



Atrium Health Wake Forest Baptist



High Point Medical Center 2022 – 2024 Community Health Needs Assessment

Section I: Introduction

Atrium Health Wake Forest Baptist High Point Medical Center has a deep, rich history in the community that began in 1904. As the organization grew over time, the hospital developed into the health system that we have today. That growth has helped us continue to fulfill our mission to provide exceptional health services to the people of our region of greater than 600,000 people. Atrium Health Wake Forest Baptist High Point Medical Center has 352 licensed beds and provides many services to our community including: the Hayworth Cancer Center, Piedmont Joint Replacement Center, the Congdon Heart and Vascular Center, Esther R. Culp Women’s Center, Neuroscience Center, Imaging Services, Orthopaedic Services, Inpatient Pediatrics, Birth Center, Urgent Care, the Stroke Center, Pain & Spine Management, Rehabilitation Services, Behavioral Health and the Fitness Center.

Vision

Atrium Health Wake Forest Baptist High Point Medical Center’s vision is to be the first and best choice for care.

Mission

Atrium Health Wake Forest Baptist High Point Medical Center’s mission is to improve health, elevate hope and advance healing – for all.

Culture Commitments

Atrium Health Wake Forest Baptist High Point Medical Center’s culture commitments include the following:

- We create a space where all *Belong*
- We *Work as One* to make great things happen
- We earn *Trust* in all we do
- We *Innovate* to better the now and create the future
- We drive for *Excellence* – always

Mission Alignment

As Atrium Health Wake Forest Baptist High Point Medical Center strives to be a leader in population health, we must look beyond the walls of our hospitals and medical offices to address those social, economic, and environmental conditions that contribute to poor health outcomes, shortened lives, and higher health care costs of the patients we serve. This needs assessment is based on a set of best practices for community health assessments with the purpose of identifying regional priority areas to focus on for 2022–2024. The process was designed to rely on existing public data, directly engage community stakeholders and collaborate with local public health resources, other health providers, and community partners (such as faith networks and other nonprofit organizations) relevant to the social factors underlying patterns of access.

Section II: Definition of Community Served

Geography

High Point, NC is spread across four counties in North Carolina: Guilford, Forsyth, Davidson and Randolph. Atrium Health Wake Forest Baptist High Point Medical Center defines its service area to include the following zip codes: 27205, 27260, 27262, 27263, 27265, 27282, 27292, 27317, 27350, 27360, 27370, and 27407. These encompass the greater High Point community including Archdale, Trinity, Jamestown and other southwestern portions of Guilford County. However, the majority of inpatient admissions and emergency visits are provided to Guilford County residents, representing 50% and 52% respectively of the total patient volume for calendar year 2020.

In order to allocate resources and maximize the effectiveness of community initiatives, for the purposes of conducting this Community Health Needs Assessment, Atrium Health Wake Forest Baptist High Point Medical Center chose to narrow the focus to Guilford County and will focus special attention to neighborhoods that are geographically proximate to the hospital campus, have a poverty rate approaching 18%, have a high percentage of charity care patients, and have a density of high-risk patients who demonstrate poor health indicators.

These communities are primarily located in the High Point zip codes of 27260 and 27262, which are identified as areas with the greatest need areas on the SocioNeeds Index map (Figure 1).

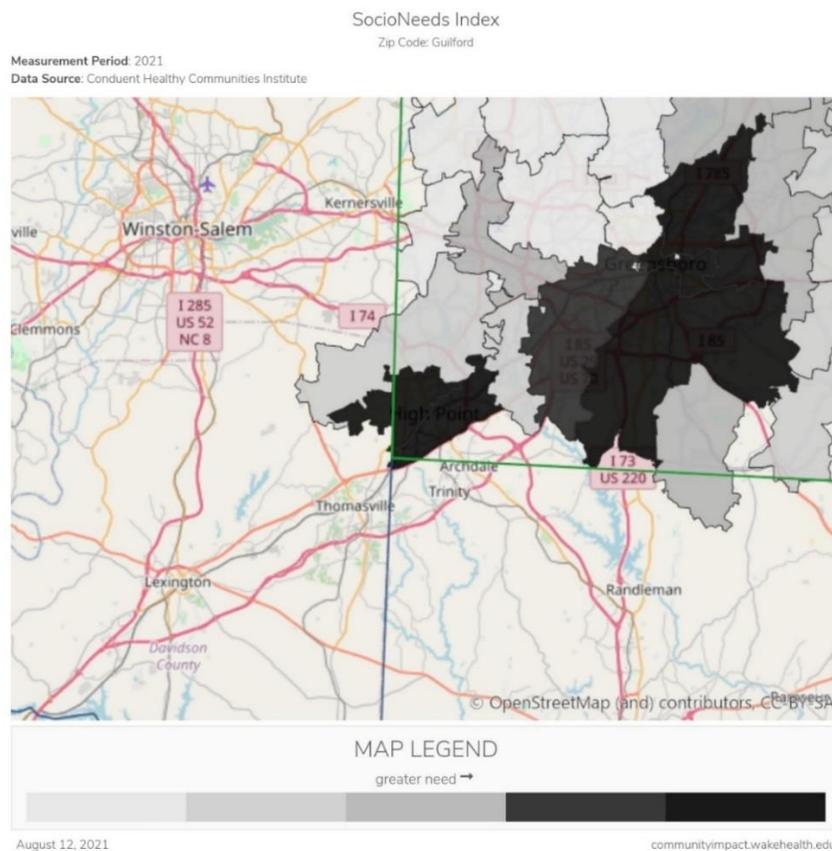


Figure 1. Map of SocioNeeds by zip code in Guilford County, 2021 (Conduent Health Communities Institute, 2021).

Demographics

According to the US Census Bureau, the population of Guilford County in 2019 was 537,174. There has been a trend of continuous growth in the County, with regular yearly increase since 2012 when the population was 500,471.

The US Census Bureau reports that in 2019 there were 31,278 persons (5.8%) under age 5, with 118,934 persons (22.1%) under age 18, and 83,442 persons (15.5%) over age 65.

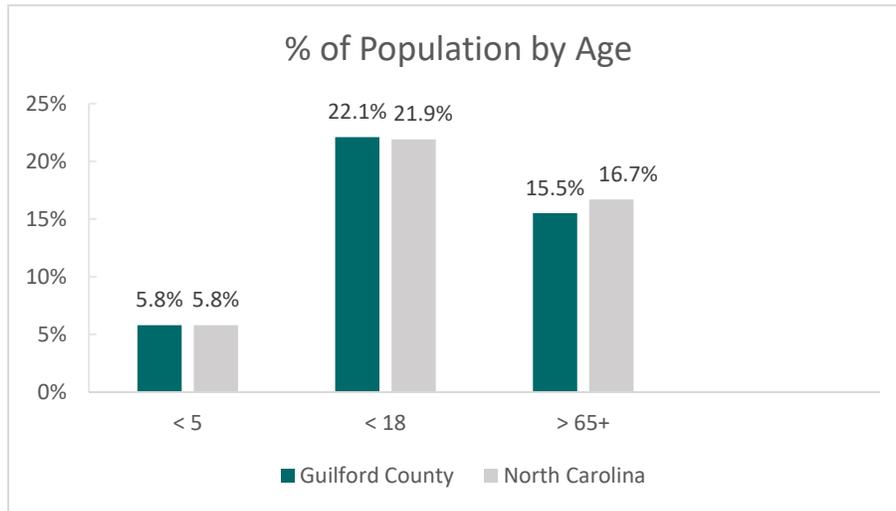


Figure 2. Guilford County population age distribution (US Census Bureau, 2019).

The County's racial distribution in 2019 is reported as follows, in descending order by percentage of total: 49.4% White, 35.4% Black or African American, 8.4% Hispanic or Latino, 5.3% Asian, and 1.5% Other. (US Census Bureau, 2019).

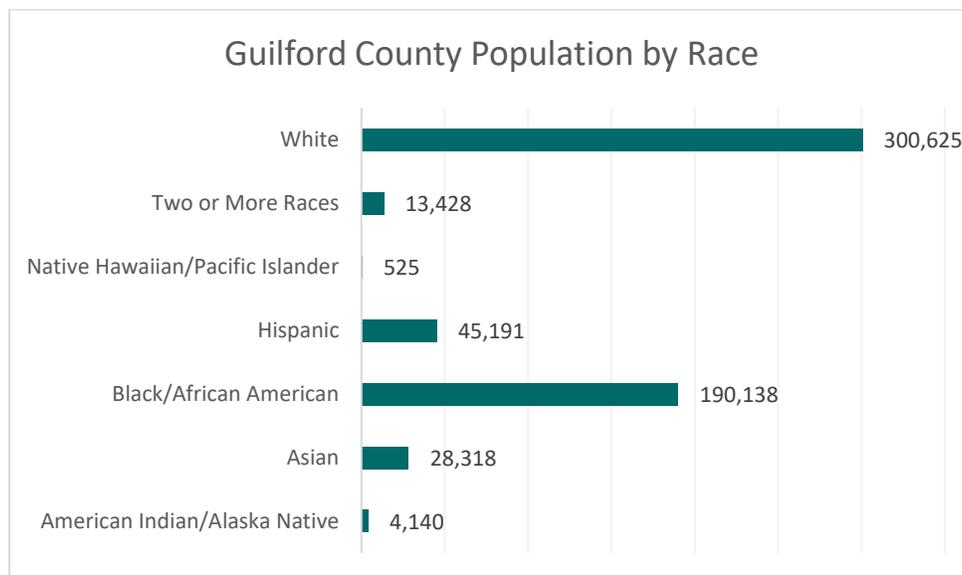


Figure 3. Guilford County racial distribution (US Census Bureau, 2019)

Females account for 52.7% of the total population.

Relative to other NC counties, Guilford has a high number of people over age 25 with a high school degree or higher at 89.1% (compared to State and National values of 87.8% and 88.0%, respectively). This number continues to trend upwards. Moreover, the County has a high percentage of persons over age 25 with a bachelor’s degree or higher at 36.0% (compared to State and National values of 31.3% and 32.1%, respectively). This data was measured from 2015 – 2019 by the American Community Survey.

As you can see in Figures 13-15, education levels vary significantly by zip code. In zip code 27260, 20-100% of residents over 25 years old do not have a High School Diploma, 30-33% have only a high school diploma and only 1-13% have obtained a Bachelor’s degree or higher. Education level can be a predictor of ability to obtain a job, afford quality health insurance, and be able to address health needs as they arise.

Guilford County Population Age 25 Years or Older with Less than a High School Diploma or Equivalent by Zip Code

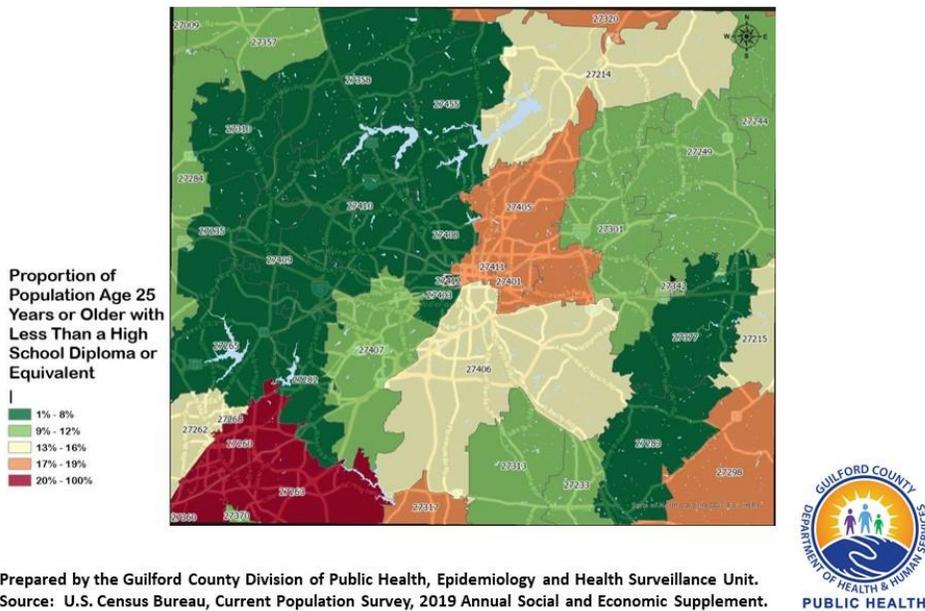


Figure 13: Proportion of population age 25 years or older with less than a high school diploma or equivalent (obtain with permission from Guilford County Department of Health & Human Services, Public Health)

Guilford County Population Age 25 Years or Older with Only a High School Diploma or Equivalent by Zip Code

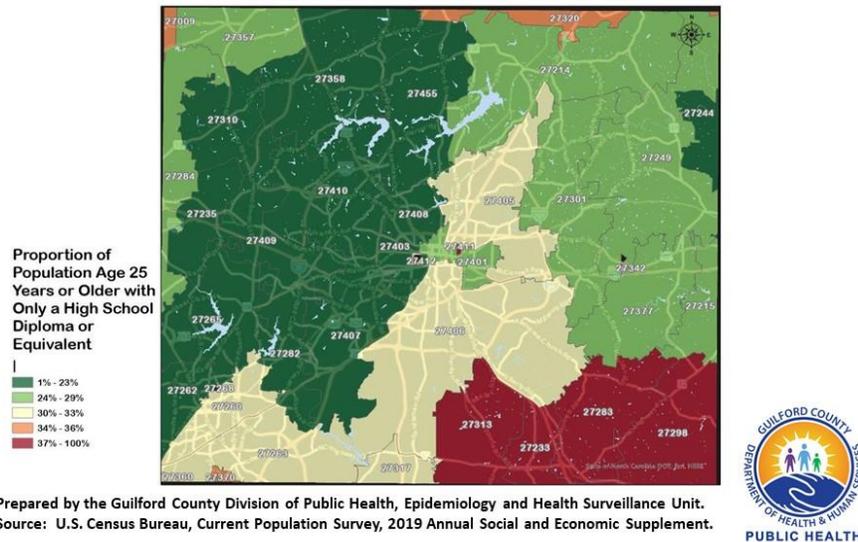


Figure 14: Proportion of population age 25 years or older with only a high school diploma or equivalent (obtain with permission from Guilford County Department of Health & Human Services, Public Health)

Guilford County Population Age 25 Years or Older with a Bachelors Degree or Higher by Zip Code

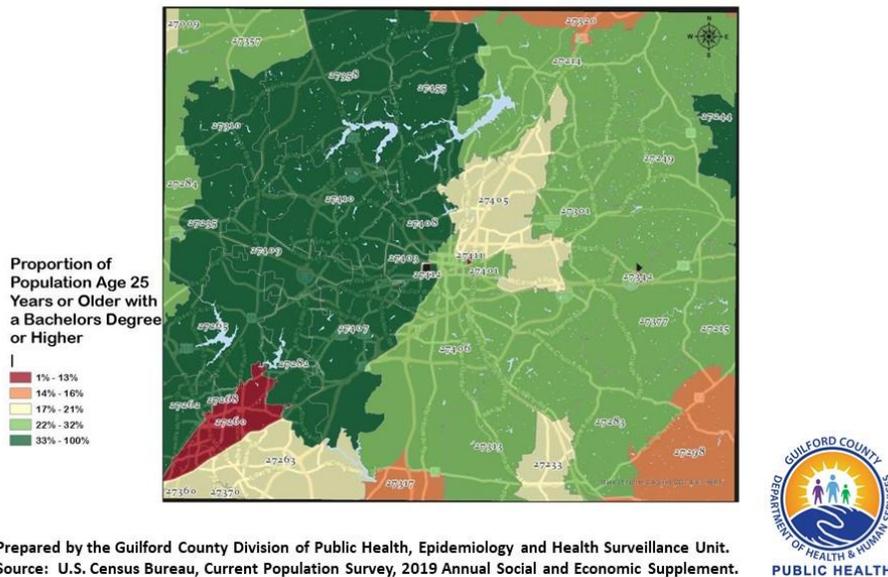


Figure 15: Proportion of population age 25 years or older with a bachelor's degree or higher (obtain with permission from Guilford County Department of Health & Human Services, Public Health)

In Guilford County, the median household income from 2015 – 2019 was \$53,261, and 15.8% of the population lived below the poverty level (American Community Survey, 2021). The median household income in 27260 is \$28,384 compared to the Guilford County of \$53,261.

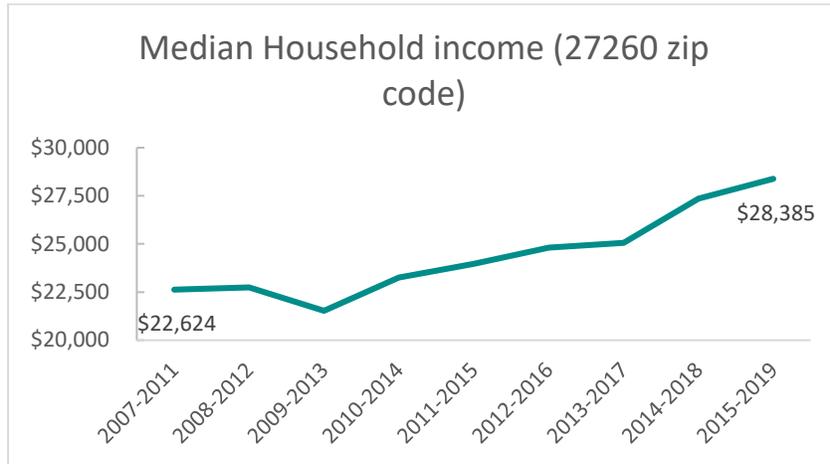


Figure 16. Median Household income in the 27260 zip code of urban High Point (American Community Survey, 2019).

