

March 15, 2021

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Recipe of the Week:

St. Patrick's Cabbage and Potato Pie

Ingredients:

½ large head cabbage, or 1 small-medium head of cabbage
4 medium potatoes
¼ cup milk
1 Tablespoon butter or margarine
Pepper
Paprika

Cream Sauce:

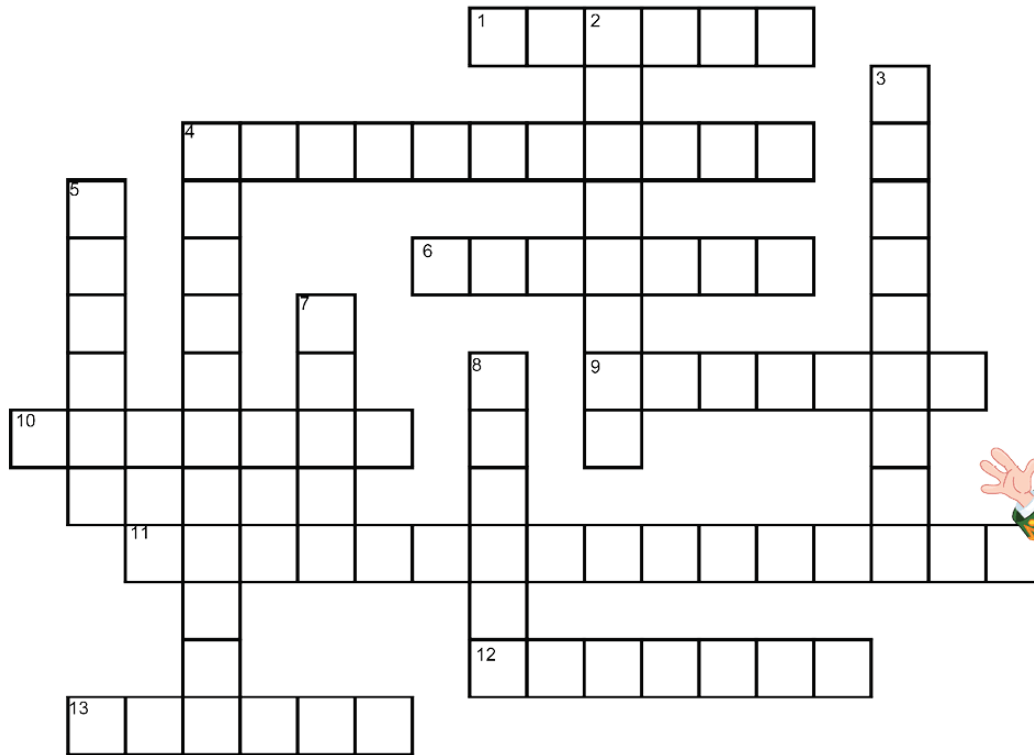
1 ½ Tablespoon butter or margarine
1 medium onion, chopped
2 Tablespoons flour
1 cup milk
Salt and pepper, to taste



Directions:

1. Chop cabbage roughly. Bring a large pot of water to a boil and add the cabbage. Cook for 5-10 minutes, or until tender. Drain and chop into smaller pieces.
2. Boil potatoes in large pot of boiling water until tender. Drain, then mash with milk, butter, and pepper to taste.
3. Preheat oven to 350 degrees. Meanwhile, make the cream sauce. In a medium saucepan melt the butter and add the onion and cook until softened.
4. Stir in the flour, and cook for 1 minute. Add the milk slowly and cook, stirring, for 3-5 minutes – until mixture comes to a simmer and thickens. Season with salt and pepper. Mix in the cabbage.
5. Spoon the cabbage into a quart size baking dish. Cover with the mashed potatoes and sprinkle with paprika.
6. Bake for 20-30 minutes. Lightly brown under the broiler before serving.

Food Connection



ST. PATRICK'S DAY CROSSWORD PUZZLE

Across

1. Which American city was the first to celebrate St Patrick's Day?
4. A yummy cereal with hearts, moons, stars, clovers, horseshoes, pots of gold, rainbows and red balloons.
6. This day was named after Saint _____ former bishop of Ireland.
9. What do the Irish often eat with corned beef?
10. Wearing green on the 17th of March may keep you from getting _____.
11. What holiday is celebrated on March 17th?
12. Ireland is often compared to which gemstone? (the _____ Isle)
13. What three things are granted when you catch a Leprechaun?

Down

2. A three leaf clover is called a _____.
3. What do you find at the bottom of the rainbow?
4. What are the tiny green men from Irish legends called?
5. Capital city of the Irish Free State.
7. St. Patrick's day is famous for its use of the what color?
8. On St. Patrick's Day, we watch the St. Patrick's Day _____?

SHAMROCK	WISHES
PINCHED	POTOGOLD
LUCKYCHARMS	PARADE
EMERALD	GREEN
BOSTON	CABBAGE
NOTSOSB	DUBLIN
LEPRECHAUNS	SAINTPATRICKSDAY

Possible Answers