member of the planning committee for ASAM's Annual "Common Threads, Pain and Addiction" Course and co-chair of ASAM's Pain and Addiction Workgroup. Dr. Pohl is a Fellow of the American Academy of Family Practice and a Clinical Assistant Professor in the Department of Psychiatry and Behavioral Sciences at the University of Nevada School of Medicine.



Brian Coon, MA, LCAS, CCS, is Director of Clinical Programs at Pavillon. He received both his undergraduate degree in psychology and his master's degree in community/clinical psychology from Bradley University in Peoria, Illinois. He is a licensed clinical addictions specialist. Brian has over 25 years of experience in addressing co-occurring substance use and mental health disorders in roles ranging from clinician to clinical supervisor and manager of multiple treatment programs. His clinical background is in cognitive-behavioral psychology and evidence-based treatment of co-occurring disorders in various residential and outpatient modalities and levels of care.

CREDITS

Continuing Medical Education

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of Mountain Area Health Education Center and Pavillon. The Mountain Area Health Education Center is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: The Mountain Area Health Education Center designates this live educational activity for a maximum of **6.75 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure: The Mountain Area Health Education Center adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of the planning committee and faculty's commercial relationships will be made known at the activity.



NAADAC: MAHEC and Pavillon are co-sponsors of this program. This Co-sponsorship has been approved by NAADAC. This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #647. MAHEC is responsible for all aspects of their programing. Full attendance is required to receive credit. Approved for **6.75 hours**.



NBCC: MAHEC and Pavillon are co-sponsors of this program. This Co-sponsorship has been approved by NBCC. MAHEC is an NBCC Approved Continuing Education Provider, ACEP No. 5514. The ACEP solely is responsible for this program, including the awarding of NBCC Credit. Full attendance is required to receive credit. **6.75 hours**



APA: Mountain Area Health Education Center is approved by the American Psychological Association to sponsor continuing education for psychologists. Mountain Area Health Education Center maintains responsibility for this program and its content. This program will be offered for **6.75 CE**.

CEU: The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for **0.7 CEUs** as established by the National Task force on the Continuing Education Unit. You must attend the entire activity or activities to receive CEUs. **6.75 Contact Hours**

REGISTRATION

Early Registration Deadline: September 4, 2016

Early registration fee is \$129.00, \$69.00 for students (proof of enrollment required at check-in), and \$20.00 for MAHEC Employees. Registration fee includes administrative costs, educational materials, breakfast and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$20.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

LODGING

Lodging is available at the DoubleTree by Hilton Asheville-Biltmore. Book by October 5, 2016 to get the "Pavillon conference" block rates starting at \$125/night.

<http://tinyurl.com/Southeastern-Conference>

DIRECTIONS TO THE BILTMORE CAMPUS

121 Hendersonville Rd., Asheville, NC, 28803

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left and continue up the hill to the MAHEC Biltmore Campus.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the DoubleTree Hotel complex. Turn left and continue up the hill to the MAHEC Biltmore Campus.

Have a question?

Program Planner:
Melody Hays, BA, MA
melody.hays@mahec.net

828-257-4762

Registration Information: 828-257-4475
Fax Registration: 828-257-4768
Online Registration: www.mahec.net

Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803



Special Services:
828-257-4485

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Contact information is shared with Pavillon

Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-**____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

Please provide a:

Vegetarian Option Gluten-free Option

After September 4th:

Fee: \$129.00 \$149.00

Students: \$69.00 \$89.00

(Students must show proof of enrollment at check-in)

MAHEC Employees: \$20.00 \$40.00

Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed (*made payable to MAHEC*) Credit card info provided

Visa Mastercard Discover Card American Express

Account # _____

Exp _____ / _____ Code on back of card _____

Name on Card _____

Signature _____

Send completed registration form to: # 17ID001/49278

MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

Fax to 828-257-4768