2020 Demographics

Zip Code	City	2020 Population	Race				Ethnicity		Economics				
			White	Black	Asian	Other	Multi-Race	Hispanic	Non-Hispanic	Median HH Income	% of HHs Below Poverty	HPMC Charity Care	HPMC Charity Care As % of All Payments
Guilford County													
27214	Browns Summit	11,526	57.5%	34.3%	1.4%	4.6%	2.2%	7.5%	92.5%	\$ 69,791	17.1%	\$ 7,048	2.3%
27235	Colfax	4,875	75.3%	13.9%	7.0%	1.7%	2.1%	5.8%	94.2%	\$ 88,614	14.5%	\$ 1,770	0.1%
27249	Gibsonville	12,796	72.2%	20.5%	1.9%	3.4%	2.0%	6.0%	94.0%	\$ 68,309	16.0%	-	-
27260	High Point	26,743	21.6%	60.2%	7.6%	7.7%	2.8%	11.1%	88.9%	\$ 32,357	41.1%	\$ 5,536,411	18.3%
27262	High Point	25,379	55.1%	31.1%	4.8%	6.4%	2.6%	10.4%	89.6%	\$ 45,020	30.4%	\$ 1,987,686	7.0%
27265	High Point	51,809	65.3%	23.3%	6.3%	2.8%	2.3%	6.5%	93.5%	\$ 65,583	16.4%	\$ 1,818,889	4.6%
27282	Jamestown	17,173	62.2%	23.0%	10.0%	2.5%	2.3%	6.0%	94.0%	\$ 81,006	12.3%	\$ 719,133	7.8%
27283	Julian	3,273	86.5%	8.3%	1.7%	1.7%	1.8%	3.5%	96.5%	\$ 61,720	16.7%	-	-
27301	Mc Leansville	10,343	56.6%	34.3%	2.0%	4.7%	2.3%	7.8%	92.2%	\$ 69,177	11.9%	\$ 1,549	0.4%
27310	Oak Ridge	7,741	81.8%	9.6%	4.9%	2.0%	1.7%	4.4%	95.6%	\$ 111,321	8.1%	\$ 122,811	20.9%
27313	Pleasant Garden	7,417	81.4%	12.1%	1.1%	2.7%	2.7%	4.5%	95.5%	\$ 69,853	16.3%	\$ 250	0.0%
27358	Summerfield	15,531	83.1%	9.0%	3.7%	2.3%	2.0%	5.0%	95.0%	\$ 103,276	10.7%	-	-
27377	Whitsett	9,169	67.3%	25.2%	2.7%	2.4%	2.4%	5.5%	94.5%	\$ 72,332	18.4%	-	-
27401	Greensboro	23,019	25.7%	65.4%	2.7%	3.8%	2.4%	6.4%	93.6%	\$ 41,821	29.6%	\$ 10,010	1.5%
27403	Greensboro	21,260	60.0%	25.6%	6.9%	4.5%	3.0%	7.9%	92.1%	\$ 50,678	25.9%	\$ 5,860	1.4%
27405	Greensboro	50,900	29.2%	55.2%	6.3%	6.4%	2.8%	10.2%	89.8%	\$ 43,026	30.7%	\$ 14,592	0.6%
27406	Greensboro	63,035	31.1%	58.7%	2.9%	4.7%	2.6%	7.7%	92.3%	\$ 46,353	27.5%	\$ 277,586	6.3%
27407	Greensboro	50,194	42.4%	36.0%	9.4%	9.0%	3.3%	14.6%	85.4%	\$ 53,162	22.2%	\$ 36,696	0.8%
27408	Greensboro	17,335	77.2%	14.4%	4.3%	1.7%	2.3%	4.1%	95.9%	\$ 71,345	16.5%	\$ 343	0.1%
27409	Greensboro	17,666	49.5%	37.2%	5.6%	4.1%	3.6%	8.5%	91.5%	\$ 51,743	21.2%	\$ 11,253	0.7%
27410	Greensboro	56,222	71.6%	18.6%	4.9%	2.4%	2.5%	5.9%	94.1%	\$ 70,864	13.8%	\$ 9,461	0.4%
27411	Greensboro	1,888	36.2%	60.0%	0.7%	0.9%	2.3%	3.6%	96.4%	\$ 7,726	65.7%	-	-
27413	Greensboro	495	51.7%	41.8%	2.6%	1.0%	2.8%	4.4%	95.6%	-	-	-	-
27455	Greensboro	32,063	67.5%	23.8%	4.2%	1.9%	2.6%	5.0%	95.0%	\$ 79,685	14.6%	\$ 8,145	0.6%
Total:		537,852	52.7%	35.1%	5.2%	4.4%	2.6%	7.9%	92.1%	\$ 59,806	21.6%	\$ 10,569,495	8.1%
High Point Medical Center Service Area													
27205	Asheboro	34,184	85.0%	4.7%	1.2%	7.5%	1.6%	12.3%	87.7%	\$ 54,227	21.4%	\$ 992,095	10.8%
27260	High Point	26,743	21.6%	60.2%	7.6%	7.7%	2.8%	11.1%	88.9%	\$ 32,357	41.1%	\$ 5,536,411	18.3%
27262	High Point	25,379	55.1%	31.1%	4.8%	6.4%	2.6%	10.4%	89.6%	\$ 45,020	30.4%	\$ 1,987,686	7.0%
27263	High Point	21,901	74.0%	10.3%	8.9%	4.8%	2.0%	8.0%	92.0%	\$ 50,096	24.2%	\$ 2,312,017	8.5%
27265	High Point	51,809	65.3%	23.3%	6.3%	2.8%	2.3%	6.5%	93.5%	\$ 65,583	16.4%	\$ 1,818,889	4.6%
27282	Jamestown	17,173	62.2%	23.0%	10.0%	2.5%	2.3%	6.0%	94.0%	\$ 81,006	12.3%	\$ 719,133	7.8%
27292	Lexington	40,149	75.8%	14.8%	1.5%	5.9%	2.0%	9.0%	91.0%	\$ 46,834	27.4%	\$ 146,786	2.3%
27317	Randleman	17,445	84.0%	5.6%	0.8%	6.9%	2.7%	11.8%	88.2%	\$ 49,939	24.5%	\$ 380,870	7.1%
27350	Sophia	6,602	93.3%	1.9%	0.9%	2.1%	1.9%	4.5%	95.5%	\$ 56,353	24.1%	\$ 799,979	11.0%
27360	Thomasville	46,156	76.6%	13.6%	1.2%	6.7%	2.0%	10.7%	89.3%	\$ 50,117	24.8%	\$ 1,050,084	3.2%
27370	Trinity	14,922	92.6%	3.4%	1.4%	1.4%	1.2%	2.4%	97.6%	\$ 58,691	21.1%	\$ 923,302	4.4%
27407	Greensboro	50,194	42.4%	36.0%	9.4%	9.0%	3.3%	14.6%	85.4%	\$ 53,162	22.2%	\$ 36,696	0.8%
Total:		352,657	65.6%	21.5%	4.8%	5.9%	2.3%	9.8%	90.2%	\$ 53,276	23.8%	\$ 16,703,949	7.5%

NOTES

- ▶ The Census Bureau treats "Hispanic" as an ethnicity, not a race, so persons of Hispanic ethnicity can be of any race.
 - ▶ Households below poverty level are those with household income below \$25,000.
 - ▶ Percentages may not add to 100% due to rounding.
- SOURCES: Crimson Market Advantage (Demographics Module), WFBH DSS (Strata)
Growth, Strategy and Business Development RML 8/9/2021

Table 1. US Census Bureau data defining the demographics of Guilford County by race, ethnicity, and economics, including specific zip codes central to the HPMC area of service.

Additional demographic information for Guilford County is described in Section IV for prioritized health needs and targeted populations.

Section III: Process & Methods Used to Conduct CHNA

Primary Data Sources

Maternal Health Summit

Atrium Health Wake Forest Baptist High Point Medical Center hosted a virtual Maternal Health Summit on October 12, 2021. Participants included representatives from community organizations including: the YWCA, Every Baby Guilford, Ready Ready, Foundation for a Healthy High Point, and Guilford Child Development. Community providers and hospital leadership were also involved in the summit. Several organizations had opportunities to share current initiatives and needs in the community. Feedback was collected on synergies, duplication of efforts, barriers and how to overcome them, and how HPMC can contribute to the success of partner organizations.

Synergies

- Ready Ready and the YWCA Doulas program – the Navigator with Ready Ready can help connect patients to the YWCA for the Doulas program.
- Programs available through Every Baby Guilford can be utilized by other outside agencies, ex: REI Trainings.

Duplications

- Home visiting space: Nurse-Family partnership, YWCA PAT Program, YWCA Healthy Beginnings. There are opportunities to serve as referrals to each other.

Barriers

- Misunderstanding the role of the doulas. How do doulas get certification and verification within the hospital?
- There is no coordinated list of services that is available to the community and specifically provided to patients in the hospital
- Hospital staff knowledge of community resources
- Lack of resources – transportation, childcare for prenatal visits
- Hospital transitions have challenged community connectivity. Ex. Women’s Health Navigators no longer a resource.
- Lack of marketing resources.

HPU Food Survey

In July of 2020, during the peak of Covid-19, High Point University’s Survey Research Center conducted a poll recording the food hardship rate in High Point, North Carolina at 31%. This suggests that nearly a third of High Point residents struggled to access food in the earlier months of the pandemic. During the following summer of 2021, the HPU Survey Research center conducted the poll again, including households that fall within High Point zip codes, as well as Archdale, Jamestown, and Trinity. This survey was developed with feedback from Atrium Health Wake Forest Baptist High Point Medical Center staff. Within the 27260-zip code, 26% of respondents reported experiencing times in the last 12 months in which they did not have enough money to buy sufficient food for their household.

Overall, though, results from the 2021 survey were positive. The food hardship rate had fallen to 14% in 2021 in the survey area, probably due to help from federal relief funds, a surge in private philanthropy, and individual responsibility. According to the survey, 14% of respondents did not have enough money to buy food that their family needed in the last 12 months, while 17% of survey participants reported having low or very low food security.

The US Census has also seen similar results with rates spiking during the pandemic and dramatically dropping as of recently. Cash-based government assistance has caused food hardship to fall nationally by over 40%. In High Point, many private philanthropic organizations increased their emergency relief funds during the pandemic and distributed 44% more meals in 2020. While 14% is a historic low for High Point, it is still higher than the national average. The High Point food alliance and the HPU Americorps Vistas are working to make more of a long-term difference if private organization funds drop back to historic levels.

The HPU Poll was conducted by live interviewers at the High Point University Survey Research Center calling on April 2 – June 20, 2021. The responses from greater High Point, NC, including Archdale, Jamestown, and Trinity came from adults representing 474 households with landline or cellular telephones. The survey has an estimated margin of sampling error of approximately 4.5 percentage points for all households. The Survey Research Center contracted with Dynata <https://www.dynata.com/> and recorded the responses in Qualtrics.

Community Feedback

We sent out a survey to key community members to obtain feedback on priority health needs. The survey was followed up with conversations to obtain additional information and included feedback from the High Point YWCA and the Foundation for a Healthy High Point. What we heard from the community was a need to focus on maternal and infant health outcomes, health equity and the broader impact of social injustice on health outcomes. We worked with the Guilford County Health Department to discuss health needs and obtain data that is included in this report.

Comments From 2020-2022 CHNA

All CHNA and Implementation reports along with county indicator tracking is available on the Atrium Health Wake Forest Baptist website- <https://www.wakehealth.edu/About-Us/Serving-Our-Communities/Needs-Assessments-and-Implementation-Reports>. No comments from the public have been received to date. All future comments will be incorporated into future CHNA and implementation strategies and reports.

Secondary Data Sources

Community Impact Dashboard

Secondary data used for this assessment were collected and analyzed with HCI's Community Dashboard — a web-based community health platform developed by Healthy Communities Institute and published on Atrium Health Wake Forest Baptist's community impact web site. The Community Dashboard brings non-biased data from multiple reputable, nationally recognized sources that are external to Atrium Health, such as the NIH, CDC, and Census Bureau. It includes over 100 community indicators covering over 20 topics in the areas of health, determinants of health, and quality of life. The data is primarily

derived from state and national public secondary data sources. The value for each of these indicators is compared to other communities, nationally or locally set targets, and to previous time periods.

The Community Impact dashboard allows users to access fourteen dashboards and three data agglomerations around health, social drivers of health, community needs, socioeconomic factors, and quality of life. With over 100 indicators, the dashboards allow for Atrium Health Wake Forest Baptist High Point Medical Center to compare its community indicators to state and national level standards, including Healthy People 2020 and 2030 goals. Each indicator may be derived from a unique data source; therefore, indicators are compared to values for which data are available.

Considering the service area of HPMC is well-represented by Guilford County alone, data from Guilford County was exclusively used in secondary analysis. When available, zip code or census level data was utilized for greater clarity in data analysis. Indicators were distilled into health topic areas of interest, and these were combined with primary level data and prioritized to form HPMC’s main health disparities of concern.

North Carolina State Center for Health Statistics, 2019 Leading Causes of Death

These statistics describe North Carolina’s total and cause-specific deaths at the state and county level. In addition, major site-specific cancer deaths and total infant deaths are tabulated and mapped. This edition includes the number of deaths and unadjusted death rates for 2019 and the number of deaths and unadjusted and age-adjusted death rates for 2015-2019.

In 2019, the following data was found relative to particular causes of death in Guilford County.

Selected Leading Causes of Death, All Residents, Guilford County, 2019

	Cause of Death	Deaths	Mortality Rate per 100,000
1	Cancer	932	173.5
2	Heart Disease	890	165.7
3	Dementia	282	52.5
4	Stroke	271	50.4
5	Other Unintentional Injuries*	284	52.9
6	Alzheimer’s Disease	217	40.4
7	Chronic Lower Respiratory Disease	203	37.8
8	Diabetes	163	30.3
9	Kidney Disease	126	23.5
10	Flu and Pneumonia	109	20.3
11	Motor Vehicle Injuries	74	13.8
12	Liver Disease	68	12.7
13	Homicide	62	11.5
14	Septicemia	61	11.4
15	Suicide	58	10.8
16	Parkinson’s Disease	43	8.0
17	HIV Disease	10	1.9
	Other Causes	888	NA
	Total 2019 Deaths from all Causes	4,741	862.7
	2019 Guilford County Population		537,174

*Other unintentional injuries primarily include unintentional poisonings, falls and other external causes of injury related deaths.

Source: *Health Surveillance and Analysis Unit of the Division of Public Health. (2021). 2021 Leading Causes of Death Data Brief. Guilford County Department of Public Health. Greensboro, NC. Accessed [December 13, 2021]*

Healthy People North Carolina 2030

In parallel with the national Healthy People initiative run by the United States Department of Health and Human Services, the North Carolina Department of Health and Human Services (NC DHHS) has released Healthy North Carolina (HNC) goals at the beginning of each decade since 1990. HNC is a set of health indicators with 10-year targets designed to guide state efforts to improve health and well-being. Identifying key indicators and targets allows NC DHHS, the Division of Public Health (DPH), local health departments, and other partners across the state to work together toward shared goals. Overall, 21 health indicators were chosen across the topics of Social & Economic Factors, Physical Environment, Health Behaviors, Clinical Care, and Health Outcomes. The 21 health indicators were:

1. Individuals Below 200% FPL
2. Unemployment
3. Short-Term Suspensions
4. Incarceration Rate
5. Adverse Childhood Experiences
6. Third Grade Reading Proficiency
7. Access to Exercise Opportunities
8. Limited Access to Healthy Food
9. Severe Housing Problems
10. Drug Overdose Deaths
11. Tobacco Use
12. Excessive Drinking
13. Sugar-Sweetened Beverage Consumption
14. HIV Diagnosis
15. Teen Birth Rate
16. Uninsured
17. Primary Care Clinicians
18. Early Prenatal Care
19. Suicide Rate
20. Infant Mortality
21. Life Expectancy

Source: <https://nciom.org/healthy-north-carolina-2030/>

Section IV: Identification & Prioritization of Community Health Needs

A comprehensive list of health indicators and disparities can be found in Appendix 1. The highest ranking health indicators (obtained from the Conduent site), those scoring between a 2.20-3.00 are listed below.

1. Breast Cancer Incidence Rate
2. Age-Adjusted Death Rate due to Prostate Cancer
3. Cancer: Medicare Population
4. Age-Adjusted Death Rate due to Homicide
5. Food Insecure Children Likely Ineligible for Assistance
6. Chronic Kidney Disease: Medicare Population
7. Osteoporosis: Medicare Population
8. Chlamydia Incidence Rate
9. Gonorrhea Incidence Rate
10. Heart Failure: Medicare Population
11. Single-Parent Households
12. Age-Adjusted Death Rate due to Influenza and Pneumonia
13. Infant Mortality Rate
14. Asthma: Medicare Population
15. Age-Adjusted Death Rate due to Diabetes
16. Age-Adjusted Death Rate due to Kidney Disease

Prioritization of Health Needs Process & Criteria

The Atrium Health Wake Forest Baptist Medical Center Community Health Benefit Council and partners utilized evidence-based data collection methodologies to listen to and engage community members to better understand their primary health needs including the Community-Based Participatory Approach (CBPA). CBPA is a methodology that emphasizes collaborative partnerships between community members, organizations, and academic researchers to help identify local knowledge, work through strategies to solve problems, and develop programs that have potential for sustainability within communities. Community conversations are effective ways to engage with communities when building relationships for program development. They are informal and serve to authentically engage members of communities, while generating local knowledge, promoting co-learning, and assisting with collaborative development of strategies. CBPA is characterized by:

- Problem identification: By providing input on key problems to be addressed, understanding of key issues;
- Design and planning: By helping to shape program aims and objectives, providing input on the program goals, and insight on the provision of culturally appropriate care; and
- Implementation: By participating in the design of the intervention and collaborating both formally and informally.

To address the community health needs identified in the Community Health Needs Assessment (CHNA), recommendations were prioritized on primary data and secondary data findings. In addition, feedback from the health system's Community Health Benefit council committee members and senior and executive leadership were taken into consideration. Feedback included leadership perspectives that provide further detail about the prioritized community health needs including current trends.

Prioritized Health Needs

The following health needs were prioritized for Atrium Health Wake Forest Baptist High Point Medical Center for 2022-2024:

1. Access to Care: with a focus on special populations, including women & children, as well as Medicaid/Medicare/Uninsured Populations, and those experiencing mental health and substance abuse disorders

Maternal and Child Health Populations

Maternal and child health has been identified as a prioritized health need in the HPMC community. Secondary data supports this:

The infant mortality rate in Guilford County is, overall, 8.4 deaths per 1,000 live births. This value is higher than state and national values (7.1 and 5.8, respectively) and does not meet the HP 2020 or 2030 goals (6.0 and 5.0, respectively). Infant mortality is most prevalent among the Black/African American, non-Hispanic population with a value of 13.3 deaths per 1,000 live births.

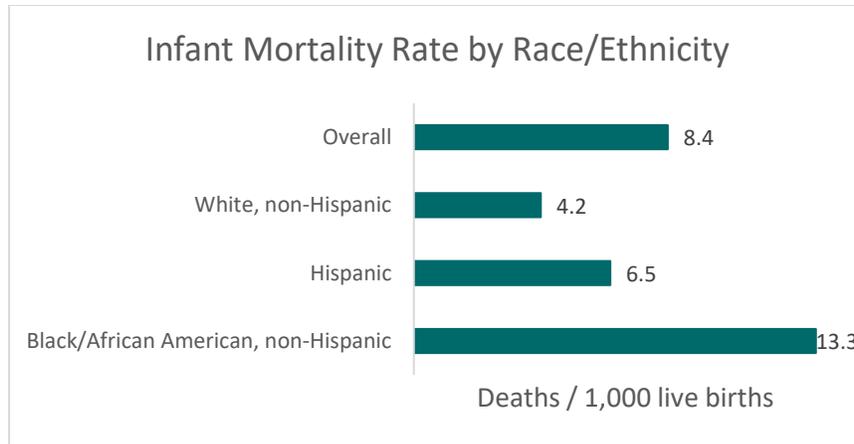


Figure 4: Infant mortality rates in Guilford County by race/ethnicity from 2014-2018, displaying values of 13.3 for Black/African American, non-Hispanic; 6.5 for Hispanic; 4.2 for White, non-Hispanic; and 8.4 overall (North Carolina State Center for Health Statistics, Vital Statistics).

