



BOWMAN'S CAPSULE

WFU School of Medicine

FALL 2009

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The summer has quickly come and gone and the fall is quickly fading. With two SPAs behind us, one rapidly approaching, and two more ahead of us, we have reached the halfway point!!!

My classmates never cease to amaze me, as they have accomplished some pretty amazing things outside of our packed schedules. Two main activities we have been focusing our efforts on are the DEAC clinic, which provides free healthcare to the underserved community, and preparations for IMPACT - the AAPA National Conference.

We have had close to 100% class participation volunteering at DEAC clinic,

providing services such as triage, laboratory testing, medical team, and pharmacy. I do not foresee this slowing down, as some of our PA students have begun to take on leadership roles.

Plans and preparations for the AAPA National Conference in May are building momentum. With the conference in Atlanta this year, we are anticipating a large presence from both PA classes.

Fundraising efforts thus far have been directed to our registration fee reimbursement fund. Regular Quiz Bowl practices are being held during the week, and I know it will pay off at conference...I can feel a W!!!!

I am a very proud member of the 2011 class and my daily interactions with classmates are a constant reminder of why I

chose to come to Wake Forest. We challenge each other to know and understand more, which is what will make us successful as practitioners. I am looking forward to being able to call each one of my classmates my colleague, and cannot wait to see what challenges and opportunities the remainder of our didactic year brings.

Jessica Barki PA-S1
KAS President



PA Profession in the Spotlight Royal Pains An Interview with Writer Andrew Lenchewski

Thanks to a contact from Deepa Patel, we were able to get an email interview with one of the writers on the hit show **Royal Pains**. As we all know **Royal Pains** is a hit comedy/drama about a doctor who works with patients in the Hamptons, so you can imagine the interesting house calls he makes. One of the lead characters of the show is a PA named Divya, who helps the Doctor, Hank, with his new business as a "concierge doctor" who makes the house calls in the Hamptons.

We were able to ask a few questions of writer Andrew Lenchewski and here is what he had to say about how they came up with the idea of the show, the addition of the PA character, and what goes into a medical-based show such as this one:

1. Where did the concept of the show come from?

My friend, John Rogers, came up with the idea. His family had begun using a concierge doctor and he asked me if I thought it would be

a good idea for a TV show. I said, "No, I think it's a perfect idea for a TV show."

2. What do you think separates **Royal Pains** from other medical based shows?

I think the difference is that other medical shows brings the patients to the hospital, whereas we bring the hospital to the patients. I think the audience has seen enough linoleum floors and bad lighting to last a lifetime. This show gives them the same high-stakes, life-or-death drama, but against a beautiful blue-sky backdrop. It's a new twist on an old formula.

3. When developing the character of Divya, did you know you wanted to include a PA?

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No, I had no idea what a PA was. I wanted a character that could assist Hank with the patients, and someone who could understand his medical terminology, but also a character that wouldn't be his exact equal, because at the end of the day he's the hero.

4. There are other midlevel providers that you could have picked from, including a FNP, why did you choose a PA?

Our brilliant medical advisor, Dr. Irv Danesh, worked very closely with me on the pilot. He explained to me that a PA would be a more appropriate colleague for Hank because of the breadth and flexibility built into their training.

5. Where did you first learn about the PA profession?

From Dr. Irv, as we call him on set.

6. Have you had personal experience with a PA?

Not as a patient, but my first cousin,

Victoria, is in the PA program at USC.

7. What kind of research goes into writing a medical show such as **Royal Pains**?

A ton. It starts with Irv, who helps us identify what medical condition (s) we are going to deal with in a given episode. Then we, the writers, immediately start to educate ourselves and each other using the web, personal experiences, and second-hand accounts.

Dr. Irv works with some wonderful PA's at his hospital, Lawrence General, in Massachusetts. He loves picking their brains on the PA perspective.

8. There was an episode that explored changing the professional title of assistant to associate, are there any political moves behind that?

Not at all, it was just a moment between Divya and Hank. A step forward in their relationship after she had impressed him with her skill and compo-

sure. Having said that, we consider her Hank's associate far more than his assistant.

9. What response from the show have you received from the PA community?

A very favorable one, and as a writer, any time you can shine a light on a group of people doing good work that's gone largely unsung, it's very satisfying.

10. What can we expect from the show and Divya's character in the future?

I can tell you that her professional life and personal life will continue to collide, and she will face more difficult decisions.

Watch full episodes of **Royal Pains** online at www.usanetwork.com, and look for new episodes Summer 2010.

