**Sample Agenda for ACLS Traditional Course**

**12 Students, 2 ACLS Instructors; approximately 15 to 16 hours with breaks**

|  |  |  |
| --- | --- | --- |
| **Day 1** | | |
| 8:30 **Lesson** **START:** Welcome, Introductions, and Course Administration  8:45 **Lesson 1:** ACLS Course Overview and Organization  8:55 **Lesson ACLS-Traditional 2:** Systems of Care  9:05 **Lesson ACLS-Traditional 3:** The Science of Resuscitation  9:20 **Lesson ACLS-Traditional 4:** Systematic Approach  9:35 **Lesson ACLS-Traditional 5:** CPR Coach | | |
| ***Divide class into 2 groups*** | **Lesson 6**  Learning/Testing Station: High-Quality BLS  **(Lesson 2 in ACLS Lesson Plans)** | **Lesson 6**  Learning/Testing Station: High-Quality BLS  **(Lesson 2 in ACLS Lesson Plans)** |
| 9:45 | Group 1 | Group 2 |
| 10:30 **Break** | | |
| ***Divide class into 2 groups*** | **Lesson 7**  Learning/Testing Station: Airway Management  **(Lesson 3 in ACLS Lesson Plans)** | **Lesson 7**  Learning/Testing Station: Airway Management  **(Lesson 3 in ACLS Lesson Plans)** |
| 10:40 | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***  11:25 **Lesson 8**: Technology Review **(Lesson 4 in ACLS Lesson Plans )**  11:40 **Lesson 9:** Recognition: Signs of Clinical Deterioration **(Lesson ACLS-Traditional 6)** | | |
| ***Divide class into 2 groups*** | **Lesson 10**  Learning Station: Acute Coronary Syndromes  **(Lesson ACLS-Traditional 7)** | **Lesson 11**  Learning Station: Acute Stroke  **(Lesson ACLS-Traditional 8)** |
| 11:50 | Group 1 | Group 2 |
| 12:20 | Group 2 | Group 1 |
| 12:50 **Lunch** | | |
| ***One large group (or 2 small groups)***  1:35 **Lesson 12:** High-Performance Teams **(Lesson 7 in ACLS Lesson Plans )** | | |
| 2:05 **Break** | | |
| ***Divide class into 2 groups*** | **Lessons 13**  Learning Station: High-Performance Teams: Cardiac Arrest and  Post–Cardiac Arrest Care  **(Lesson 8 in ACLS Lesson Plans )** | **13**  Learning Station: High-Performance Teams: Cardiac Arrest and  Post–Cardiac Arrest Care  **(Lesson 8 in ACLS Lesson Plans )** |
| 2:20 | Group 1 | Group 2 |
| 4:50 **End of Day 1** | | |

|  |  |  |
| --- | --- | --- |
| **Day 2** | | |
| ***Divide class into 2 groups*** | **Lesson 14**  Learning Station: Preventing Arrest: Bradycardia  **(Lesson 5 in ACLS Lesson Plans)** | **Lesson 15**  Learning Station: Preventing Arrest:  Tachycardia (Stable and Unstable)  **(Lesson 6 in ACLS Lesson Plans)** |
| 8:30 | Group 2 | Group 1 |
| 9:30 | Group 1 | Group 2 |
| 10:30 **Break** | | |
| ***Divide class into 2 groups*** | **Lesson 16**  Learning Station: High-Performance Teams: Megacode Practice  **(Lesson 9 in ACLS Lesson Plans)** | **Lesson 16**  Learning Station: High-Performance Teams: Megacode Practice  **(Lesson 9 in ACLS Lesson Plans)** |
| 10:45 | Group 2 | Group 1 |
| 1:05 **Lunch** | | |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **(Lessons T2-T4 in ACLS Lesson Plans)** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **(Lessons T2-T4 in ACLS Lesson Plans)** |
| 2:00 | Group 1 | Group 2 |
| 3:15 **Break** | | |
| ***One large group (as students finish Megacode Test)***  3:25 Exam (T5-T6)  4:10Remediation/Class Ends | | |