High rates of infant mortality in Guilford County are accompanied by high percentages of preterm births and babies with low and very low birth weights. In Guilford County, 10.8% of births in 2018 were preterm—compared to state and national values of 10.4% and 10.0%, respectively. Guilford County did not meet the 2020 or 2030 HP goals of 9.4%.

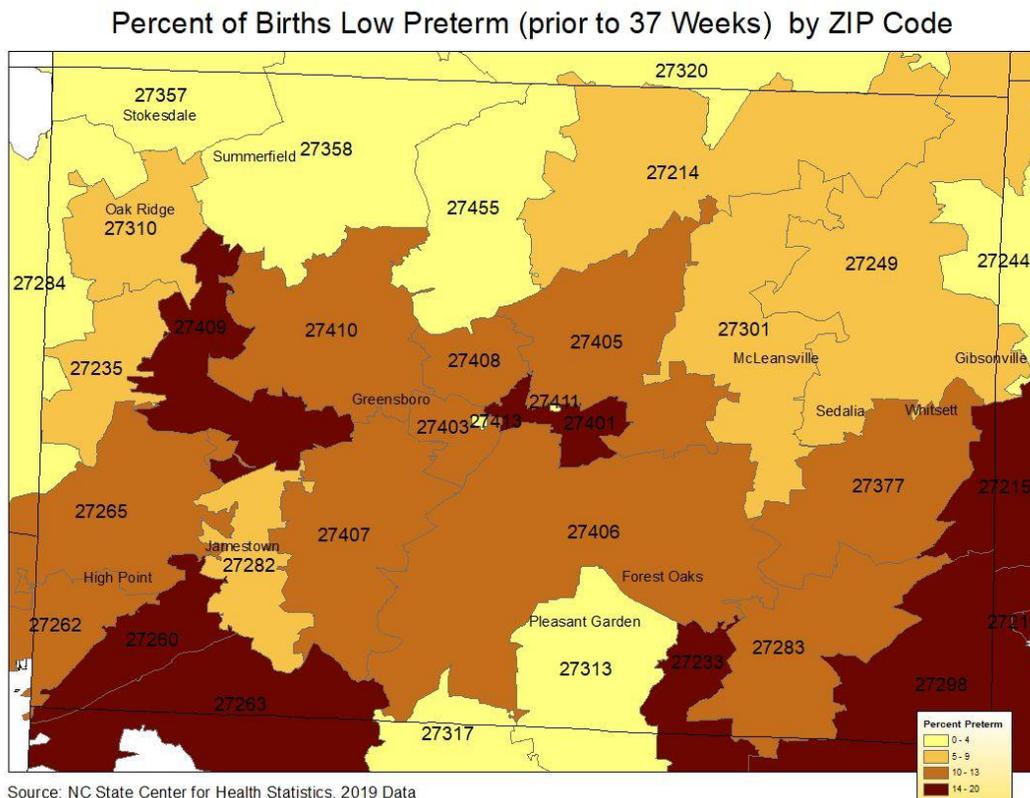
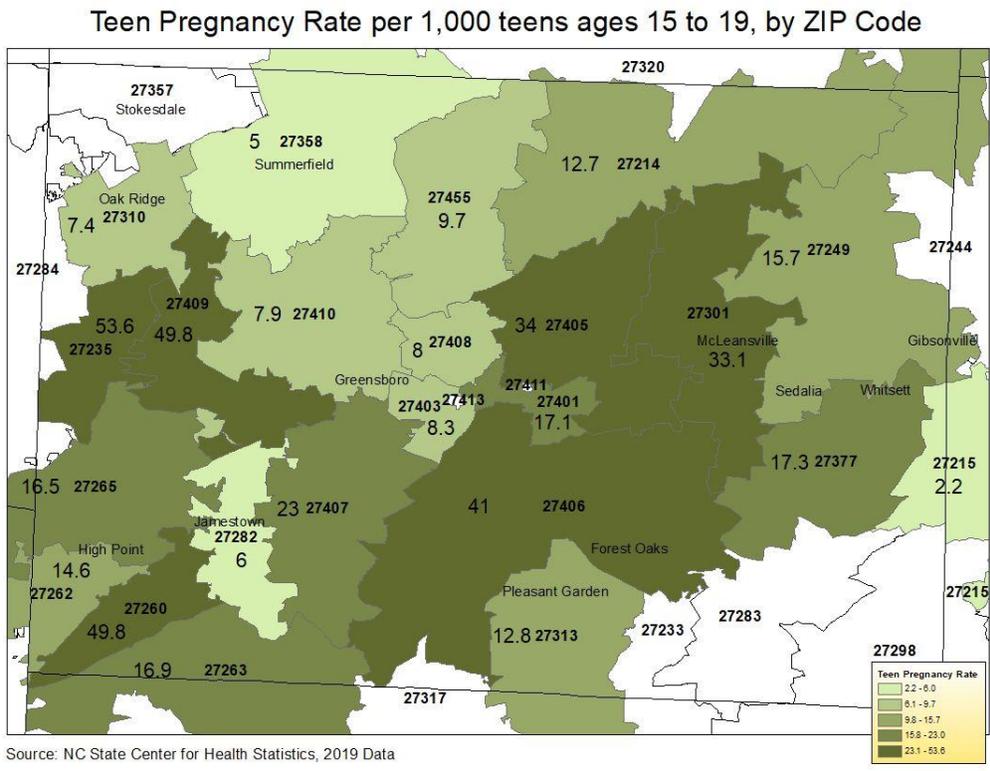


Figure 5: Guilford County map displaying percent preterm births. Darker red shades indicate a higher percentage of preterm births. Note the High Point area in the bottom left corner, with 27260 having 14-20% of births preterm. Compiled by Dr. Mark Smith, Guilford County Health Department.

Additionally, from 2014-2018, 9.8% of Guilford County babies were considered to be of a low birth weight (below 5 pounds, 8 ounces, compared to NC: 9.2%, US: 8.1%, HP 2020: 7.8%), and 1.9% of babies born were considered to be of a very low birth weight (below 3 pounds, 5 ounces, compared to NC: 1.7%, US: 1.4%, HP 2020: 1.4%).

Also of note are teen pregnancies, which vary across the county but are prevalent in urban High Point, as illustrated in this map:



Behavioral Health and Substance Use Disorder Populations

North Carolina has a population of approximately 9.9 million people, making it the 10th most populated state in the nation. Close to 3.9% of adults in North Carolina (according to SAMHSA) live with serious mental health conditions such as schizophrenia, bipolar disorder, and major depression. Only 48.2% of adults with mental illness in North Carolina receive any form of treatment from either the public system or private providers (according to SAMHSA). The remaining 51.8% receive no mental health treatment. According to Mental Health America, North Carolina is ranked 33 out of the 50 states and Washington D.C. for providing access to mental health services (www.rtor.org). According to County Health Rankings, in 2020 Guilford County had 1,576 mental health providers, with a ratio of 340:1 population per mental health provider which can create a challenge when trying to access care.

Mental health and mental distress are of a particular concern in Guilford County. In 2018, 13.6% of adults suffered from frequent mental distress—considered to be 14 or more days of stress, depression, and emotional problems, out of the last 30 days (NC: 12.6%, US: 13.0%). Similarly, 13.4% of adults reported poor mental health for 14 or more days in the last month, which is higher than the US value of 12.7%. In the urban High Point Zip codes of 27260 and 27262, those values were 19.0% and 16.1%, respectively. Guilford County residents, on average, reported 4.5 days of poor mental health over the last 30 days (NC: 4.1, US: 4.1, NC 2020 goal: 2.8).

Behavioral health and substance dependency is a multi-dimensional concern. According to the CDC, nearly 841,000 people have died in the US since 1999 from drug overdose. Over 70% of US drug overdose deaths in 2019 involved an opioid. Overdose deaths involving opioids, including prescription opioids, heroin, and synthetic opioids (like fentanyl), have increased over six times since 1999. Overdoses involving opioids killed nearly 50,000 people in 2019, and nearly 73% of those deaths involved synthetic opioids. The death rate due to drug poisoning in Guilford County is 23.1 deaths per 100,000 population. This value is higher than the NC value of 22.3, the US value of 21.0, and continues to trend upwards.

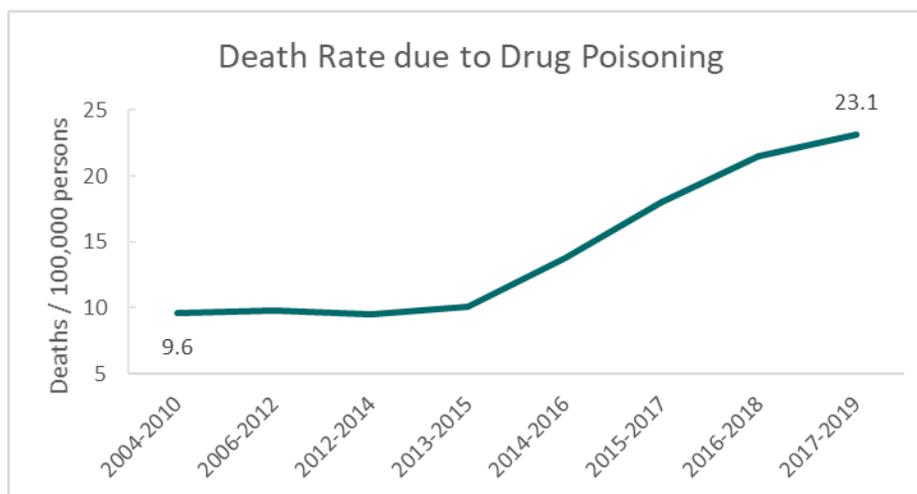


Figure 7. Death Rate due to Drug Poisoning in Guilford County. While this data does not specify the specific type of drug involved, it may point to the continuing opioid crisis in Guilford County. This rapid increase is a major point of concern (County Health Rankings, 2019).

Opioid Drug Trends in Guilford County: Quarterly Data

	Oct-Dec 2017	Jan-Mar 2018	Apr-Jun 2018	Jul-Sept 2018	Oct-Dec 2018	Jan-Mar 2019	Apr-Jun 2019	Jul-Sept 2019	Oct-Dec 2019
Heroin Overdose ED Visits	94	41	30	54	47	45	52	47	32
Opioid Overdose ED Visits	115	70	57	71	60	69	66	70	52
Heroin-Related ED Visits	233	160	198	229	170	159	219	217	157

¹Source: NC DETECT (NC Disease Event Tracking and Epidemiologic Collection Tool).

Opioid Drug Trends in Guilford County: Annual Data Trends: 2012-2019

	2012	2013	2014	2015	2016	2017	2018	2019
Heroin Overdose ED Visits ¹	36	70	191	107	156	291	173	176
Opioid Overdose ED Visits ¹	119	184	305	243	263	390	261	257
Heroin-Related ED Visits ¹	178	104	234	180	611	1,009	750	752
Opiate Poisoning Deaths ^{2,3}	32	17	42	47	71	99	98	NA
Heroin Poisoning Deaths ^{2,4}	9	9	25	23	40	29	40	NA
Synthetic Opioid Poisoning Deaths ^{2,5}	1	1	18	11	34	84	72	NA

¹Source: NC DETECT (NC Disease Event Tracking and Epidemiologic Collection Tool), Emergency Department data.

²Source: Injury and Violence Prevention Branch, NCDHHS.

³Cause of Death Codes used: Any mention (cod1-cod21) of T40.0 (Opium), T40.1 (Heroin), T40.2 (Other Opioids), T40.3 (Methadone) and/or T40.4 (Other synthetic opioid).

⁴Cause of Death Codes used: Any mention (cod1-cod21) of T40.1 (Heroin).

⁵Cause of Death Codes used: Any mention (cod1-cod21) of T40.4 (Other Synthetic Opioids).

**Characteristics of Cases: Opioid Overdose Emergency Department Visits
January 01-December 31, 2019**

Characteristic	Number	Percent
Patient City/Location		
Greensboro	119	46.3%
High Point	62	24.1%
Archdale	13	5.1%
Pleasant Garden	11	4.3%
Jamestown	9	3.5%
Stokesdale	7	2.7%
Other	36	14.2%
Patient Sex		
Male	158	61.5%
Female	99	38.5%
Patient Race/Ethnicity		
White	213	82.9%
African American	36	14.0%
Other	8	3.1%
Hispanic (can be of any race)	2	0.8%
Patient Age Group		
Ages 0-9	4	1.6%
Ages 10-19	6	2.3%
Ages 20-29	77	30.0%
Ages 30-39	68	26.5%
Ages 40-49	42	16.3%
Ages 50-59	38	14.8%
Ages 60 and Over	22	8.6%
Total	257	100.0

¹Source: NC DETECT (NC Disease Event Tracking and Epidemiologic Collection Tool).
Data prepared by the Guilford County Department of Health and Human Services, Division of Public Health.

Table 2. Opioid drug trends in Guilford County (NC DETECT).

As an area known historically for its tobacco production, smoking is common and is considered a large concern. Additionally, lung cancer age adjusted death rates in NC are high, with Guilford County being no different, and deaths due to drug poisoning are trending upward. Behavioral health and substance dependency are among the top concerns of this region, even beyond Guilford County.

In 2018 in Guilford County, 18.5% of adults smoked. While this value is in the best 50% of NC counties, it is still above the NC value of 17.9% and above the US value of 16.1%. Guilford County did not meet the HP 2020 goal of 12.0% and is not on track to meet the HP 2030 goal of 5.0%. In the Zip code 27260, in urban High Point, 28.3% of adults smoked in 2018.

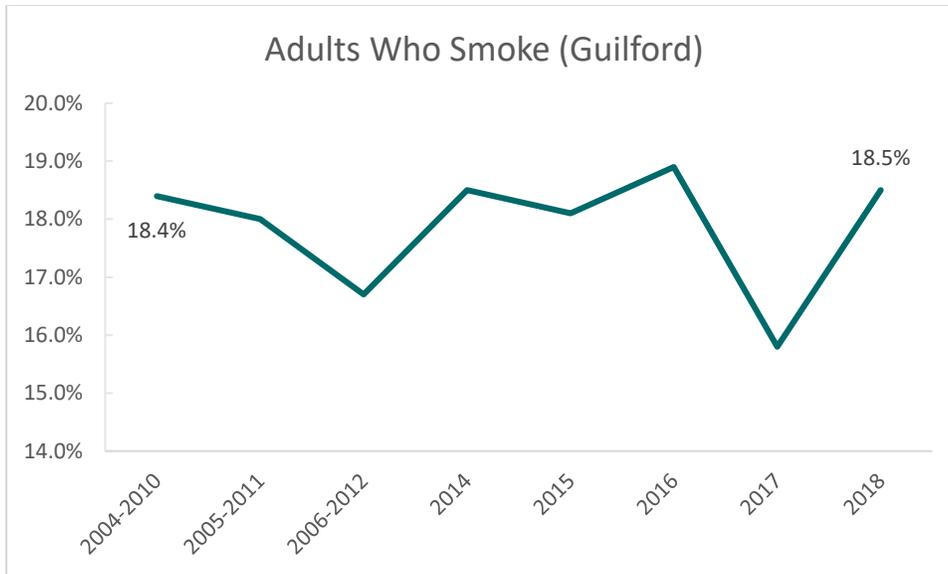


Figure 8. Adults who smoke in Guilford County from 2004-2018. Note that there were methodology changes in data collection in 2014 and 2018 (County Health Rankings, 2018).

The age-adjusted death rate due to lung cancer in Guilford County is 41.4 deaths per 100,000 population. This rate has continued to steadily trend downward from 2004 to 2017, when supporting data was released.

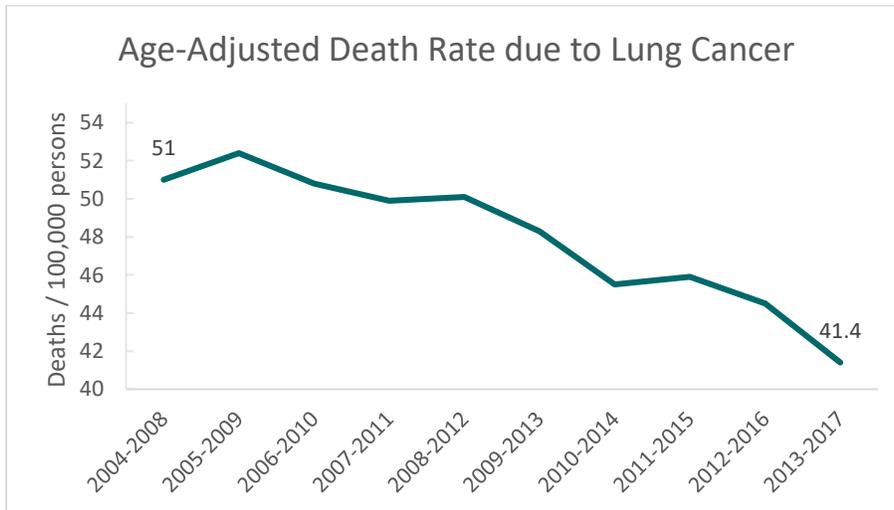


Figure 9. Age-Adjusted Death Rate due to Lung Cancer in Guilford County. There has been a steady decrease in this death rate over the period of 2004 – 2017 (National Cancer Institute, 2017).

Guilford County’s age-adjusted death rate due to lung cancer is below the NC value of 44.1 deaths per 100,000 population, but falls above the US rate of 38.5. Guilford’s value meets the HP 2020 goal of 45.5, but does not yet meet the HP 2030 goal of 25.1.

Age-adjusted death rate due to lung cancer does not display evidence of great disparity among racial groups.

