**Sample Agenda for ACLS Traditional Course**

**12 Students, 2 ACLS Instructors; approximately 15 to 16 hours with breaks**

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| **Day 1** |
| 8:30 **Lesson** **START:** Welcome, Introductions, and Course Administration8:45 **Lesson 1:** ACLS Course Overview and Organization8:55 **Lesson ACLS-Traditional 2:** Systems of Care9:05 **Lesson ACLS-Traditional 3:** The Science of Resuscitation9:20 **Lesson ACLS-Traditional 4:** Systematic Approach9:35 **Lesson ACLS-Traditional 5:** CPR Coach |
| ***Divide classinto 2 groups*** | **Lesson 6**Learning/Testing Station: High-Quality BLS**(Lesson 2 in ACLS Lesson Plans)** | **Lesson 6**Learning/Testing Station: High-Quality BLS**(Lesson 2 in ACLS Lesson Plans)** |
| 9:45 | Group 1 | Group 2 |
| 10:30 **Break** |
| ***Divide classinto 2 groups*** | **Lesson 7**Learning/Testing Station: Airway Management**(Lesson 3 in ACLS Lesson Plans)**  | **Lesson 7**Learning/Testing Station: Airway Management **(Lesson 3 in ACLS Lesson Plans)** |
| 10:40 | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***11:25 **Lesson 8**: Technology Review **(Lesson 4 in ACLS Lesson Plans )**11:40 **Lesson 9:** Recognition: Signs of Clinical Deterioration **(Lesson ACLS-Traditional 6)** |
| ***Divide classinto 2 groups*** | **Lesson 10**Learning Station: Acute Coronary Syndromes **(Lesson ACLS-Traditional 7)** | **Lesson 11**Learning Station: Acute Stroke **(Lesson ACLS-Traditional 8)** |
| 11:50 | Group 1 | Group 2 |
| 12:20 | Group 2 | Group 1 |
| 12:50 **Lunch** |
| ***One large group (or 2 small groups)***1:35 **Lesson 12:** High-Performance Teams **(Lesson 7 in ACLS Lesson Plans )** |
| 2:05 **Break** |
| ***Divide classinto 2 groups*** | **Lessons 13** Learning Station: High-Performance Teams: Cardiac Arrest and Post–Cardiac Arrest Care**(Lesson 8 in ACLS Lesson Plans )** | **13** Learning Station: High-Performance Teams: Cardiac Arrest and Post–Cardiac Arrest Care**(Lesson 8 in ACLS Lesson Plans )** |
| 2:20 | Group 1 | Group 2 |
| 4:50 **End of Day 1** |

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| **Day 2** |
| ***Divide classinto 2 groups*** | **Lesson 14**Learning Station: Preventing Arrest: Bradycardia **(Lesson 5 in ACLS Lesson Plans)** | **Lesson 15**Learning Station: Preventing Arrest: Tachycardia (Stable and Unstable) **(Lesson 6 in ACLS Lesson Plans)** |
| 8:30 | Group 2 | Group 1 |
| 9:30 | Group 1 | Group 2 |
| 10:30 **Break** |
| ***Divide classinto 2 groups*** | **Lesson 16**Learning Station: High-Performance Teams: Megacode Practice**(Lesson 9 in ACLS Lesson Plans)** | **Lesson 16**Learning Station: High-Performance Teams: Megacode Practice**(Lesson 9 in ACLS Lesson Plans)** |
| 10:45 | Group 2 | Group 1 |
| 1:05 **Lunch** |
| ***Divide classinto 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details**(Lessons T2-T4 in ACLS Lesson Plans)** | High-Performance Teams: Megacode Testing and Megacode Testing Details**(Lessons T2-T4 in ACLS Lesson Plans)** |
| 2:00 | Group 1 | Group 2 |
| 3:15 **Break** |
| ***One large group (as students finish Megacode Test)***3:25 Exam (T5-T6)4:10Remediation/Class Ends |