

**Brenner FIT®**

**Brenner Children's**

**Referral Form**

**FAX Referral Form to: 336-713-7841**

**QUESTIONS?**

**EMAIL: [Brennerfit@wakehealth.edu](mailto:Brennerfit@wakehealth.edu)**

**CALL: 336-713-BFIT (2348)**

**PATIENT INFORMATION**

Patient: \_\_\_\_\_  
Last Name First Name

Date of Birth: \_\_\_\_\_ MRN# \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_  
Last Name First Name

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Primary Phone: \_\_\_\_\_  
 Yes you can text this number

Secondary Phone: \_\_\_\_\_  
 Yes you can text this number

Parent Email: \_\_\_\_\_

Parent/Patient Preferred Language: \_\_\_\_\_

Interpreter Needed?  Yes  No

Patient Height: \_\_\_\_\_ in/cm BMI: \_\_\_\_\_ kg/m<sup>2</sup>

Patient Weight: \_\_\_\_\_ lbs/kg BMI: \_\_\_\_\_ %ile

**REFERRING PROVIDER INFORMATION**

Date of Referral: \_\_\_\_\_

Provider Name: \_\_\_\_\_  
Last Name First Name

Provider Specialty: \_\_\_\_\_

Provider Email: \_\_\_\_\_

Practice Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

**Patients do NOT have to have a  
comorbidity to qualify for Brenner FIT®.**

**It is recommended they check with their insurance  
provider to ensure obesity and/or weight  
management is a covered service.**

*Please check all that apply and/or fax all laboratory values available*

**Co-Morbidity**

**Lab  
Value**

**Normal  
Value**

**Date  
Obtained**

- Hypercholesterolemia
- Dyslipidemia
- Hyperlipidemia
- Hypertriglyceridemia
- Acanthosis Nigricans
- Pre-diabetes (**Hemoglobin A1c between 5.7% - 6.4%**)
- Type 2 Diabetes
- Elevated LFTs /NAFLD/NASH
- Hypertension (Systolic or diastolic BP > 90<sup>th</sup> percentile on 3 readings)
- BP \_\_\_\_\_ Date \_\_\_\_\_
- BP \_\_\_\_\_ Date \_\_\_\_\_
- BP \_\_\_\_\_ Date \_\_\_\_\_
- Sleep Apnea
- Pseudotumor Cerebri
- Blount's Disease/SCFE
- Asthma

_____ Total Cholesterol	(< 200mg/dL)	_____ Date
_____ HDL	(> 40mg/dL)	_____ Date
_____ LDL	(< 130mg/dL)	_____ Date
_____ Triglycerides	(< 130mg/dL)	_____ Date
_____ Hemoglobin A1c	(<5.7%)	_____ Date
_____ Fasting Glucose	(< 100mg/dL)	_____ Date
_____ AST	(≤ 60 U/L)	_____ Date
_____ ALT	(≤ 60 U/L)	_____ Date