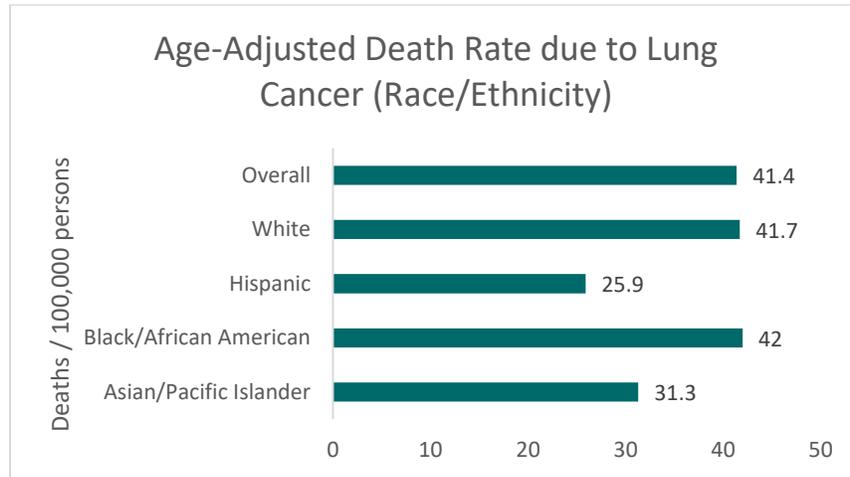


Figure 10. Age-Adjusted Death Rate due to Lung Cancer by Race/Ethnicity. Note the lack of significant disparity between White and Black/African American groups, and the low Hispanic value (National Cancer Institute, 2017).

Covid-19 vastly impacted mental health. In 2020, statewide data shows symptoms of depression and anxiety have tripled amid the pandemic, according to Victor Armstrong, executive director of the Division of Mental Health, Developmental Disabilities and Substance Abuse Services. North Carolina also has seen a 15% increase in emergency room visits for substance use and binge drinking. Contributing factors include uncertainty, isolation, loss and social determinants of health like housing and employment. In a typical year, 1 in 9 (11%) people reports symptoms of anxiety and depression disorders. With Covid-19 in place, as many as 1 in 3 (33%) North Carolinians have reported these symptoms. Mental health services and resources, including telehealth behavioral services, are critical during the Covid-19 pandemic. Nationwide, average anxiety severity scores increased 13% from August to December 2020 and then decreased 26.8% from December 2020 to June 2021. Similar increases and decreases occurred in depression severity scores.

Leadership perspective shared by Bryan Hatcher, LCSW, President, CareNet Counseling:

“National data indicates that on average 25% of the US population deals with a mental health struggle each day. The Covid-19 pandemic has exaggerated this metric through isolating, creating uncertainty, causing financial distress, and often providing no outlet from stressors that cause or elevate mental health issues. It is also recognized that socio-economic factors and adverse events across the lifespan tend to increase the intensity of mental health issues for individuals and communities, and that individuals and communities of color and/or living in poverty have less access to resources to address mental health issues. CareNet Counseling serves communities across the state of North Carolina by providing counseling, support and educational services to those in need. We intentionally seek to provide services in communities that are underserved, and we provide free and subsidized services to those with less resources in order to increase access and improve outcomes. During the Covid-19

pandemic, we have increased our use of telehealth services as a means of being available to those in need more quickly and with less risk of transmitting the virus.”

Medicaid, Medicare and Uninsured Populations

Perhaps one of the more challenging access issues in Guilford County is health insurance. In 2018, the CDC reported that 17.9% of adults aged 18-64 did not have health insurance of any kind. This compares to the US value of 12.2%, and does not meet the HP 2020 target of 0% uninsured adults. As with other health concerns in Guilford County, there are pockets of disparity. In 27260, 29.9% of adults had no health insurance. This is the highest percentage value for uninsured persons in Guilford County, and is in urban High Point. Thankfully, health insurance is gradually becoming more prevalent in Guilford County.

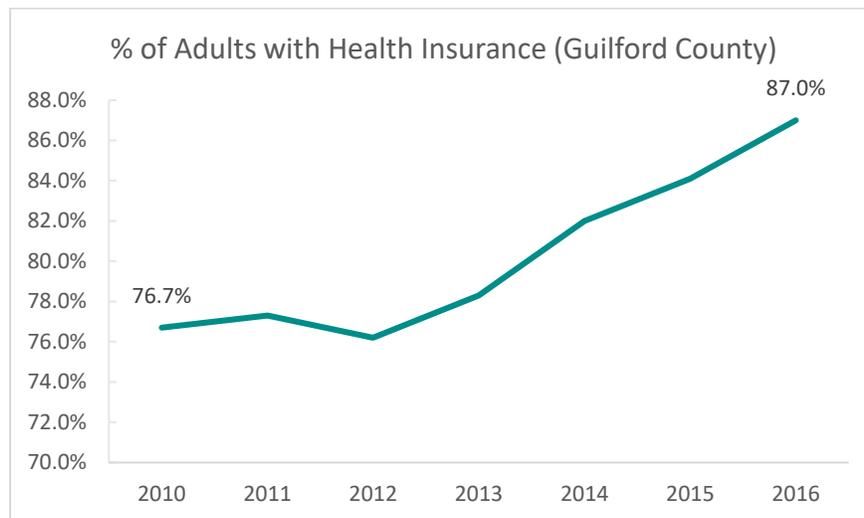


Figure 11. Adults with Health Insurance in Guilford County. Insured status continues to trend upwards (American Community Survey, 2019).

2. Social Drivers of Health Equity and Social Injustice: with a focus on food security and other social determinants of health

Health equity means increasing opportunities for everyone to live the healthiest life possible, no matter who we are, regardless of race, ethnicity, gender, age, education, or income level. In the United States, health gaps are persistent and many are increasing, due to persistent barriers in our society and culture. These barriers include the social determinants of health such as discrimination, poverty, lack of access to high quality jobs, education, housing, and other living environments. Increasing health equity leads to a healthier and more equitable society that contributes to well-being of individuals, families, communities, and the country as a whole.

Atrium Health Wake Forest Baptist’s social impact strategy has gained energy as the institution begins to confront its own pattern of racial exclusion that mirrors inequities in the broader community. Our social impact strategy is visible in the community benefit process, which now includes all facilities, including Atrium Health Wake Forest Baptist High Point Medical Center, in an operational team that monitors our collective impact across all communities with a focus on micro-geographies and sustained partners among non-profit, faith and business. As an academic medical center, many of our service lines (especially family medicine, pharmacy, care management and the ED) have been long involved with the people most affected by social inequity. These service lines welcome the increasingly coordinated social

impact efforts as a signature characteristic of Atrium Health Wake Forest Baptist and all of its community hospitals.

We continue to focus on the needs and the health disparities of the 27260 zip code. This is a predominantly Black zip code, with 60.2% of the population reporting as Black/African American. Over 40% of households in 27260 are below the poverty line. In 2020, the hospital provided over \$5.5 million in charity care treating community members in this zip code alone, which is 18% of the total charity care provided by the hospital.

Food Access

As demonstrated in the figure below, urban High Point (27262 and 27260) exhibits the greatest amount of food insecurity in the southwestern area of Guilford County. This is consistent with the HPU Food Survey data described in a prior section of this document, which reported that in 2021, 26% of respondents living in 27260 reported times of food hardship in the last 12 months.

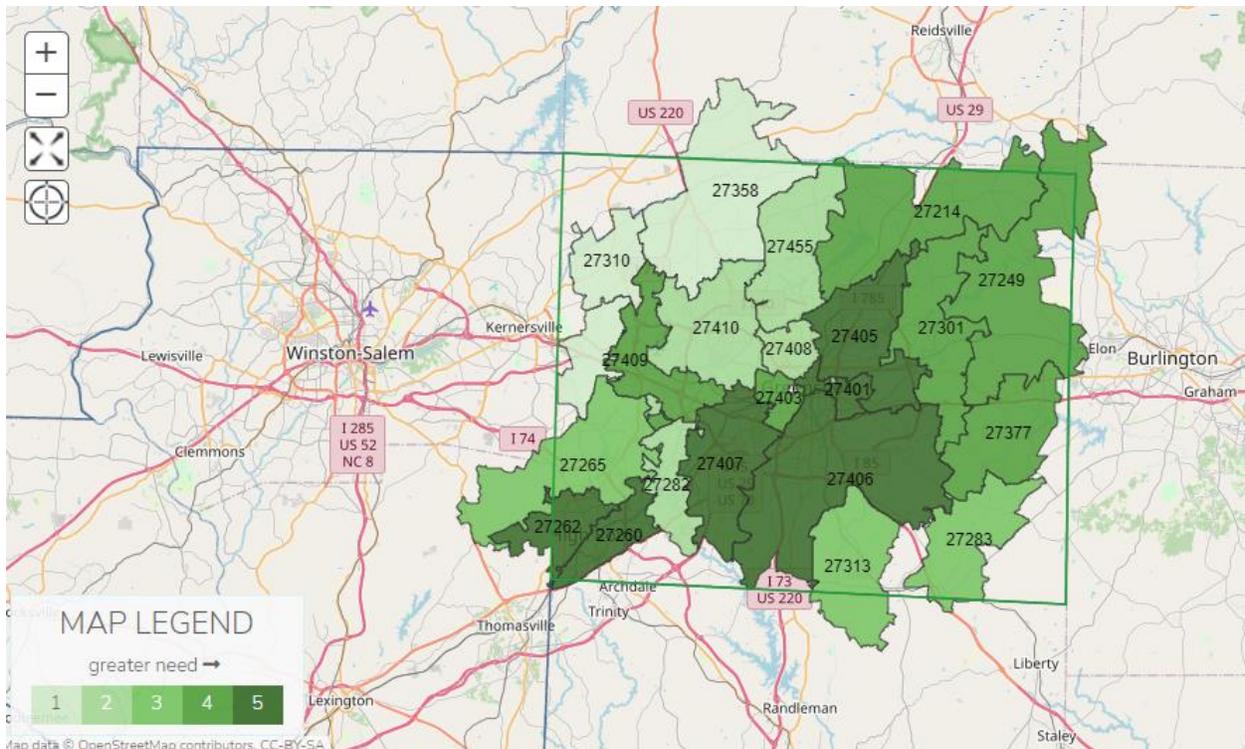


Figure 12. Conduent data displaying food insecurity in Guilford County. Darker color indicates greater food need.

Income Inequality

“Median household income reflects the relative affluence and prosperity of an area. Areas with higher median household incomes are likely to have more educated residents and lower unemployment rates. Higher employment rates lead to better access to healthcare and better health outcomes, since many families get their health insurance through their employer. Areas with higher median household incomes also have higher home values and their residents enjoy more disposable income.” (Conduent, website accessible [here.](#))

3. Chronic and Emerging Disease Management/Prevention: with a focus on Cancer, Kidney Disease, Respiratory Disease, Diabetes

Data analysis for chronic conditions in Guilford County calls attention to several key issues. Cancer incidence, including breast cancer as well as tobacco use and lung cancer, hypertension, kidney disease, and respiratory diseases are of high concern, with particular need evident in the Medicare population.

Cancer

While the overall age-adjusted death rate due to cancer of any kind in Guilford County was trending downward and at a value of 156.4 deaths per 100,000 population in 2017, the death rate is 18.7% higher among males than females, and 13.24% higher in the Black/African American population than the overall death rate. The all cancer incidence rate in Guilford County in 2017 was 481.0 cases per 100,000 population, which was higher than the NC value of 468.4 and the US value of 448.7. All cancer incidence, similar to age-adjusted death rate, is more common among males. Incidence has gradually declined since 2004, and there seems to be parity among the Black/African American population and White population, with other race/ethnicities having less incidence of cancer.

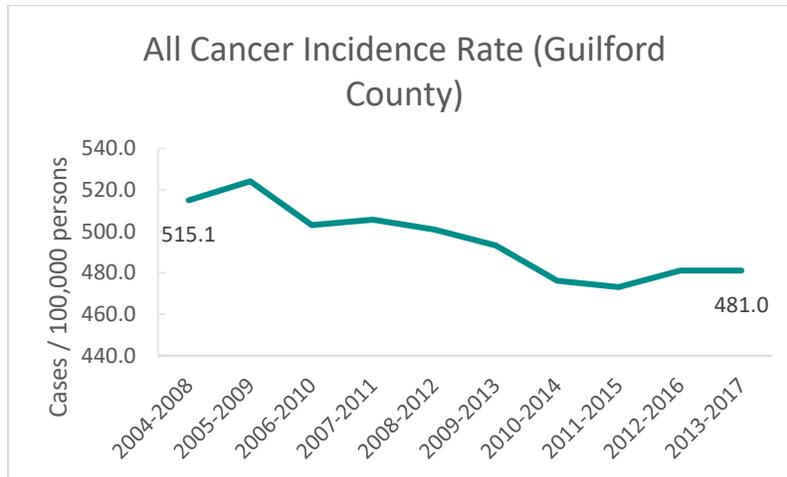


Figure 17. All Cancer Incidence Rate in Guilford County. There has been steady decline in the incidence of cancers, despite Guilford County falling behind NC and US values (National Cancer Institute, 2017).

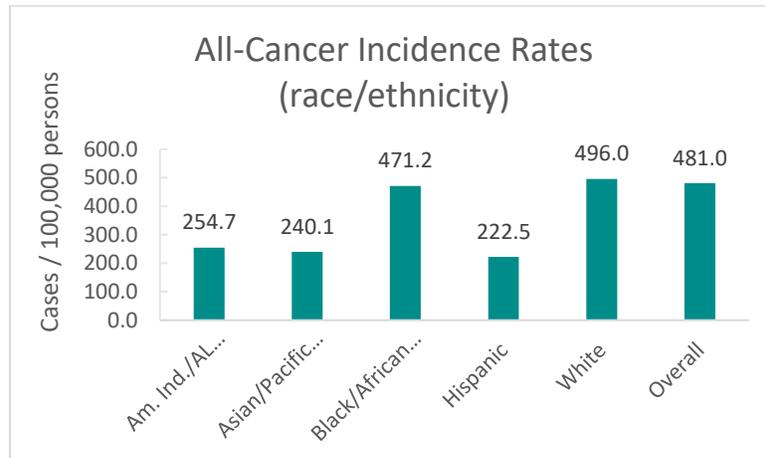


Figure 18. All Cancer Incidence Rates by Race/Ethnicity (National Cancer Institute, 2017).

Cancer among the Medicare population is significant in Guilford County, with 9.1% of the total Medicare population in 2018 having some form of cancer. This ranks Guilford County in the worst 25% of all NC and US counties. It falls above the NC value of 8.3% and the US value of 8.4%, and is trending upward.

Breast cancer, specifically, is of great concern in Guilford County. With a breast cancer incidence rate of 151.3 cases per 100,000 females, Guilford County incidence is much higher than the NC and US values of 134.0 and 125.9, respectively. Indeed, Guilford County is in the worst 25% of NC counties and US counties. Breast cancer incidence rates in Guilford County continue to trend upwards.

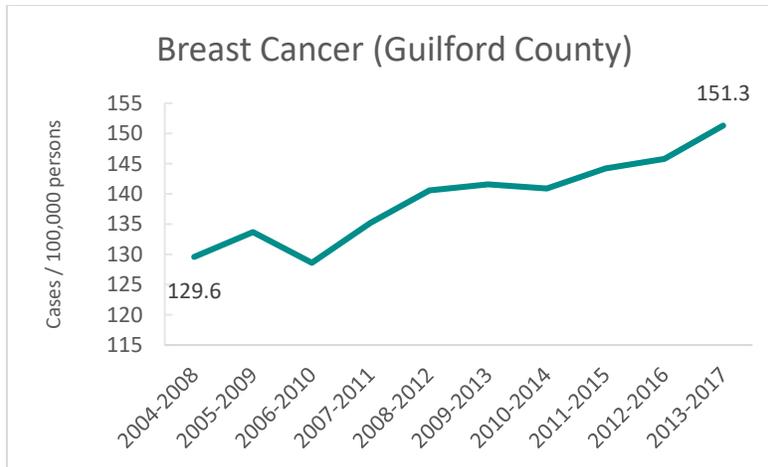


Figure 19. Breast Cancer Incidence Rates in Guilford County. Breast cancer continues to be an area of great concern (National Cancer Institute, 2017).

Mammography screening is a concern from a health care access perspective. Among women ages 50 – 74, 77.4% of women in Guilford County had a mammogram in the past two years according to 2018 data from the CDC. While this value is higher than the US value of 74.8%, it falls short of the HP 2020 target of 81.1%. In the Medicare population, 65.0% of women aged 67-69 in 2015 had received a mammogram in the last two years. This value is in the second worst quartile of NC counties, and falls well below the NC value of 68.1%. From 2011 to 2015, when this data was last reported by The Dartmouth Atlas of Health Care, there had been a downward trend in mammograms in this age population.

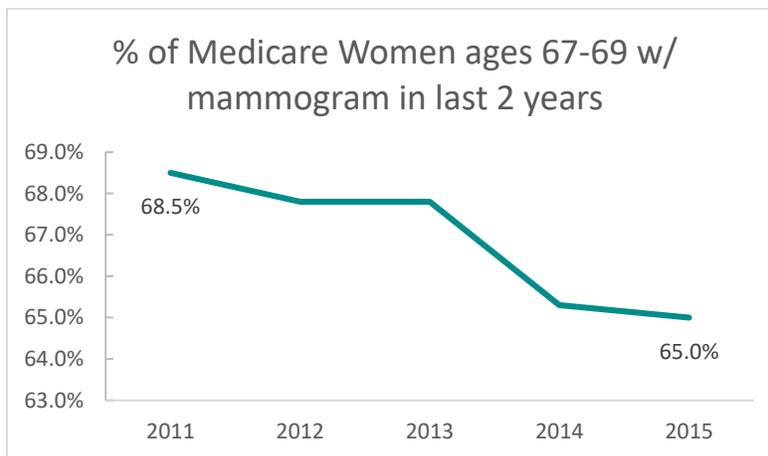


Figure 20. Mammography in Medicare Women ages 67-69 (The Dartmouth Atlas of Healthcare, 2015).

Kidney Disease

Also of great concern is the incidence of chronic kidney disease among the Medicare population. 28.1% of Guilford County’s Medicare population have been treated for chronic kidney disease, which compares poorly to the NC value of 25.1% and US value of 24.5%. Perhaps more alarming is the upward trend chronic kidney disease has taken among the Guilford County Medicare population.

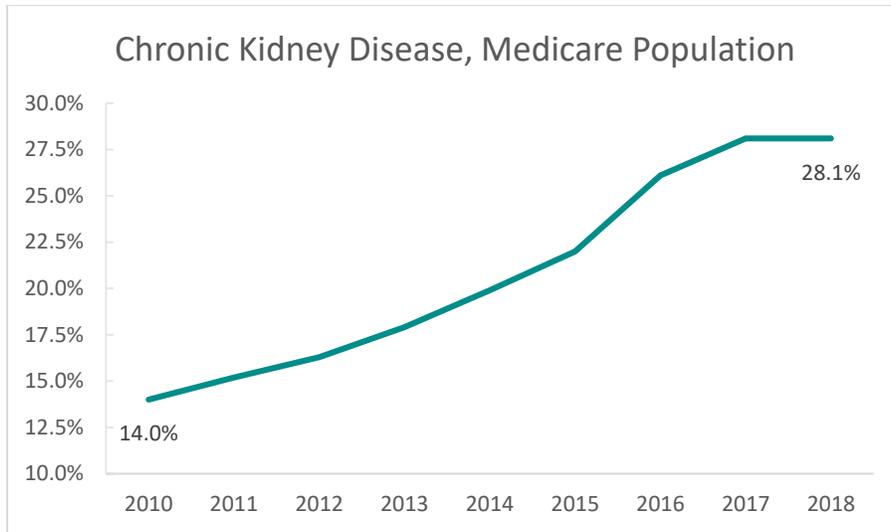


Figure 21. Chronic Kidney Disease among the Medicare population continues to trend upwards from 2010, according to CMS (CMS, 2018).

