

By Design Program Summaries

Insurance Billed By Design Essentials
\$480.00 (Payment plans available in folder)
SUPPORT <ul style="list-style-type: none"> ❖ 24 weeks of active program involvement ❖ Program materials ❖ Lifetime membership to group classes ❖ “On Track” (includes wireless scale)
MEDICAL <ul style="list-style-type: none"> ❖ Billed to Insurance: <ul style="list-style-type: none"> ➤ RMR, initial clinic visit with medical provider, and initial set of labs ➤ 5 visits with a medical provider <ul style="list-style-type: none"> ▪ Visits with a medical provider are subject to your specialist copay
NUTRITION <ul style="list-style-type: none"> ❖ Billed to Insurance: <ul style="list-style-type: none"> ➤ 5 visits with registered dietitian included in program fee
EXERCISE <ul style="list-style-type: none"> ➤ 3 exercise consults included in the program fee ➤ 4 (30)-minute personal training sessions included in the program fee
BEHAVIOR <ul style="list-style-type: none"> ➤ 3 health behaviorist visits included in the program fee
Codes for Insurance Billed Visits <ul style="list-style-type: none"> ➤ 99205 – new patient visit with medical provider ➤ 99214 – return patient visit with medical provider ➤ 97803 – visit with registered dietitian (primary diagnosis code is Z71.3, dietary surveillance and counseling) ➤ 94690 – visit for expired air analysis (resting metabolic rate test)

Cash Price By Design Essentials
\$1375.00 (Payment plans available in folder)
SUPPORT <ul style="list-style-type: none"> ❖ 24 weeks of active program involvement ❖ Program materials ❖ Lifetime membership to group classes ❖ “On Track” (includes wireless scale)
MEDICAL <ul style="list-style-type: none"> ❖ Billed to Insurance: <ul style="list-style-type: none"> ➤ RMR, initial clinic visit with medical provider, and initial set of labs <ul style="list-style-type: none"> ▪ Initial medical provider visit is subject to your specialist copay ➤ ALL other medical provider visits included in program fee
NUTRITION <ul style="list-style-type: none"> ➤ 5 visits with registered dietitian included in program fee
EXERCISE <ul style="list-style-type: none"> ➤ 3 exercise consults included in the program fee ➤ 4 (30)-minute personal training sessions included in the program fee
BEHAVIOR <ul style="list-style-type: none"> ➤ 3 health behaviorist visits included in the program fee