Research Publications, peer reviewed (N=191)

Research is divided into several areas:
- Cultural Competency and Communication
- Education
- Environment- including sunshine, light therapy
- Epidemiology of CAM use
- Ethics, Legal and Regulatory Issues in integrative medicine
- Exercise and Fitness, including yoga
- Massage
- Nutrition and Diet
- Dietary Supplements, including vitamins, minerals, amino acids, fatty acids and herbs (those used for treatment and those which are toxic, such as tobacco, alcohol, marijuana and cocaine); botulinum toxin is included separately; retinoic acid is not included
- Stress and mind-body techniques to manage stress
- Religion and Spirituality
- Biofield therapies, including Healing Touch, Reiki, acupuncture, homeopathy
- Women’s Health
- Other, including folk remedies

Cultural Competency and Communication (N=5)


Education (N=5)
Environment, including sunshine, phototherapy, noise, environmental toxins, air pollution, music (N=12)


Epidemiology (N=4)

Avis NE, Deimling GT. Cancer survivorship and aging. Cancer 2008;113(12):3519-3529.


Ethics, Legal and Regulatory Issues

Exercise and Fitness, including yoga (N=17)


**Nutrition and Diet (N=33)**

Adams, MR, Anthony MS, Chen H, Clarkson TB. Replacement of dietary soy protein isolate with concentrates of soy 7S or 11S globulin has minimal or no effects on plasma lipoprotein profiles and biomarkers of coronary risk in monkeys. Atherosclerosis 2008;196(1):76-80.


Sisk PM, Lovelady CA, Gruber KJ, Dillard RG, O'Shea TM. Human milk consumption and full enteral feeding among infants who weigh less than or equal to 1250 grams. Pediatrics 2008;121(6):e1528-33.


Herbs and Dietary Supplements (N=84) (Therapeutic, Toxic, Botulinum)

Therapeutic (herbs, vitamins, minerals, amino acids, fatty acids, probiotics)

Herbs

Curcumin


Ginkgo (N=4)


Soy (N=16)


Vitamins (not including retinoic acid) (N=11)


Minerals (N=6)


Amino Acids


Fatty Acids (N=14)


Edwards IJ, O’Flaherty JT. Omega-3 Fatty Acids and PPARgamma in Cancer. PPAR Res. 2008;358052.


Other (N=8)


Herbal products considered toxic (alcohol, cocaine, marijuana, tobacco) (N=16)


Chen ALC, Chen TJH, Braverman ER, Arcuri V, Kerner M, Varshavskiy M, Braverman D, Downs WB, Blum SH, Blum K, et al. Hypothesizing that marijuana smokers are at a significantly lower risk of carcinogenicity relative to tobacco-non-marijuana smokers: evidenced based on statistical reevaluation of current literature. J Psychoactive Drugs 2008;40(3):263-272


Smith JE, Co C, McIntosh S, Cunningham CC. Chronic binge-like moderate ethanol drinking in rats results in widespread decreases in brain serotonin, dopamine, and norepinephrine turnover rates reversed by ethanol intake. J Neurochem. 2008 Mar 18


Botulinum toxin (N=6)


Mind-Body, Stress and Stress management (N=9)


Religion, Faith and Spirituality (N=7)


Biofield Therapies (Acupuncture, Healing Touch, Therapeutic Touch, Reiki) (N=4)


Folk Remedies and other self care


Women’s Health (N=4)


OTHER (N=4)


On-Line Curricula and Publications (N=5)


Taylor SL. Skin and Aging CAM column. http://www.skinandaging.com/content/mind-body-psoriasis-treatments