Respiratory Disease

Respiratory diseases, including COPD and asthma, tend to be more prevalent in Guilford County as well. 7.2% of adults in Guilford County in 2018 had been told at some point by a doctor that they had COPD, emphysema, or chronic bronchitis. That value compares to 6.9% of the US population. In the 27260 zip code, 11.0% of the population reported one of these diagnoses.

Among the Medicare population, 10.1% had COPD, emphysema, or chronic bronchitis in 2018. While this value falls below the NC and US values within the Medicare population of 12.0% and 11.5%, respectively, it is trending upward.

Within the Medicare population, asthma is also an issue in Guilford County. 5.3% of the Medicare population had been treated for asthma in 2018, according to CMS. This value has been trending upward slightly since 2010, when 4.3% of the Guilford County Medicare population had been diagnosed with asthma. In 2018, at the time the most recent data was collected, the 4.8% of the NC Medicare population was diagnosed with asthma, and 5.0% of the US Medicare population was diagnosed with asthma. Of all adults, beyond the Medicare population, 9.7% in Guilford County had asthma, compared to 9.2% of the US population.

Diabetes

In Guilford County, 10.1% of adults over 20 years of age have at some point been diagnosed with diabetes. This 2017 value represents a relatively stable trend over time, although it is higher than the NC value of 8.6%. Data stratifying diabetes diagnosis in Guilford County by race/ethnicity is not available from the CDC, however there appears to be no significant difference between men and women related to diabetic status.

While the percentage of persons over 20 with diabetes in Guilford County has remained steady, and Guilford County sits just below the mark for the top 50% of counties nationwide, the age-adjusted death rate due to diabetes is high. 24.0 deaths per 100,000 population is higher than the NC and US values of

23.8 and 21.3, respectively. Guilford County’s death rate due to diabetes has increased steadily and somewhat dramatically:

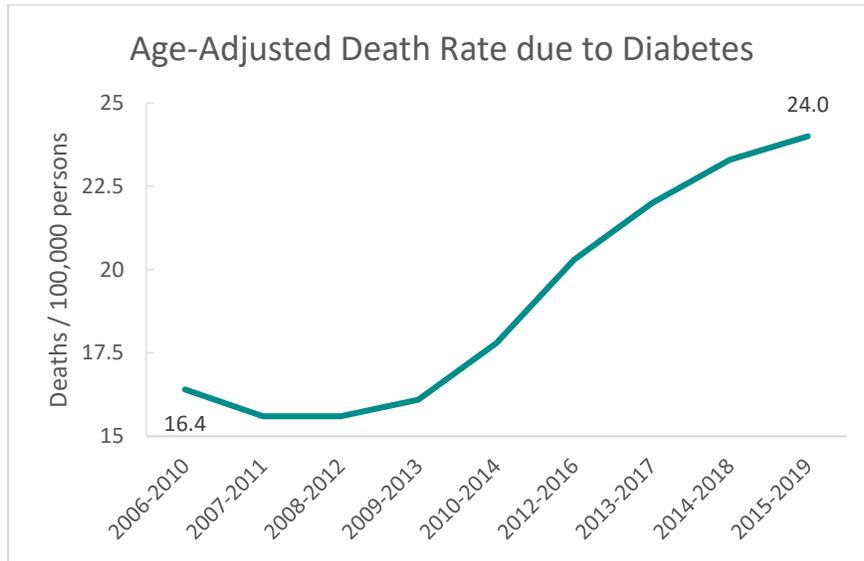


Figure 22. The Age-Adjusted Death Rate due to Diabetes in Guilford County has continued to rise, according to the North Carolina State Center for Health Statistics, Vital Statistics (2019).

While diabetes prevention is important, this data suggests that diabetes prevention and management should be a priority in Guilford County.

Within the Medicare population, 26.1% of people were treated for diabetes in 2018. This value is in the top 50% of NC and US counties, and falls below the NC and US values of 28.5% and 27.0%, respectively. Additionally, data from 2015 suggests that diabetic monitoring in the Medicare population is high. In 2015, 89.5% of Medicare-insured diabetic patients had had their blood sugar (HbA1c) tested in the past year.

Heart Disease

Heart disease and its related factors in Guilford County toe an interesting line across Medicare status—in general, heart disease is more prevalent within the Medicare population.

The CDC reports that in 2018, 6.9% of adults in Guilford County had been told by a health care provider they had coronary heart disease. This value is in the best 50% of NC and US values; however, it does rise above the US value of 6.8%. There is stratification within Guilford County. Two of the main zip codes of concern in urban High Point (27260 and 27262) reported values of 9.2% and 7.8%, respectively—among the worst of Guilford County.

The age-adjusted death rate due to heart attack in Guilford County was 48.4 deaths per 100,000 population. This is an encouraging value, as it represents a consistent downward trend from 2012, when the value was 64.2 deaths per 100,000. The outlook is not as positive when it comes to heart disease within the Medicare population.

In 2018, 14.9% of the Medicare population were treated for heart failure. This percentage represents a strong and steady increase since 2013, when the value was 12.3%. The 2018 value of 14.9% is above the NC and US values of 13.3% and 14.0%, respectively.

Interestingly, ischemic heart disease among the Medicare population is declining. In 2018, 23.1% of Medicare beneficiaries were treated for ischemic heart disease—below the NC and US values of 24.5% and 26.8%, respectively.

The CDC reports that in Guilford County, 80.5% of the population had their cholesterol checked in the last five years. This value is in the best 50% of NC and US counties, but falls below the US value of 81.5%. It also misses the mark of HP 2020, at 82.1%. In the Medicare population, hyperlipidemia (high amounts of fat in the blood) was reported by CMS in 2018 to be present among 45.8% of Medicare patients. This falls below the NC and US values of 48.8% and 47.7%, respectively.

Stroke

In 2018, the CDC reported that 3.7% of adults had been told by a healthcare provider they had a stroke. While this value is in the best 50% of NC and US counties, it is above the US value of 3.4%. In addition, within the Atrium Health Wake Forest Baptist service areas of Guilford, Forsyth, Davie, Davidson and Wilkes Counties, High Point's 27260 zip code has the highest percentage of adults who have experienced a stroke (6.0%).

In the Medicare population in 2018, 3.9% of people have been told by a healthcare provider they have had a stroke. This value is higher than the NC and US values of 3.7% and 3.8%, and represents a somewhat irregular trend upward from 2010, when the value was 3.6%.

Of note, as well, are the relatively high amounts of hypertension in Guilford County. In 2017, 34.3% of adults had been told they had high blood pressure (at or above 140/90 mm Hg), compared to the US value of 32.4%, the HP 2020 goal of 26.9%, and the HP 2030 goal of 27.7%. Hypertension in the Medicare population, at 57.7%, is higher than the US value of 57.2%, and has trended upward since its most recent low value of 56.1% in 2014.

77.1% of adults over 18 with high blood pressure report taking medications for this condition. High blood pressure is the top modifiable risk factor for stroke. This value is lower than ideal, and is in the worst 25% of counties in NC. It is above the US value of 75.8%.

COVID-19 Response Efforts

Efforts spanning 18 plus months throughout 2020 and 2021 included scenario planning, supply chain, and personal protective equipment (PPE) management and distribution, tremendous shifts in clinical work (e.g. access to elective surgeries/procedures, virtual care, hospitalist at home), vaccine planning and administration both for employees and our community, among other strategies. High Point Medical Center operated under our emergency management plan for most of this time period. We admitted over 1,200 patients with greater than 2,000 patients who tested positive.

In efforts to protect our staff and patients we took measures including limiting our entrances to two which have been staffed with screeners. These screeners check in visitors and screen for COVID-19. We have gone through multiple iterations of our visitor policy that continues to evolve today. We initially cancelled elective procedures and then developed a COVID-19 safe route to care for patients who needed elective procedures which includes COVID-19 testing prior to procedure.

We provided thousands of vaccines to employees and the community, making efforts to support local clinics and medical centers to ensure that their frontline staff were able to get the vaccine as soon as possible. We also focused on taking care of our team. COVID-19 has greatly impacted our community, our families and our employees. We have felt an outpouring of support from the community and for that we are grateful.

Community Needs that were not prioritized

While we acknowledge the importance of all community health needs in the Guilford County community, the hospital's resources and assets were best aligned to focus on the prioritized health needs addressed above. Community needs that were identified but not prioritized for the 2022 – 2024 CHNA are as follows: age-adjusted death rate due to homicide, sexually transmitted diseases and single parent households.

Atrium Health Wake Forest Baptist Medical Center leaders will continue to partner with community and non-profit organizations, including public health, other governmental agencies, and the broader community to help address these health needs. A comprehensive list of available resources to meet these needs are listed in Appendix 2.

Evaluation of Progress since Prior CHNA

Tracking progress on priority health needs identified in the last CHNA is an ongoing process that is documented annually. Ongoing review and evaluation of actions helps to inform the organization on the best use of resources for the next CHNA cycle.

A detailed table of the strategies and results for each priority health topic can be found in Appendix 3. Many of our intended strategies were derailed or altered due to the COVID-19 pandemic. We prioritized keeping our employees, patients and community safe and once available, supported vaccine clinics for our community with the goal of returning to our pre-pandemic services.

Sharing the CHNA and communicating priorities to stakeholders

It is vital that the broader community, including community-based organizations, the faith community, grassroots leaders, and members of resident-led initiatives, understand that the assessment can be a powerful tool when utilized effectively. This information will be shared with community members through multiple methods, including through the [Community Impact Website](#). To further expand our reach, when appropriate, we will partner with community organizations to disseminate the full report. Internal stakeholders with significant community partnership (e.g. High Point Regional Foundation, Philanthropy, and others) will also be invited to participate in learning opportunities. Internal communications and the Intranet will also serve as a platform to educate internal team members about the availability of the report and key findings. Several team members are also affiliated with community organizations through involvement on boards, committees, and other service positions. As such, it is expected that these individuals will continue efforts to publicize the CHNA and serve as an educational resource as opportunities arise to do so.

Appendices

Appendix 1: Healthy Communities Institute Data Scoring Tool, Health Needs and Disparities for Guilford County

**Healthy Communities Institute
Data Scoring Tool**



County: Guilford
Wake Forest Baptist Health
Total Indicators: 183
Tuesday 5th of October 2021 08:46:48AM



Indicator	County Distribution		Value		Target		Trend	Score	Precision	Age	Gender	Disparities	Race/Ethnicity
	State	US	State	US	HP2030	Local							
Breast Cancer Incidence Rate	3	3	3	3			3	3.00	High				
Age-Adjusted Death Rate due to Prostate Cancer	3	2	3	3			3	2.82	High			Black/African American	
Cancer: Medicare Population	3	3	2	2			3	2.65	High				
Age-Adjusted Death Rate due to Homicide	3	1.5	3	3			3	2.56	High				
Food Insecure Children Likely Ineligible for Assistance	3	3	3	3			1.5	2.56	High				
Chronic Kidney Disease: Medicare Population	2	3	3	3			2	2.53	High				
Osteoporosis: Medicare Population	3	3	3	2			2	2.53	High				
Chlamydia Incidence Rate	3	1.5	3	1.5			3	2.47	Medium				
Gonorrhea Incidence Rate	3	1.5	3	1.5			3	2.47	Medium				
Heart Failure: Medicare Population	2	2	3	2			3	2.47	High				
Single-Parent Households	3	3	3	3			1	2.41	High				
Age-Adjusted Death Rate due to Influenza and Pneumonia	2	1.5	3	3			2	2.26	High				
Infant Mortality Rate	2	1.5	3	3			2	2.26	High				
Asthma: Medicare Population	3	3	3	2			1	2.24	High				
Age-Adjusted Death Rate due to Diabetes	1	1.5	2	3			3	2.21	High				
Age-Adjusted Death Rate due to Kidney Disease	2	2	3	3			1.5	2.21	High			Black/African American	
8th Grade Students Proficient in Math	3	1.5	3	1.5			2	2.18	Medium				
Fast Food Restaurant Density	3	3	1.5	1.5			2	2.18	Medium				
Homeownership	2	3	2	2			2	2.18	High				
Unemployed Workers in Civilian Labor Force	3	2	3	1			2	2.18	High				
Violent Crime Rate	3	1.5	1.5	3			2	2.18	Medium				
Adults 20+ who are Obese	2	2	1.5	1.5			3	2.12	Medium				
Death Rate due to Drug Poisoning	1	2	2	2			3	2.12	High				
Premature Death	1	1	2	3			3	2.12	High			Black/African American	
Prostate Cancer Incidence Rate	3	3	3	3			0	2.12	High			Black/African American	
Age-Adjusted Death Rate due to Alzheimer's Disease	2	1.5	2	3			2	2.09	High				
Babies with Low Birth Weight	2	1.5	2	3			2	2.09	High				
Alcohol-Impaired Driving Deaths	2	2	3	3			1	2.06	High				
Families Living Below Poverty Level	2	2	3	3			1	2.06	High				
Total Employment Change	2	2	3	3			1	2.06	High				
Depression: Medicare Population	2	2	2	3			1.5	2.03	High				
Median Monthly Owner Costs for Households without a Mortgage	3	1.5	2	0			3	2.03	High				
All Cancer Incidence Rate	2	2	2	2			2	2.00	High		Male		
Alzheimer's Disease or Dementia: Medicare Population	2	2	2	2			2	2.00	High				
Overcrowded Households	2	1.5	3	1.5			2	2.00	Medium				
People 65+ Living Below Poverty Level	2	2	2	2			2	2.00	High			Black/African American, Hispanic/Latino, Other	
Students Eligible for the Free Lunch Program	2	3	1.5	1.5			2	2.00	Medium				
Age-Adjusted Death Rate due to HIV	2	1.5	3	3			1	1.97	High				
Babies with Very Low Birth Weight	2	1.5	3	3			1	1.97	High				
Projected Child Food Insecurity Rate	2	2	3	1.5			1.5	1.94	Medium				
Recognized Carcinogens Released into Air	1.5	1.5	1.5	1.5			3	1.94	Low				
HIV Diagnosis Rate	3	1.5	3	1.5			1	1.88	Medium				
HIV Incidence Rate	3	1.5	3	1.5			1	1.88	Medium				
Workers who Walk to Work	1	2	3	3			1	1.88	High			Asian	
Child Food Insecurity Rate	1	2	2	3			1.5	1.85	High				
Farmers Market Density	3	2	1.5	1.5			1.5	1.85	Medium				
Insufficient Sleep	2	2	2	2			1.5	1.85	High				
Low-Income and Low Access to a Grocery Store	3	2	1.5	1.5			1.5	1.85	Medium				
Median Household Gross Rent	3	1.5	1	0			3	1.85	High				
Student-to-Teacher Ratio	3	2	1.5	1.5			1.5	1.85	Medium				
4th Grade Students Proficient in Reading	2	1.5	2	1.5			2	1.82	Medium				
Adults who Have Taken Medications for High Blood Pressure	3	2	1.5	1			1.5	1.76	Medium				
Adults without Health Insurance	1	2	1.5	3			1.5	1.76	Medium				

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	State	US	State	US	HP2030	Local					Gender	Race/Ethnicity
Oral Cavity and Pharynx Cancer Incidence Rate	1	1	1	2			3	1.76	High			
Persons with an Internet Subscription	2	1.5	2	2			1.5	1.76	Medium	65+		Black/African American, Hispanic/Latino, Other
Linguistic Isolation	3	3	2	0			1	1.71	High			
Persons with Disability Living in Poverty (5-year)	2	2	2	2			1	1.71	High			
Stroke: Medicare Population	2	2	2	2			1	1.71	High			
Age-Adjusted Death Rate due to Unintentional Injuries	1	1.5	2	0			3	1.68	High			
Children with Low Access to a Grocery Store	2	2	1.5	1.5			1.5	1.68	Medium			
Households that are Below the Federal Poverty Level	1	1.5	3	1.5			1.5	1.68	Medium			
Households with an Internet Subscription	1	2	2	2			1.5	1.68	High			
Mortgage Owners Median Monthly Household Costs	2	1.5	1	0			3	1.68	High			
People with Low Access to a Grocery Store	2	2	1.5	1.5			1.5	1.68	Medium			
Renters Spending 30% or More of Household Income on Rent	2	2	2	1			1.5	1.68	High	15-24, 65+		
Workers who Drive Alone to Work	1	2	2	2			1.5	1.68	High	55-59, 60-64		White, non-Hispanic
8th Grade Students Proficient in Reading	1	1.5	2	1.5			2	1.65	Medium			
Months of Mild Drought or Worse	1.5	1.5	1.5	1.5			2	1.65	Low			
Number of Extreme Heat Days	1.5	1.5	1.5	1.5			2	1.65	Low			
Number of Extreme Heat Events	1.5	1.5	1.5	1.5			2	1.65	Low			
Size of Labor Force	1.5	1.5	1.5	1.5			2	1.65	Low			
Preterm Births	2	1.5	2	2			1	1.62	High			
Age-Adjusted Drug and Opioid-Involved Overdose Death Rate	1	1.5	2	2			1.5	1.59	Medium		Male	White
Persons with Health Insurance	1	2	1	1.5			2	1.56	High			
AIDS Diagnosis Rate	2	1.5	2	1.5			1	1.53	Medium			
Food Environment Index	2	2	1	2			1	1.53	High			
Households without a Vehicle	2	2	3	0			1	1.53	High			
SNAP Certified Stores	2	2	1.5	1.5			1	1.53	Medium			
Voter Turnout: Presidential Election	2	1.5	2	1.5			1	1.53	Medium			
Adults with Health Insurance	1.5	1.5	1	2			1.5	1.50	Medium	26-34		Hispanic/Latino, Other
Food Insecurity Rate	0	2	1	3			1.5	1.50	High			
Households with One or More Types of Computing Devices	1	1	2	2			1.5	1.50	High			
Life Expectancy	1	1	2	2			1.5	1.50	High			Black/African American
People 65+ with Low Access to a Grocery Store	2	1	1.5	1.5			1.5	1.50	Medium			
Poor Mental Health: Average Number of Days	0	1	3	2			1.5	1.50	High			
4th Grade Students Proficient in Math	1	1.5	1	1.5			2	1.47	Medium			
Adults 20+ with Diabetes	1	1	1.5	1.5			2	1.47	Medium			
Daily Dose of UV Irradiance	1	1.5	1	1.5			2	1.47	Medium			
Liquor Store Density	2	0	3	0			2	1.47	High			
Adults 65+ with Total Tooth Loss	0	1	1.5	3			1.5	1.41	Medium			
Adults who Binge Drink	2	1	1.5	1			1.5	1.41	Medium			
Adults who Visited a Dentist	1	1	1.5	2			1.5	1.41	Medium			
Adults with Current Asthma	1	1	1.5	2			1.5	1.41	Medium			
Age-Adjusted Death Rate due to Motor Vehicle Collisions	0	1.5	0	1.5			3	1.41	Medium			
Children Living Below Poverty Level	1	2	2	3			0	1.41	High			American Indian/Alaska Native, Black/African American, Hispanic/Latino, Other, Two or More Races
Cholesterol Test History	1	1	1.5	2			1.5	1.41	Medium			
Morbidity Ranking	1	1.5	1.5	1.5			1.5	1.41	Low			
Mortality Ranking	1	1.5	1.5	1.5			1.5	1.41	Low			
People 65+ Living Alone	2	2	2	2			0	1.41	High			
People Living Below Poverty Level	1	2	2	3			0	1.41	High	12-17, 18-24, 6-11, <6		Black/African American, Hispanic/Latino, Native Hawaiian/Pacific Islander, Other, Two or More Races
Physical Environment Ranking	1	1.5	1.5	1.5			1.5	1.41	Low			
Projected Food Insecurity Rate	0	2	2	1.5			1.5	1.41	Medium			

