

## Center on Diabetes, Obesity and Metabolism Seminar Series Presents:

# Healthy Pregnancy Weight Gain: From Research to Practice

**Kimberly K. Vesco, MD, MPH**

**Investigator, Kaiser Permanente Center for Health Research  
Portland, Oregon**

Dr. Vesco's primary research interests are in maternal child health, with a focus on maternal obesity, gestational weight gain, and gestational diabetes. Dr. Vesco co-led the Healthy Moms Study, a randomized trial of a group-based diet and lifestyle weight management program for pregnant women. This trial informed two ongoing studies: one examining the relationship between visceral and liver fat stores in pregnancy and metabolic changes, placental function, and fetal growth; and the second a randomized trial of a preconception intervention for overweight and obese women planning pregnancies.



**Monday, June 5, 2017**

**4:00 – 5:00 p.m.**

**Comprehensive Cancer Center, 10<sup>th</sup> floor, Room 10B**