By Katherine Williams

KAS: Past, Present, and Future

KAS for the Class of 2011 has hit the ground running. Here are the latest updates:

PAPA Tyson Records, Rep: The next dinner meetings will be on December 1st at Ryans, the topic is Vaccines, and December 10th at Milner's, the topic will be sleep disorders. The meetings are open to all PAPA members and you can join for just \$35 at the PAPA website www.papanc.org.

SAAPA Josh Newton, Rep: The November 7th NCAPA board meeting had a great turnout of four students, the next board meeting is February 27th at the Stead Center in Durham and the Winter Conference is the week before at the Sheraton Imperial in RTP. There is also an Emergency Medicine Workshop coming to the area in January see www.ncapa.org for the details. AAPA is planning a Capitol Connection February 22-23 where PA's can meet with their legislative representative and help lobby for the inclusion of PA's in healthcare reform legislation.



Yearbook Sarah Moore, Rep: The 2009-2010 Gray Matter Yearbook is going to be really special. The PA department has been allotted 30 pages when in prior years the PA section was 7-10 pages. Since we have been given more pages I have decided to honor our 2nd year students by giving each student a quarter page for their yearbook picture and any personal additions they would like to contribute. This is similar to what the medical school does for its fourth year students. Some other additions will be a 2nd year signature page, faculty superlatives, events pages, KAS page, and candid picture pages. Hopefully, this will provide everyone with a yearbook that recognizes and success-

fully memorializes the achievements of the PA students.

For the 2nd year students: the deadline for personal pics, quotes, comments has been extended until 12/20

Submit all pictures and comments to:

pastudiesyearbook@gmail.com

Public Education Jessica Matthews & Ellen Klaenhammer: PA week was celebrated with the Mayor and we were able to have student representatives present.



Due to the fact that PA week was the week of our fall break, we were unable to plan any activities during this time.

Scrapbook Bowie Tran, rep: The scrapbook can be viewed on the bulletin board under Photo Gallery and the Shared Documents.

Community Service Anne Chlebowski & Charley McArthur, Reps: The Blood Drive in September was a huge success, we just finished the Head Start Thanksgiving food drive and the Brenner's Childrens Hospital Festival of Trees. We look forward to the start of the Penny Wars!

Fund Raising Laura Boyle & Ellie Sorge: The bake sales have been a huge success so far and one is planned in March for the day before St. Patrick's Day. Apparel sales are being processed and a bowling tournament as well as a 5K

run are planned for the Spring.

Intramurals Candace Lee, rep: So far we have played softball, soccer, and flag football. Sign-ups for basketball, indoor soccer, and inner tube water polo start now so don't forget to sign up and get a team/team captain together! The season starts at the end of January.



Social Committee Jess Kaylor & Laura Gruenhagen: The Halloween party with the Med School had about 60 students attend with prizes awarded to "The Village People". The pumpkin carving contest awarded first prize to an anatomically correct carving of a human heart. The cooking class at Whole Foods was a rousing success and a sequel is in the works for the spring. The Holiday Party is

scheduled for December 4th at the Hawthorne Inn with the Tacky Christmas Day for December 10th so don't forget your tinsel!



Health and Effectiveness Council Carrie Kreager & Laura Otto, Reps: The Health and Effectiveness Council put on the annual Fall Conference 11/19/09 entitled "The Role of Self-Awareness, Mindfulness, and Mind-Body Skills in Coping with Stress" presented by Dr. Jeffrey Feldman. They will be distributing seasonal goody bags the last week of the semester to all medical and graduate students.



Welcome Tiffany Hiatt, our newest faculty member. She graduated with a degree in Nutrition Science from the University of Georgia and graduated from Wake Forest's PA program in 2007.

Her background is as a dietician to high risk pregnancies and did research on prostate cancer. She decided after doing her research that she wanted more hands on time with the patients and came to Wake Forest to become a PA.

Since her graduation she has worked in a Family Practice in Charlotte specializing in adolescent, woman's care, and diabetic counseling. She has also precepted students since her graduation.

She will be teaching the Evidence-Based Medicine classes as well as assisting with Clinical Applications Lab. She is in the process of developing a Geriatric course with Cathy, which is to be incorporated into next Unit.

Her future plans to help improve our program is to re-start the Education Track, which is specifically geared to help students who are interested in teaching after they have completed the program.

Her interests are traveling, she loves weekend trips and hiking with her husband. She bakes, loves reading, and her favorite gifts are books that are "fun" reads.

Her advice for us first-years as we pick our rotations is to step out of the box and choose an elective in something that may make you uncomfortable, because it forces you to learn it. Take advantage of AHEC housing and be broad so you are not in one region the whole time. Also pick an elective in something you would like to go into as a clinician.

So welcome Tiffany, we love having you, thanks for joining us!

The Lowdown: Our Newest Faculty Member Tiffany Hiatt

By Katherine Williams