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	State	US	State	US	HP2030	Local				Gender	Race/Ethnicity
Social and Economic Factors Ranking	1	1.5	1.5	1.5			1.5	1.41	Low		
Young Children Living Below Poverty Level	1	2	2	3			0	1.41	High		Black/African American, Hispanic/Latino, Native Hawaiian/Pacific Islander, Other
Atrial Fibrillation: Medicare Population	2	1	2	1			1	1.35	High		
Child Abuse Reports	1.5	1.5	1.5	1.5			1	1.35	Low		
Lung and Bronchus Cancer Incidence Rate	1	1	1	3			1	1.35	High	Male	
Number of Extreme Precipitation Days	1.5	1.5	1.5	1.5			1	1.35	Low		
Children with Health Insurance	1.5	1.5	1	1			1.5	1.32	Medium		
Frequent Mental Distress	0	1	2	2			1.5	1.32	High		
Frequent Physical Distress	0	1	2	2			1.5	1.32	High		
Hyperlipidemia: Medicare Population	1	2	1	1			1.5	1.32	High		
Median Housing Unit Value	1	1.5	2	3			0	1.32	High		
Self-Reported General Health Assessment: Poor or Fair	0	1	2	2			1.5	1.32	High		
Hypertension: Medicare Population	0	1	1	2			2	1.29	High		
Adults who Experienced a Stroke	0	1	1.5	2			1.5	1.24	Medium		
Adults who have had a Routine Checkup	2	0	1.5	1			1.5	1.24	Medium		
Age-Adjusted Death Rate due to Cerebrovascular Disease(Stroke)	1	1.5	2	0			1.5	1.24	High		
Clinical Care Ranking	0	1.5	1.5	1.5			1.5	1.24	Low		
Health Behaviors Ranking	0	1.5	1.5	1.5			1.5	1.24	Low		
High Blood Pressure Prevalence	0	1	1.5	2			1.5	1.24	Medium		
People Living 200% Above Poverty Level	1	2	2	2			0	1.24	High		
Poor Mental Health: 14+ Days	0	1	1.5	2			1.5	1.24	Medium		
Severe Housing Problems	2	3	2	0			0	1.24	High		
Teen Pregnancy Rate	1	1.5	3	1.5			0	1.24	Medium		
Age-Adjusted Death Rate due to Breast Cancer	1	1	1	2			1	1.18	High		
Social Associations	2	1	2	0			1	1.18	High		
Adults who Drink Excessively	1	1	1	1			1.5	1.15	High		
Adults who Smoke	0	0	2	2			1.5	1.15	High		
Age-Adjusted Death Rate due to Heart Disease	2	1.5	3	0			0	1.15	High		
Age-Adjusted Death Rate due to Suicide	0	1.5	0	0			3	1.15	High		
COVID-19 Daily Average Incidence Rate	1	2	1	0			1.5	1.15	High		
Grocery Store Density	0	1	1.5	1.5			1.5	1.15	Medium		
High School Graduation	0	1.5	1	1.5			1.5	1.15	Medium		
Households that are Above the Asset Limited, Income Constrained, Empl	0	1.5	1	1.5			1.5	1.15	Medium		
Households that are Asset Limited, Income Constrained, Employed (ALIC)	0	1.5	1	1.5			1.5	1.15	Medium		
Households with No Car and Low Access to a Grocery Store	0	1	1.5	1.5			1.5	1.15	Medium		
Mortgaged Owners Spending 30% or More of Household Income on Hou	1.5	2	2	1			0	1.15	High		
Poor Physical Health: Average Number of Days	0	0	2	2			1.5	1.15	High		
WIC Certified Stores	1	0	1.5	1.5			1.5	1.15	Medium		
Population 16+ in Civilian Labor Force	0	1	1	1			2	1.12	High		
Rheumatoid Arthritis or Osteoarthritis: Medicare Population	0	1	1	1			2	1.12	High		
Workers Commuting by Public Transportation	0	0	0	3			2	1.12	High	45-54, 55-59, 60-64	White, non-Hispanic
Adults who Experienced Coronary Heart Disease	0	0	1.5	2			1.5	1.06	Medium		
Adults with Arthritis	0	0	1.5	2			1.5	1.06	Medium		
Adults with COPD	0	0	1.5	2			1.5	1.06	Medium		
Colon Cancer Screening	1	0	1.5	1			1.5	1.06	Medium		
High Cholesterol Prevalence: Adults 18+	0	0	1.5	2			1.5	1.06	Medium		
Mean Travel Time to Work	0	1	0	0			3	1.06	High	Male	
Median Household Income	0	1	2	3			0	1.06	High		American Indian/Alaska Native, Black/African American, Hispanic/Latino, Other, Two or More Races
Primary Care Provider Rate	0	0	1	1.5			2	1.03	High		
Age-Adjusted Death Rate due to Lung Cancer	0	1	1	2			1	1.00	High	Male	

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	State	US	State	US	HP2030	Local				Trend	Gender
Bladder Cancer Incidence Rate	1	1	1	1			1	1.00	High		
Diabetes: Medicare Population	0	1	1	1			1.5	0.97	High	Male	
Recreation and Fitness Facilities	0	0	1.5	1.5			1.5	0.97	Medium		
Age-Adjusted Death Rate due to Colorectal Cancer	0	0	1	1			2	0.94	High		
Ischemic Heart Disease: Medicare Population	0	1	1	0			2	0.94	High		
Adults with Cancer	0	0	1.5	1			1.5	0.88	Medium		
Adults with Kidney Disease	0	0	1.5	1			1.5	0.88	Medium		
Age-Adjusted Death Rate due to Cancer	1	1	1	2			0	0.88	High	Male	Black/African American
Age-Adjusted Death Rate due to Heart Attack	1	1.5	1	1.5			0	0.88	Medium		
Cervical Cancer Screening: 21-65	0	0	1.5	1			1.5	0.88	Medium		
Mammogram in Past 2 Years: 50-74	0	0	1.5	1			1.5	0.88	Medium		
Per Capita Income	0	1	2	2			0	0.88	High		American Indian/Alaska Native, Black/African American, Hispanic/Latino, Native Hawaiian/Pacific Islander, Other, Two or More Races
Poor Physical Health: 14+ Days	0	0	1.5	1			1.5	0.88	Medium		
Adults 20+ who are Sedentary	0	0	1.5	1.5			1	0.82	Medium		
Households with Cash Public Assistance Income	1	1	1	0			1	0.82	High		
Houses Built Prior to 1950	1	0	2	0			1	0.82	High		
People 25+ with a High School Degree or Higher	0	1	1	1			1	0.82	High	65+	Asian, Black/African American, Native Hawaiian/Pacific Islander
COVID-19 Daily Average Case-Fatality Rate	1	1	0	0			1.5	0.79	High		
Dentist Rate	0	1	2	1.5			0	0.79	High		
Persons Fully Vaccinated Against COVID-19	0	1.5	1.5	1.5			0	0.79	Medium		
Solo Drivers with a Long Commute	0	1	0	0			2	0.76	High		
Adults 65+ who Received Recommended Preventive Services: Females	0	0	1.5	0			1.5	0.71	Medium		
Adults 65+ who Received Recommended Preventive Services: Males	0	0	1.5	0			1.5	0.71	Medium		
Colorectal Cancer Incidence Rate	0	0	1	1			1	0.65	High		
Access to Exercise Opportunities	0	0	0	1			1.5	0.62	High		
Non-Physician Primary Care Provider Rate	0	0	2	1.5			0	0.62	High		
Cervical Cancer Incidence Rate	1.5	0	0	0			1	0.56	High		
Female Population 16+ in Civilian Labor Force	0	1	1	1			0	0.53	High		
Mental Health Provider Rate	0	0	0	1.5			0	0.26	High		
COPD: Medicare Population	0	1	0	0			0	0.18	High		
People 25+ with a Bachelor's Degree or Higher	0	0	0	0			0	0.00	High	65+	American Indian/Alaska Native, Black/African American, Other, Two or More Races

Appendix 2: Community Resource Bank

Community Resources

Alcohol and Drug Services

Alcohol and Drug Services (ADS) is a non-profit organization that works to reduce the impact of substance abuse through education and prevention. ADS is dedicated to helping children thrive, empowering families, supporting schools, and building communities. ADS serves 10 counties in North Carolina including Guilford County.

www.adsyes.org

Alcoholics' Home, Inc. (House of Prayer)

House of Prayer Inc. is a residential treatment center for adult males struggling with alcoholism. This faith-based center not only provides a spiritual treatment community, but they also have a partnership with a local thrift store that is open to the public. A fee of \$1,000 is required for residents with an income and \$500 for residents without an income in order to participate in the program. All potential participants will have to undergo an interview process and must have a valid Social Security number and photo ID.

<http://houseofprayernc.org/>

American Red Cross - Piedmont Triad Center

The Piedmont Triad Chapter of the American Red Cross serves a population of more than 1.6 million people in the Triad area which includes Alamance, Caswell, Davidson, Davie, Forsyth, Guilford, Randolph, Rockingham, Stokes, Surry and Yadkin Counties. The American Red Cross provides blood donation services, services to members of the armed forces, health and safety services, CPR & First Aid classes, disaster relief services, and volunteer services.

www.redcross.org

Arc of High Point

The Arc of High Point is committed to providing opportunities for individuals with intellectual and developmental disabilities to choose and realize their personal goals through advocacy and services. The Arc offers access to dental care and a variety of recreation programs such as the creative arts painting class, stitching, the Wild & Free program, Heart & Soul choir practice, and the Aktion club.

www.arcofhp.org

<https://www.wakehealth.edu/Patient-and-Family-Resources/Support-Counseling-and-Continuing-Care/Support-Groups>

BackPack Beginnings

Backpack Beginnings delivers child-centric services to feed, comfort, and clothe children in need. This includes programs like food backpacks, comfort backpacks, food pantries, and clothing pantries which provides children with the extra resources they need.

www.backpackbeginnings.org

Barnabas Network

Guilford County's only furniture bank! They collect gently-used, donated household goods and furnishings for individuals transitioning from homelessness, fleeing abuse, recovering from flood or fire, or resettling as refugees.

<https://www.thebarnabasnetwork.org/>

Benevolent and Protective Order of Elks, Lodge No. 1155

A fraternal organization that is dedicated to veterans and the community. Programs include Adopt-A-Veteran, Freedom Grants, VA voluntary service, Camp Carefree, Giving back, Donate Life America, Hoop Shoot, Antlers Program, and a Drug Awareness Program.

www.hpelks.com

Big Brothers Big Sisters of the Central Piedmont

Big Brothers Big Sisters of the Central Piedmont's mission is to provide children facing adversity with strong and enduring professional supported one-on-one relationships that changes their lives for the better forever. To read more about the programs available for the children enrolled or to learn how to volunteer to be a Big Brother or Sister, visit the Big Brothers Big Sister website.

www.bbbscp.org

Boys & Girls Club of Greater High Point Inc.

The Boys & Girls Club of Greater High Point Inc. inspires and enables all young people, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible, and caring citizens. Boys & Girls Club is a youth development organization serving school aged children, from the ages of 6 - 18, at five sites with after-school and summer programs.

www.hpclubs.org

Caring Services Inc.

Caring Services Inc's goal is to provide a holistic continuum of care to individuals who are ready to make a commitment to their recovery from mood-altering substances. Services include outpatient treatment, an intensive outpatient treatment program, veterans services, and DUI services.

www.caringservices.org

Children's Home Society of North Carolina

The Children's Home Society of North Carolina is a family-focused organization that specializes in adoption and fostering services, education and prevention programs, family preservation, and advocacy.

<https://www.chsnc.org/>

Consumer Credit Counseling Service

The Consumer Credit Counseling Service helps individuals and families avoid bankruptcy or foreclosure, achieve their financial goals, and regain a sense of financial well-being. The organization offers programs such as budget/credit counseling and workshops, debt management planning, housing counseling, reverse mortgage counseling, mortgage payment assistance, and student loan counseling.

www.thedebtdoc.com

Easter Seals UCP North Carolina and Virginia

Easter Seals UCP North Carolina and Virginia provides services like Applied Behavior Analysis, Assertive Treatment, Community Support, Employment Training, Mobile Crisis, sensABLE snacks, EMPOWER after school care/summer camp, Autism services, and Therapeutic Foster Care. Their mission is to provide supported employment for individuals with intellectual and development disabilities and/or mental health or substance abuse issues. Their services are specifically targeted for individuals aged 16 and up

www.eastersealsucp.com

Esther R. Culp Women's Center

The Esther R. Culp Women's Center is designed to meet the unique health needs and concerns of women in the community. The Women's Center offers programs, classes, and support groups for parents and children. The center has an open medical space for women of all ages which includes private waiting rooms, spacious classrooms for classes and meetings, and direct access to the childbirth suite and newborn nursery.

https://www.wakehealth.edu/Locations/Clinics/e/Esther-R-Culp-Womens-Center?utm_source=local&utm_campaign=google%20my%20business&utm_medium=organic

Faith Action International House

The Faith Action International House provides services to immigrants and refugee families from over 60 diverse nations. Such services include direct help with food, housing, and healthcare needs, as well as ID card obtainment.

<https://faithaction.org/>

Family Services of the Piedmont- Family Counseling Service

Family Service of the Piedmont offers a variety of counseling services. Professional therapists counsel individuals or families dealing with substance abuse, alcoholism, anger management, depression, anxiety, family stress, physical/sexual abuse, grief counseling, and marital problems. Clients without insurance are still able to receive primary, behavioral, and psychiatric care.

<https://www.fspscares.org/mental-service-substance-abuse/>

Fibro My Way

Fibro My Way's mission is to empower and educate people about fibromyalgia. In addition to their dedication to education and advocacy, this organization provides services and events like health fairs, workshops, exercise classes, job and disability assistance and caregiver support.

www.fibromyway.com

GO FAR (Go Out For A Run)

The GO FAR mission is to empower children through an innovative running program to achieve their goals and pursue healthy lifestyles. Some services include the running fitness program, The Great Pumpkin 5k Trail Run, and a 10 week comprehensive fitness program.

www.gofarclub.org

Goodwill Industries of Central North Carolina (Triad Goodwill)

The Triad Goodwill is an excellent resource for job training and preparation. They provide a variety of in-person and virtual services to help you locate job opportunities, obtain certifications/ licensures, prepare for interviews, create and review your resume, and overcome challenges to employment. They also offer online classes and training sessions, hiring and training events, and career counseling.

<https://www.triadgoodwill.org/>

Greater High Point Food Alliance

The Greater High Point Food Alliance (GHPFA) Strives to coordinate and improve the effectiveness of entities in the greater High Point area focused on alleviating hunger by providing and funding activities to distribute both community and food resources.

www.ghpfa.org

Grief Share Support Groups

Grief share offers support groups to help navigate through the grieving process. There are three different locations in High Point:

Community Bible Church: meets Tuesdays at 6:30 - 8:30 PM; 336-423-4965

Hayworth Wesleyan Church: meets Mondays at 10:00 - 11:00 AM; 336-454-4563

Mitchell's Grove United Methodist Church: meets Tuesdays at 6:30 - 8:00 PM; 336-905-5942

https://www.griefshare.org/countries/us/states/nc/cities/high_point

Growing High Point / Growdega

Growing High Point strives to transform under-resourced neighborhoods by building a resilient and vibrant local food system in the city of High Point. They engage and empower the community through their programs with an entrepreneurial focus such as their community gardens, urban farming initiatives, apiary and beekeeping apprenticeship program, the food hub, and the Growdega mobile grocery store.

<https://growinghighpoint.org/>

Guilford Child Development Center

Guilford Child Development helps young children and families in Guilford County reach their full potential. Guilford Child Development can provide services like their Nurse-Family partnership program, Learning Together Family literary program, healthy pregnancy and parenting classes, childcare assistance, adult education and employment, and child and adult food care program.

www.GuilfordChildDev.org

Guilford Community Care Network

The Guilford Community Care Network (GCCN) assures access to affordable healthcare options and provides health education through their programs and services for low-income, uninsured adults in Guilford County. Also offers adult dental access program which provides dental services to uninsured residents in Guilford County.

<https://guilfordccn.org/>

Habitat for Humanity

Habitat for Humanity of High Point, Archdale, and Trinity brings people together to build homes, communities, and hope. In addition to coordinating volunteer opportunities, Habitat of High Point has a retail store selling donated household items and building materials on North Main Street called "ReStore".

www.habitathp.org

Helping Hands High Point Inc

Helping Hands High Point Inc. provides emergency food assistance for families in crisis. In addition to emergency food and utility assistance, Helping Hands has a food pantry and regular food drives.

www.helpinghandshp.org

High Point Housing Authority

The High Point Housing Authority works to provide housing assistance to low-income residents through programs such as Section 8 and Low Rent Public Housing.

<https://hpha.net/>

High Point Jaycees

High Point Jaycees is a young professionals organization that teaches High Point youth the values of leadership, career advancement, community involvement, professional and personal development, networking, and volunteerism.

www.highpointjaycees.org

High Point Lions Club

The High Point Lions Club works to eradicate preventable blindness. The Lions Club regularly collects donations of recycled sunglasses and invites members to get involved in their many service projects.

<https://www.highpointlions.org/>

Hope4NC Helpline

This helpline is a free service for confidential emotional support, counseling referrals and community resources. For immediate help: Call 1-855-587-3463, Text "hope" to 1-855-587-3463

<https://www.ncdhhs.gov/divisions/mental-health-developmental-disabilities-and-substance-abuse/hope4nc>

Hopscotch Adoptions, Inc.

