

By Design Program Summaries

Pre-Hab

<p>COST</p> <p>\$350.00 (payment plan available)</p>
<p>SUPPORT</p> <ul style="list-style-type: none"> ❖ 24 weeks of active program involvement ❖ Program materials ❖ Lifetime membership to group classes ❖ “On Track” (includes wireless scale)
<p>MEDICAL</p> <ul style="list-style-type: none"> ❖ Billed to Insurance: <ul style="list-style-type: none"> ➤ RMR, initial clinic visit with a medical provider, initial set of labs, and EKG <ul style="list-style-type: none"> ▪ Initial clinic visit is subject to your specialist co-pay ▪ Any remaining balance not covered is due ➤ 7 follow up visits with a medical provider <ul style="list-style-type: none"> ▪ Medical provider visits are subject to your specialist co-pay ➤ 3-4 nurse visits included in the program fee
<p>NUTRITION</p> <ul style="list-style-type: none"> ❖ Billed to Insurance <ul style="list-style-type: none"> ➤ 4-5 visits with a registered dietitian ➤ Any remaining balance not covered is due
<p>SUPPLEMENTATION</p> <ul style="list-style-type: none"> ➤ OPTIFAST® supplement <ul style="list-style-type: none"> ▪ Weekly Optifast product cost, averaging \$90, is an additional cost and not included in the program fee ➤ Arginaid® supplement <ul style="list-style-type: none"> ▪ Product cost averages \$20 for use 3 days prior to surgery and 3 days post-surgery
<p>Codes for Insurance Billed Visits</p> <ul style="list-style-type: none"> ➤ 99205 – new patient visit with medical provider ➤ 99214 – return patient visit with medical provider ➤ 97803 – visit with registered dietitian (primary diagnosis code is Z71.3, dietary surveillance and counseling) ➤ 94690 – visit for expired air analysis (resting metabolic rate test)