

# Trach Tube Cleaning: Bivona Trachs

Once your child is discharged from the hospital, you will be given **4 tracheostomy tubes initially: 2 for regular trach changes, 1 emergency back-up of the same size, and 1 emergency back-up that is one size smaller.** After this, you will routinely receive 2 Bivona trachs every 10 weeks that are your child's primary trach size. This is different than when your child was in the hospital.

Do NOT discard a Bivona trach unless there are signs of damage or you have sanitized the trach 5 times.

If you are admitted to the hospital, trach tubes already in the sanitizing/cleaning cycle will not be cleaned. Save those trachs for home use. We will sterilize Bivona trachs that are inserted for the first time during a hospitalization.

## Cleaning:

- Look for any signs of damage.
- Soak the trach tube and the obturator, separately, in a container of warm water and mild soap for 1 hour. Be sure that the parts are completely submerged in the water.
- Flush the soapy water through the tube. Remove any debris on the outside and inside of trach with a lint-free swab or brush. Can pull a small portion of the swab through the tube to thoroughly clean.
- Look for any remaining secretions and debris and repeat the soaking/cleaning process if needed.

## Sanitation:

- After cleaning, sanitize the trach.
- Option 1:
  - Place trach pieces in a pot of rapidly boiling water.
  - Cover and remove pot from heat source.
  - Remove trach pieces from pot when the water is comfortable to touch. Handle the obturator by its handle and the trach tube by the flanges.
  - Once dry, store for later use.
- Option 2:
  - Place the cleaned trach and obturator in a baby bottle sterilizer and follow product instructions to sanitize.

## Storage:

- Store the trach in a clean, sealed container to avoid contamination after you sanitize the trach(s) and to avoid secretions drying out and hardening before sanitation.

This information is general. If your doctor tells you something different, follow his or her advice and instructions.

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