Hopscotch Adoptions, Inc. represents their commitment to placing orphaned children from different countries with loving families in the U.S. and abroad.

<https://hopscotchadoptions.org/pages/programs.html>

HORSEPOWER Therapeutic Learning Center

HORSEPOWER Therapeutic Learning Center offers therapeutic, educational, and recreational activities using horses to promote and enhance the general well-being of individuals. HORSEPOWER Therapeutic Learning Center serves people in the Triad with physical, intellectual, and emotional disabilities. They also offer a multitude of therapeutic riding programs for able-bodied individuals, individuals with disabilities, and U.S. military veterans.

<https://www.horsepower.org/programs>

Hospice of the Piedmont

Hospice of the Piedmont offers individualized care that addresses the medical, emotional, and spiritual needs of patients and their families. Hospice of the Piedmont can provide hospice care for seniors and adults, grief counseling, and palliative care. This organization also offers "Kids Path", a care program for children and teens who are diagnosed with a life-limiting illness.

<https://www.hospiceofthepiedmont.org/programs/hospice-care/>

Humane Society of the Piedmont

The Humane Society of the Piedmont fosters an environment of compassion to enhance the lives of all animals. They seek to reduce pet-overpopulation, provide assistance to pet owners in need, reduce unnecessary euthanasia in local shelters, and educate about animals.

<https://www.hspiedmont.org/who-we-are>

Junior Achievement of the Triad

Junior Achievement of the Triad is committed to the success of young people in the community. Through mentorship programs and lessons in financial literacy, job and career readiness, and entrepreneurship, students in Kindergarten through 8th grade are empowered to overcome life's obstacles and find their unique definition of success.

<https://www.juniorachievement.org/web/ja-triad/>

Kiwani's Club of High Point

The Kiwanis Club in High Point represents a local branch of global volunteers dedicated to improving the world one child and one community at a time. The Kiwanis serve through events like their Annual Christmas Cheer fund and Pancake Day, as well as their youth programs such as the Key Club, Builders Club, Aktion Club, and Terrific Kids Club.

[https://www.kiwanishighpoint.org/\(X\(1\)S\(wkn5umqhjeaylrrb4544xldd\)\)/](https://www.kiwanishighpoint.org/(X(1)S(wkn5umqhjeaylrrb4544xldd))/)

Knights of Columbus, Bishop Hafey Council 4507 - Operation LAMB

The High Point Chapter of The Knights of Columbus is focused on principles of Charity, Fraternity, Unity and Patriotism. Its program "Operation LAMB" contributes to agencies that assist people with intellectual disabilities, makes and receives donations, and holds an annual 5K race (Knights' Run for Disabilities).

<http://www.kofc4507.com/lamb.htm>

Macedonia Family Resource Center

The mission of Macedonia Family Resource Center is: To Empower All People By Enriching Their Spiritual, Social, and Family Lives in God's Love. We do this by identifying the needs of the Macedonia Community, designing programs and implementing them to provide emergency services and educational tools to better the future of the people in need.

<https://www.macedoniacenter.org>

March of Dimes Foundation, Greater Triad Market

The March of Dimes is committed to improving the health of babies by preventing birth defects, premature birth and infant mortality through volunteering with gratitude gifts for healthcare providers, sending postcards to policy makers, providing home cloth face coverings, and sponsoring the March for Babies fundraiser walk.

www.marchofdimes.org

Mental Health Associates of the Triad

Mental Health Associates of the Triad (MHA-Triad) provides services to assure that adults with mental illnesses have accessible and appropriate mental health services and their families are supported. MHA-Triad promotes mental wellness through prevention, education, advocacy, fostering appropriate treatments, and resources for families.

<https://mha-triad.org/programs-and-services/>

NAMI Guilford Center Helpline

By calling 366-370-4264 the operator will direct you toward resources like support groups, reliable information about mental illnesses and developmental group listings and much more.

<https://namiguilford.org/crisis-info/>

National Ambucs Inc.

National Ambucs Inc. is committed to providing Amtryke adaptive tricycles to children of all ages with developmental challenges, awarding scholarships to therapists, and performing valuable community service.

<https://ambucs.org/join/>

National Multiple Sclerosis Society - Greater Carolinas

The Multiple Sclerosis Society works to improve the quality of life for people affected by Multiple Sclerosis (MS) in North and South Carolina by connecting them to the support, information and resources they need. The organization is also focused on raising funds for MS research.

<https://www.nationalmssociety.org/Chapters/NCT>

National Suicide Prevention Lifeline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

<https://suicidepreventionlifeline.org/>

NCWorks - Workforce Transition and Community Assistance

The NCWorks Workforce Transition and Community Assistance division can provide guidance during the transition from employment to unemployment or retirement, or unemployment to employment. It provides legal resources, disability resources, health insurance/health related resources, financial resources, children and family resources, government benefits eligibility resources, volunteer opportunities, and caregiver resources.

<https://www.ncworks.gov/gsipub/index.asp?docid=1470>

NCWorks - Youth Services

The NCWorks Youth Services division connects high school students and their families to information regarding volunteer opportunities, social service programs, college tuition assistance resources, and college and career exploration.

<https://www.ncworks.gov/vosnet/youth.aspx>

NCWorks -Veteran Services

The NCWorks veterans service helps U.S. military veterans, transitioning service members, and eligible spouses obtain employment by providing several resources and information. They offer education and training opportunities, career services, and information about upcoming job fairs and events.

<https://veterans.ncworks.gov/vosnet/Default.aspx#>

New Arrivals Institute

NAI provides a variety of services that includes English Language Training, cultural orientation, health literacy and more.

<https://newarrivalsinstitute.org/>

New Life Family Outreach - Joy Program

The Joy Program provides one-on-one mentoring and encouragement for expectant mothers through workbooks/Bible studies, counseling sessions, and access to maternity/baby clothing and baby supplies. Services will be provided from pregnancy up until the baby is two years old. Participants will meet with a volunteer peer counselor on a bi-weekly basis.

<https://www.newlifehighpoint.org/joy-program.html>

New Life Family Outreach - Post-Abortion Recovery

This program encourages hope and healing after an abortion. This is a small group ministry using Linda Cochrane's 10 week Bible Study, and the program also includes one-on-one appointments with a post-abortion leader for 10 weeks.

<https://www.newlifehighpoint.org/post-abortion-recovery.html>

New Life Family Outreach - Support Groups

The support groups help women who experienced the loss of baby and men and women who have survived sexual abuse find hope and healing. This is a Biblically-based program in a small group setting (limited to six people). The program lasts 8 weeks for women who experienced loss of baby and 9 weeks for sexual abuse survivors.

<https://www.newlifehighpoint.org/post-abortion-recovery.html>

Nia Community Action Center, Inc.

The Nia Community Action Center Inc. aims to increase community awareness of HIV/ AIDS/ STI prevention. This center provides free testing for HIV, syphilis, and other STIs.

<https://niacacinc.org/>

North Carolina Child Care Resource and Referral Council

The North Carolina Child Care Resource and Referral Council (CCR & RC) provides services and information for families, child care providers, and communities that facilitates their access to child care facilities and improves the quality of child care facilities.

<https://winnie.com/childcare>

One Step Further, Inc. - Adult Mediation Services

The Adult Mediation Services provides adults experiencing legal conflicts the opportunity to talk about disagreements and consider methods for resolving conflicts. Any adult who has filed charges on another party or who had charges filed on them for a mediation-appropriate offense is served through Adult Mediation Services when the District Attorney refers the case to the program. It requires a \$60 court-ordered mediation fee, a \$40 administration fee for one or two charges, and \$20 for each criminal case when there are 3+ cases.

<https://www.onestepfurther.com/adult-mediation-1>

One Step Further, Inc. - Community Offender Resource

The Community Offender Resource Program grants individuals awaiting trial and those on probation or parole participation in evidence-based programs that will impact their current situation and reduce the chances of recidivism. Services include anger management, parenting skills, behavior modification, and workplace survival/readiness courses.

<https://www.onestepfurther.com/pre-trial-release-resources-1>

One Step Further, Inc. - Community Service-Restitution

The Community Service Restitution Program works with juveniles ages 6-17 who are required to complete court-mandated community service. Participants must be referred by the Juvenile Court system and Teen Court.

<https://www.onestepfurther.com/community-service-restitution-progr>

One Step Further, Inc. - Community Support and Nutrition

The Community Support and Nutrition Program is a multi-component health impact program designed for low-income individuals and families. The program includes nutrition education programming, monthly health screenings, grocery assistance, and grocery delivery.

<https://www.onestepfurther.com/community-support-nutrition>

One Step Further, Inc. - Family Factor

The Family Factor program strengthens the familial bonds between LGBTQ+ youth and their caregivers to help bridge the gap between non-acceptance and acceptance. Young people (ages 12-24) and their caregivers will participate in a 10-week long course designed to expand their knowledge of the LGBTQ+ community and the issues they are facing.

<https://www.onestepfurther.com/family-factor-program>

One Step Further, Inc. - Guilford County Teen Court

The Guilford County Teen Court helps youth offenders ages 6-17 whose behavior consists of a misdemeanor violation of the law for Class I, II or III , and who are actively enrolled in an educational program. Through their participation in the program, they will develop an understanding of consequences for negative actions and learn about self and community accountability. Referral to participate in the program provides youth offenders with the opportunity to have their charge dismissed and not acquire a juvenile criminal record.

<https://www.onestepfurther.com/teen-court>

One Step Further, Inc. - Junior/Senior Life Skills

The Life Skills Program is intended for at-risk youth that are experiencing behavioral difficulties at school or in the community. The 20-hour long program offers classes in a variety of topics that are all aimed at empowering children to make healthier choices in their everyday lives. Children 9-13 years old will be placed in the Junior Life Skills Program and children 14-17 years old will be placed in the Senior Life Skills Program.

<https://www.onestepfurther.com/life-skills-1>

One Step Further, Inc. - Juvenile Mediation

The Juvenile Mediation Program is a restorative justice program that helps youth offenders ages 6-17 learn victim empathy skills, develop moral reasoning, and practice conflict resolution skills through personal interactions. Participants must be referred by Juvenile Court Counselors, School Resource Officers, Guidance Counselors, School Social Workers, Department of Social Services, Guardian Ad Litem Office and Attorneys.

<https://www.onestepfurther.com/juvenile-mediation-1>

Open Door Ministries of High Point, Inc. - Arthur Cassell Transitional Housing

This program provides a residential facility for homeless veteran community members and also provides assistance with employment, disability income, mental and physical health, and substance abuse treatment.

<https://opendoorministrieshp.org/program/arthur-cassell-transitional-housing/>

Open Door Ministries of High Point, Inc. - Education and Job Readiness

In a partnership with GTCC, this program is designed to help low-income and homeless individuals develop skills to attain employment through resume assistance, interview coaching, and money management. Aid is also provided to help obtain permanent housing.

<https://opendoorministrieshp.org/program/education-and-job-readiness-program/>

Open Door Ministries of High Point, Inc. - Emergency Assistance

This program provides assistance to families in need to help cover the cost of utilities and rent and a fresh supply of food, which can be obtained on a walk-in basis or on Mondays, Wednesdays, Thursdays, and Fridays from 11:00 am -2:00 pm.

<https://opendoorministrieshp.org/program/emergency-assistance/>

Open Door Ministries of High Point, Inc. - Father's Table

The Father's Table program serves three meals a day to individuals experiencing homelessness in High Point. Meals are donated, prepared and served by local churches, organizations, and volunteers.

<https://opendoorministrieshp.org/program/fathers-table/>

Open Door Ministries of High Point, Inc. - Men's Shelter

The Men's Shelter provides safe place for homeless adult males to stay temporarily. The facility has a total of 68 beds and provides assistance with finding permanent housing.

<https://opendoorministrieshp.org/program/mens-shelter/>

Open Door Ministries of High Point, Inc. - Permanent Supportive Housing

This program helps to provide housing for individuals with physical and/or mental disabilities.

<https://opendoorministrieshp.org/program/permanent-supportive-housing/>

Open Door Ministries of High Point, Inc. - Rapid Rehousing

The Rapid Rehousing program provides financial and supportive services for homeless individuals and families who have experienced a destabilizing crisis and need help with housing, rental finances and finding employment opportunities.

<https://opendoorministrieshp.org/program/rapid-rehousing/>

Operation Xcel - Operation 3 Steps Ahead Summer

The goal of Operation 3 Steps is to engage Ferndale Middle school students in the subject areas of reading, writing, math, and science. This program runs for 6 weeks and arts and crafts and movie nights are extracurriculars included in the program.

<https://operationxcel.org/operation-summer/>

Operation Xcel - Operation Homework Afterschool

This is an academic enrichment program for 6th-8th grade students at Ferndale Middle School that provides assistance with homework completion, test preparation, social skill building, and effective study strategies. Transportation is provided for students.

<https://operationxcel.org/operation-homework/>

Operation Xcel - Virtual Learning

Operation Xcel offers virtual learning services for students in Kindergarten to 3rd grade via Zoom. Programming includes extraordinary excursions, youth fitness with Austin, and Dancing Dreamers with Royal Expressions Contemporary Ballet.

<https://operationxcel.org/virtual-learning/>

Partners Ending Homelessness

Partners Ending Homelessness (PEH) is a non-profit that aims to foster a collaborative network of community partners across Guilford County with the goal of ending individual and family homelessness. PEH works to connect local, state, and federal partners, support a system of care through data collection and reporting, training, and performance improvement, and advocate for solutions to end homelessness.

<https://pehgc.org/>

Piedmont Health Services and Sickle Cell Agency - Clinic

This clinic offers free health screenings at the Greensboro and High Point locations to anyone who makes an appointment. Programming includes screenings for sickle cell, high blood pressure, diabetes, HIV, Syphilis, Gonorrhea, Chlamydia and Hepatitis C.

<https://www.piedmonthealthservices.org/clinic>

Piedmont Health Services and Sickle Cell Agency - SCOPE Program

The SCOPE Program provides comprehensive community outreach to individuals at risk for acquiring HIV/AIDS, Syphilis, Hepatitis C and other STIs. The program serves citizens in the Piedmont region, Charlotte/Mecklenburg area and parts of Eastern North Carolina, including the following counties: Alamance, Carteret, Caswell, Craven, Cumberland, Forsyth, Greene, Guilford, Harnett, Hoke, Jones, Lenoir, Onslow, Mecklenburg, Pamlico, Randolph, Robeson, Rockingham and Wayne. Programming includes health education/risk reduction workshops, testing, pre- and post-test counseling, harm reduction plans, and referrals for treatment.

<https://www.piedmonthealthservices.org/hiv-aids>

Piedmont Health Services and Sickle Cell Agency - Sickle Cell Services

The Sickle Cell Services program serves North Carolina residents diagnosed with Sickle Cell disease. This program serves North Carolina community members in the Piedmont region, Charlotte/Mecklenburg area and parts of Eastern North Carolina, including the following counties: Alamance, Carteret, Caswell, Craven, Cumberland, Forsyth, Greene, Guilford, Harnett, Hoke, Jones, Lenoir, Onslow, Mecklenburg, Pamlico, Randolph, Robeson, Rockingham and Wayne. Services include newborn screening, genetic counseling, case management, and a Summer Enrichment Camp for ages 6-15.

<https://www.piedmonthealthservices.org/sickle-cell-services>

Piedmont Health Services and Sickle Cell Agency - Triad Baby Love Plus

Triad Baby Love Plus is a free program designed to promote healthy pregnancies, positive birth outcomes and resources needed to give babies the best start in life. Services are provided to Medicaid eligible women of childbearing age (15-44 years), women with a child less than 18 months of age, and fathers/male partners in Guilford and Forsyth Counties. Programming includes healthcare information, housing services, parenting classes, WIC services, medical benefit assistance, employment assistance, social support, transportation, mental and behavioral health.

<https://www.piedmonthealthservices.org/baby-love>

Piedmont Triad Ambulance and Rescue, Inc.

The Piedmont Triad Ambulance and Rescue, Inc. provides ambulance transportation to anyone needing emergent or non-emergent care. Must reside or be visiting the Piedmont Triad region.

<https://www.ptarinc.com/our-services/>

Piedmont Triad Partnership

The Piedmont Triad Partnership is leadership organization that brings together the business community to promote prosperity and job growth. Operating in the Piedmont Triad region, the Piedmont Triad Partnership has an especially large presence in the following metropolitan centers: Greensboro, Winston-Salem, High Point, Burlington, Asheboro. The organization supports regional development platforms including megasite development, the Aeroplex anchored by Piedmont Triad International Airport, and the redevelopment of Whitaker Park Complex.

www.piedmonttriadnc.com

Piedmont Triad Regional Council - Caregivers Support Group

The caregivers support group provides a space for caregivers to come together to help manage the stress and loneliness often associated with being a primary caregiver for a loved one with an illness. The group meets the first Wednesday of every month from 1:00 - 2:30 PM at 109 Penny Road, High Point, NC 27260 in the Community Building Meeting Room.

<https://www.ptrc.org/services/area-agency-on-aging/care-giving/support-groups>

Piedmont Triad Regional Council - Grandparents Raising Grandchildren/Kinship Support Group

This support group provides a space for grandparents who are the acting caregivers for their grandchildren to meet and discuss the stress and challenges that comes along with raising grandchildren. Meetings are held the second Tuesday of each month beginning at 11:00 AM at Macedonia Family Resource Center (401 Lake Ave., High Point, NC).

<https://www.ptrc.org/services/area-agency-on-aging/care-giving/support-groups>

Pierced Ministries & Rehab Services, Inc. - Discipleship

This program, built around discipleship, helps people recovering from substance abuse addiction and places an emphasis on family restoration. Programming includes residential living, spiritual development, counseling, and after-care services. Participants must be between the ages of 21 and 60 and be in a state of good health.

<https://www.pierced4me.org/our-discipleship-program>

Reading Connections - Adult Education

The Adult Education program is designed to support adult learners in improving their math, reading, or computer literacy skills.

<https://readingconnections.org/our-programs/>

Reading Connections - Career Coaching

By enrolling in the career coaching program, students looking for employment will have access to assistance with career exploration, job applications, resumes, networking, cover letters, and interview preparation.

<https://readingconnections.org/career-coaching/>

Reading Connections - Computer Literacy

Adult learners enrolled in the Reading Connections Adult Education, GED, and ESOL programs can take these classes to improve their computer skills.

<https://readingconnections.org/our-programs/>

Reading Connections - English for Speakers of Other Languages

The English for Speakers of Other Languages (ESOL) program is designed to help adults improve their English. Students will work with a trained volunteer tutor on their speaking, reading, listening, and comprehension skills.

<https://readingconnections.org/esol/>

Reading Connections - Family Literacy

The Family Literacy Program provides three 10-week sessions during the school year at Title I elementary schools in Guilford County. This program provides parents an opportunity to support their children's literacy development while improving their own literacy skills at the same time.

