## Dosing Instructions for hCG (Novarel, Pregnyl, Human Chorionic Gonadotropin)

**MEDICATION DOSE: 10,000 units hCG:**

* **IF YOU HAVE ONE 10,000IU VIAL:**
  1. Draw out 1cc/mL of water using the 3ml 18g 1½” needle/syringe and inject into powder vial.
  2. Once medication has dissolved completely draw out ENTIRE 1cc/mL of mixture.
  3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.

* **IF YOU HAVE TWO 5,000IU VIALS:**
  1. Draw out 1cc/mL of water using the 3ml 18g 1½” needle/syringe and inject into powder vial.
  2. Once medication has dissolved completely draw out ENTIRE 1cc/mL of mixture.
  3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.

**MEDICATION DOSE: 5,000 units hCG:**

* **IF YOU HAVE ONE 10,000IU VIAL:**
  1. Draw out 2cc/mL of water using the 3ml 18g 1½” needle/syringe and inject into powder vial.
  2. Once medication has dissolved completely draw out ENTIRE 1cc/mL of mixture.
  3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.

* **IF YOU HAVE TWO 5,000IU VIALS:**
  1. Draw out 1cc/mL of water and inject into powder vial.
  2. Once medication has dissolved completely draw out ONLY 0.5cc/mL of mixture.
  3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.

**Please note – you will not use the second vial of hcg powder**

**MEDICATION DOSE: 2,500 units hCG:**

* **IF YOU HAVE ONE 10,000IU VIAL:**
  1. Draw out 2cc/mL of water using the 3ml 18g 1½” needle/syringe and inject into powder vial.
  2. Once medication has dissolved completely draw out ONLY 0.5cc/mL of mixture.
  3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.

* **IF YOU HAVE TWO 5,000IU VIALS:**
  1. Draw out 1cc/mL of water using the 3ml 18g 1½” needle/syringe and inject into powder vial.
  2. Once medication has dissolved completely draw out ONLY 0.5cc/mL of mixture.
  3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.

**Please note – you will not use the second vial of hcg powder**

**MEDICATION DOSE: 1,500 UNITS hCG:**

* **IF YOU HAVE ONE 10,000IU VIAL:**
  1. Draw out 3cc/mL of water using the 3ml 18g 1½” needle/syringe and inject into powder vial.
  2. Once medication has dissolved completely draw out ONLY 0.5cc/mL of mixture.
  3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.

* **IF YOU HAVE TWO 5,000IU VIALS:**
  1. Draw out 1cc/mL of water using the 3ml 18g 1½” needle/syringe and inject into powder vial.
  2. Once medication has dissolved completely draw out ONLY 0.5cc/mL of mixture.
  3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.

**Please note – you will not use the second vial of hcg powder**

**MEDICATION DOSE: 1,000 UNITS hCG:**

* **IF YOU HAVE ONE 10,000IU VIAL:**
  1. Draw out 3cc/mL of water using the 3ml 18g 1½” needle/syringe and inject into powder vial.
  2. Once medication has dissolved completely draw out ONLY 0.5cc/mL of mixture.
  3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.

**Please note – you will not use the second vial of hcg powder**

**MEDICATION DOSE: 500 UNITS hCG:**

* **IF YOU HAVE ONE 10,000IU VIAL:**
  1. Draw out 3cc/mL of water using the 3ml 18g 1½” needle/syringe and inject into powder vial.
  2. Once medication has dissolved completely draw out ONLY 0.5cc/mL of mixture.
  3. Change to a 30g ½” or 27g ½” needle and inject to the lower abdomen or outer thigh at your assigned time.

**Please note – you will not use the second vial of hcg powder**

**LUPRON TRIGGER INSTRUCTIONS**

* **If your Lupron has not been drawn up for you:**
  1. Draw out 40 units of Lupron from vial using the provided orange capped insulin syringes
  2. Inject medication anywhere on the abdomen below the belly button

* **If your Lupron has already been drawn up for you:**
  1. Inject medication anywhere on the abdomen below the belly button line using the provided orange capped insulin syringe

**Please note – you may be instructed to inject your hCG intramuscularly**

If so, you will need to change to the 22g 1 ½’ needle, and inject your dose to the UPPER OUTER QUADRANT OF YOUR BUTTOCKS at your assigned time.