La Comunidad: Latinos Combating Diabetes

Would you like to learn more about how to lose weight and reduce your risk for developing diabetes?

We need your help and participation!

If you are eligible to participate in this study, you will receive:
- Individual counseling with a registered dietician
- Health evaluations every 6 months
- Compensation for your participation
- Group meetings with information about weight loss, physical activity, and nutrition OR an individual education program including monthly newsletters about community resources

Si esta interesado, por favor, comuníquese con Beatriz Sanchez al 336-716-6498 (Inglés y Español) o bospinos@wakehealth.edu