<https://readingconnections.org/our-programs/>

Reading Connections - High School Equivalency

The High School Equivalency program is designed for adult learners preparing to take a high school equivalency examination. Tutors offer instruction in math, science, reading, and social studies.

<https://readingconnections.org/gedprep/>

RHA Health Services - Behavioral Health Services

RHA behavioral health services include many mental health and substance use programs for adults and children. They provide facility-based services in-office and their crisis services to accommodate immediate needs.

<https://rhahealthservices.org/behavioral-health-services/behavioral-health-services-in-north-carolina/>

RHA Health Services - Crisis Services

RHA crisis services are intended for those in need of immediate help with acute distress related to behavioral health, substance use, or developmental disabilities. They offer I/DD respite care, walk-in crisis centers, and mobile crisis teams that will go to the client's location to provide on-site treatment.

<https://rhahealthservices.org/behavioral-health-services/crisis-services/crisis-services-north-carolina/>

RHA Health Services - Disability Services

RHA disability services works to provide comprehensive services and support to adults and children with intellectual and developmental disabilities. They provide residential services, community-based and group home living options, as well as large medical centers, day and employment supports, Community Alternative Programs for Disabled Adults (CAP/DA) and Children (CAP/C), Alternative Family Living (AFL) services, and more.

<https://rhahealthservices.org/disability-services/disability-services-in-north-carolina/>

Rotary Club of High Point

The Rotary Club of High Point vision is "Service above Self." They support a worldwide campaign to eliminate polio and promote an international understanding and social welfare. The Rotary Club works on local and international projects such as rescue operations whenever a flood or earthquake strikes, building wells and schools, and conducting exchange programs.

www.highpointrotary.org

Roy B. Culler, Jr. Senior Center

The Roy B. Culler, Jr. Senior Center provides a nurturing, enriching, and safe environment for seniors. Residents have access to a computer lab, kitchen, craft shop, game room, and multipurpose rooms. The center provides an abundance of programming including guest speakers, health screenings, movies, exercise, arts and crafts, cultural events, club meetings, and more.

<https://www.highpointnc.gov/facilities/facility/details/Roy-B-Culler-Jr-Senior-Center-19>

Second Harvest Food Bank of Northwest NC

Second Harvest Food Bank works to make our communities are healthy and hunger-free. Programming is designed to engage food-insecure families in the Northwest Area of NC - 18 counties total. The food assistance programs include community-based grocery assistance, soup kitchens, shelters, school-based pantries, providence community meals, summer meal sites for kids, and health clinic-based pantries.

www.hungernwnc.org

Senior Resources of Guilford - Care Assistance and Options Counseling

Care Assistance and Options Counseling is designed for adults 60 years of age or older. This program provides in-home assessments and short-term assistance to senior adults in Guilford County who need help finding services to meet their needs. This service assists with short-term problem solving for everyday concerns and internal referrals to other Senior Resources of Guilford programs.

<https://www.senior-resources-guilford.org/case-assistance-and-options-counseling>

Senior Resources of Guilford - Community Nutrition

The Community Nutrition program provides opportunities for senior adults ages 60 and over in Guilford County to enjoy a nutritious meal and participate in field trips, wellness activities and educational/cultural programs. Participation includes a restaurant voucher program with Pepper Mill Cafe (10 vouchers a month) and health and wellness workshops. Transportation is available to community nutrition activity centers.

<https://www.senior-resources-guilford.org/community-nutrition-program>

Senior Resources of Guilford - Evergreens Lifestyle Center

Evergreens Lifestyle Center offers activities for senior adults ages 60 and up in Guilford County. Programming includes exercise programs, clubs, evidence-based workshops, day trips, guest speakers, games and bingo, shopping trips, monthly cooking school, monthly blood pressure and blood sugar checks, seasonal parties, and tax/legal assistance.

<https://www.senior-resources-guilford.org/evergreens-lifestyle-center>

Senior Resources of Guilford - Family Caregiver Support

In an effort to continually assist caregivers in their search for pertinent information regarding eldercare, the Family Caregiver Support Coordinator addresses topics of most frequently asked questions via caregivers answers, topics and helpful information.

<https://www.senior-resources-guilford.org/sites/senior-resources-guilford.org/files/pictures/CATHI%20Article-%20March%202020.pdf>

Senior Resources of Guilford - Foster Grandparents

The Foster Grandparents program matches income-eligible senior adults with children and youth in Guilford County. Participants provide specialized assistance to help young ones. Seniors must be age 55 or older, and this program requires a commitment of 20 hours per weekend. Foster grandparents are provided a stipend.

<https://www.senior-resources-guilford.org/foster-grandparents>

Senior Resources of Guilford - Gay and Gray

Gay and Gray provides programming for older LGBTQ+ adults in Guilford County ages 60 and up. Programming includes educational classes, presentations on topics of interest, caregiver support, recreational activities and social events.

<https://www.senior-resources-guilford.org/gay-and-gray>

Senior Resources of Guilford - Geriatric Adult Mental Health Specialty Team (GAST)

The Geriatric Adult Mental Health Specialty Team (GAST) is a team of specialists who provide training, education and consultation to staff of long-term care facilities about the care of senior adults with mental disorders.

<https://www.senior-resources-guilford.org/geriatric-adult-mental-health-specialty-team-gast>

Senior Resources of Guilford - Grandparents Raising Grandchildren

Grandparents Raising Grandchildren sponsors activities and provides referrals to community resources for grandparents ages 55 and older raising their grandchildren in Guilford County. Professionals identify resources for help with financial/legal/medical issues, and provide programming such as a monthly lunch, informative presentations, free luncheons, and childcare.

<https://www.senior-resources-guilford.org/grandparents-raising-grandchildren>

Senior Resources of Guilford - Handy Helper

Handy Helper provides assistance with minor home repairs for senior adults ages 60 and up in Guilford County. Assistance includes painting, changing light bulbs, minor yard work, gutter cleanings and more.

<https://www.senior-resources-guilford.org/handy-helper>

Senior Resources of Guilford - Meals on Wheels

Meals on Wheels delivers nutritious meals to homebound senior adults in Guilford County ages 60 or older.

<https://www.senior-resources-guilford.org/meals-wheels>

Senior Resources of Guilford - Pathways and Protocols

The Pathways and Protocols program is designed to enhance understanding of access to services for older adults. Supporting agencies include the United Way, the Adult Center for Enrichment, the regional hospital, Public Health and Social Services, hospice, Mental Health Association of Greensboro and the UNCG department of gerontology and social work.

<https://www.senior-resources-guilford.org/handy-helper>

Senior Resources of Guilford - Refugee Outreach

Refugee Outreach is offered to elderly refugees (60+ years old) in Guilford County. Programming includes cultural awareness programs, health screenings, citizenship training and English classes.

<https://www.senior-resources-guilford.org/refugee-programs>

Senior Resources of Guilford - Rural Outreach

Rural Outreach provides senior citizens with a variety of programmed activities. Programming is designed for seniors in Colfax, Oak Ridge, Pleasant Garden, Stokesdale, Summerfield and southeastern areas of Guilford County. Rural Outreach is designed to support independent living of seniors in their home communities.

<https://www.senior-resources-guilford.org/rural-outreach>

Senior Resources of Guilford - Senior Wheels Medical Transportation

Senior Wheels Medical Transportation provides rides for seniors who are ambulatory to medical appointments. Transportation services include trips to and from Guilford County medical facilities.

<https://www.senior-resources-guilford.org/senior-wheels-medical-transportation-program>

Senior Resources of Guilford - SeniorLine

SeniorLine is a telephone-based service to provide information about community services to senior citizens in Guilford County. This service offers to help meet basic needs and maintain independence.

<https://www.senior-resources-guilford.org/seniors-health-insurance-information-program-shiip>

Senior Resources of Guilford - Seniors' Health Insurance Information Program (SHIIP)

Seniors' Health Insurance Information Program (SHIIP) answers questions and counsels Medicare beneficiaries and caregivers, provides Medicare prescription drug plans, addresses long-term care insurance, and offers free counseling on Medicare healthcare products.

<https://www.senior-resources-guilford.org/senior-line>

Senior Resources of Guilford - Telecare Reassurance

Telecare Reassurance is a telephone support program for seniors in Guilford County that provides regular calls to those homebound, living alone, or disabled. Clients are matched with a caring volunteer who is in frequent contact to acknowledge medical attention and transportation needs.

<https://www.senior-resources-guilford.org/telecare>

Seven Homes, Inc.

This fostering and adoption agency provides an opportunity to reach out to youth in need of love, safety, and stability. Their mission is to serve the needs of the whole child. Applicants must be 21 to foster or adopt and reside in North Carolina. Opportunities range anywhere from a single night of fostering to permanent adoption.

<https://www.7homes4kids.com/>

Southwest Renewal Foundation of High Point

This initiative works to maximize the economic benefits of environmental enhancement to save revenue, support sustainability, attract business, create jobs, increase real estate values, and improve health. Projects include going green, economic development, alternative transportation, historic preservation, and the arts.

<http://www.highpointsouthwest.org/projects.htm>

The Junior League of High Point, Inc.

The Junior League of High Point is committed to supporting women, children, and education in the community. Women of all races, religions, and national origins who demonstrate interest to voluntarism are welcome. Some of the League's activities include virtual story time, Leslie's Blessings, Crockpot class, Kids in the Kitchen, and Dinner with the League events.

<https://www.jlhp.org/communityimpact>

The Preparing Our Youth Foundation

This organization encourages minority and under-served youth to pursue post-secondary education. Programming is designed for middle- and high-school students. Opportunities include Quiz bowls, history makers, etiquette classes, civic training, and college tours.

<http://www.poyfs.org/index.cfm>

The Salvation Army of Greater High Point - Boys and Girls Club

The Boys and Girls Club is an evangelical organization part of the universal Christian Church. The Club's mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination. Programming includes food pantries, shelter, clothing donations, financial assistance in a crisis, and Christmas gift giving.

<https://www.salvationarmycarolinas.org/highpoint/>

The Salvation Army of Greater High Point - Center of Hope Family Shelter

The Center of Hope Family Shelter provides targeted services to families in an effort to mediate crisis and end intergenerational poverty. Using a case management approach, the center can adequately assess and meet the needs of families.

<https://www.salvationarmycarolinas.org/highpoint/programs/fred-alexander-housing-center>

The Salvation Army of Greater High Point - Clothing Vouchers

The clothing vouchers are distributed on an emergency basis to an individual or family that needs assistance for work, school, or seasonally appropriate attire. A partner organization must submit a referral letter expressing the need for assistance.

<https://www.salvationarmycarolinas.org/highpoint/programs/social-services>

The Salvation Army of Greater High Point - Emergency Assistance

The Salvation Army Emergency Assistance program provides rent and utility assistance to community members experiencing a crisis. The program is designed to support the individual in maintaining a productive and independent lifestyle with direct financial assistance or referrals to other appropriate organization.

<https://www.salvationarmycarolinas.org/highpoint/programs/social-services>

The Salvation Army of Greater High Point - Food Pantry

Food assistance is available to any individual who expresses the need, and can be provided at least twice a month as a supplemental resource. This is a client choice pantry, so individuals are able to shop for the foods most needed by their unique households. Special boxes can be prepared for individuals expressing a particular need or request if available.

<https://www.salvationarmycarolinas.org/highpoint/programs/social-services>

The Salvation Army of Greater High Point - Mobile Food Pantry

The mobile food pantry serves four low-income based housing areas and establishes monthly food drops in food insecure areas.

<https://www.salvationarmycarolinas.org/highpoint/programs/social-services>

The Salvation Army of Greater High Point - Pet Food Assistance

The Salvation Army of Greater High Point will supply cat and dog food to eligible clients during the normal food pantry hours.

<https://www.salvationarmycarolinas.org/highpoint/programs/social-services>

The Salvation Army of Greater High Point - William Booth Garden Apartments

The William Booth Garden Apartments provides and affordable, safe, and independent living community for seniors.

<https://www.salvationarmycarolinas.org/highpoint/programs/booth-gardens>

Tiny Houses Community Development

The THCD works to build tiny homes across the Triad area in an effort to provide safe, affordable, and permanent housing for individuals and families experiencing homelessness. THCD will work with local non-profit housing organizations to qualify potential residents for their tiny homes. Potential residents will be assessed based on their income and current situation.

<https://www.tinyhousesgreensboro.com/>

Triad Adult and Pediatric Medicine

Under TAP Medicine's care, patients receive medical and behavioral health services. TAP accepts a wide range of insurance plans and have a sliding fee scale program for individuals at or below 200% of the federal poverty guidelines.

<https://tapmedicine.com/>

Triad Health Project

The Triad Health Project (THP) provides emotional and practical support to individuals living with HIV, their loved ones, and those at risk for HIV. The organization implements strategies to educate those at risk and the community about HIV and advocates locally, regionally, and nationally for individuals and groups infected with or affected by HIV. THP provides access to a client food pantry, case management providers, and free HIV testing.

<https://triadhealthproject.org/services/>

Tybro Foundation

The Tybro Foundation provides school books, computers, and educational training to urban schools in Guilford County.

<https://www.thetybrofoundation.com/>

UNCG Speech and Hearing Clinical Services

The UNCG Speech and Hearing Clinic is open to the community and provides the following services:

Tinnitus and Hyperacusis Management

Cochlear implants

Vestibular assessment

Aural rehabilitation

Hearing evaluation / Hearing aids

Speech diagnostic & therapy

Central auditory processing (CAP)

Assistive listening devices

Auditory evoked potentials

Transgender services

Patients are seen on a sliding scale fee- the only insurance accepted is Medicare. Patients do not need a referral and can make online, curbside, and face-to-face appointments.

<https://hhs.uncg.edu/clinical-services/>

United Way of Greater High Point

The United Way of Greater High Point works to support a variety of critical health and human services needs in the community. Their community impact programs promote and improve education, financial stability, and health. Some of their most popular programming and initiatives include their BackPack program and frequent food drives.

<https://www.unitedwayhp.org/>

Victim 2 Victor Inc.

Victim 2 Victor is a support group that provides SOAR (survivors offering assistance in recovery) training and support group meetings for North Carolina residents affected by burn trauma. The group meets the third Saturday of each month from 2:00-4:00 PM at the SECU Family House (1970 Baldwin Lane in Winston-Salem).

<http://www.burnsupportnc.net/upcomingevents.html>

Ward Street Community Resources

Ward Street Community Resources provides individuals in the southwest section of High Point access to a food pantry, clothing closet, and emergency finance assistance.

<https://www.wardstreetcommunityresources.org/what-we-do>

Welfare Reform Liaison Project - Employment Training

The Employment Training program offers workforce development training for economically-disadvantaged individuals living in Guilford County. Classes are provided in soft skills and trade skills. Participants will also join a job club.

<https://www.wrlp.net/pro>

Welfare Reform Liaison Project - Construction Training

The Construction Training program provides career development opportunities for adults, 18 years of age and older, who are interested in commercial and/or residential construction. A high school diploma or GED is required.

<https://www.wrlp.net/construction-training>

West End Ministries - Bountiful Harvest Community Garden

The Bountiful Harvest Community Garden has 19 personal community raised beds for growing vegetables. A playground and picnic shelter are also available.

<http://wemhp.org/programs-2/garden/>

West End Ministries - Emergency Assistance

The Emergency Assistance program helps people with economic emergencies by providing supplemental rental/mortgage and utility assistance. By appointment only.

<http://wemhp.org/programs-2/emergency/>

West End Ministries - Food Ministry

The Food Ministry provides a food pantry and community meal for those in need from the West End and greater High Point area.

<http://wemhp.org/programs-2/food/>

West End Ministries - High Point Leap

West End Ministries is a host site for High Point LEAP which supports literacy efforts from cradle to college. Tutoring is offered in reading and math for elementary-age children and for adults trying to obtain a GED.

<http://wemhp.org/programs-2/leap/>

West End Ministries - Leslie's House

Leslie's House offers a safe haven for single homeless women, ages 18 and older without dependents. Case management, life skills classes, and food are provided.

<http://wemhp.org/programs-2/leslieshouse/>

West End Ministries - Senior Activities

Senior Activities are held twice a month for anyone ages 60 and older. Musical entertainment, movies, field trips, Bingo, food boxes, and wellness checks are available. Bingo is on the fourth Tuesday of the month at 1:00 PM.

<http://wemhp.org/programs-2/seniors/>

West End Ministries - Thrift Store

The Thrift Store sells quality items at affordable prices. Household items, furniture, clothing, and toys are for sale.

<http://wemhp.org/programs-2/thriftstore/>

West End Ministries - Women's Winter Shelter

The Women's Winter Shelter provide a safe place to sleep for women, 18 years and older, without dependents. Nutrition and case management are also provided. The shelter operates from December 1st through April 1st.

<http://wemhp.org/programs-2/wintershelter/>

WithIt - Women's Leadership Development Network

The Women's Leadership Development Network supports the advancement of women in the home and furnishings industries.

<https://www.withit.org/member-benefits.asp>

Women's Resource Center of Greensboro - Community Resource Counseling

Community Resource Counseling provides individualized counseling for women to provide support, problem-solving, goal-setting, and referral information.

<http://www.womenscentergso.org/programs.html>

Women's Resource Center of Greensboro - Legal Resource Network

The Legal Resource Network supports women to make well-informed decisions based on knowledge of their legal rights. Open to women 18 years of age and older.

<http://www.womenscentergso.org/programs.html>

Women's Resource Center of Greensboro - Women to Work

The Women to Work program supports women seeking employment by providing pre-employment training and placement case management. Help with resume writing, interviewing skills, networking, goal setting, and access to mentors is also provided.

<http://www.womenscentergso.org/programs.html>

Women's Resource Center of Greensboro - Women's Empowerment

The Women's Empowerment program offers monthly experiential learning to help make positive life changes and restore confidence.

<http://www.womenscentergso.org/programs.html>

World Relief Triad - Anti-Human Trafficking

The Anti-Human Trafficking program serves survivors of human trafficking. The program offers housing, food, clothing, interpretation, medical and dental services, transportation, legal services, education and job development.

<https://worldrelieftriad.org/human-trafficking>

World Relief Triad - Health and Wellness

The Health and Wellness program serves refugees who have experienced severe loss and trauma. Services include on-site therapy and counseling, individual and family case management for those with serious medical needs, transportation, a community garden to grow their own food, education, and collaboration with local healthcare providers.

<https://worldrelieftriad.org/health-and-wellness>

World Relief Triad - Immigration Legal Services

Immigration Legal Services offers affordable, high-quality legal services to immigrants.

<https://worldrelieftriad.org/ILS>

World Relief Triad - Refugee Resettlement

The Refugee Resettlement program provides services to arriving refugees to help them get acclimated to living in the United States.

<https://worldrelieftriad.org/refugee-resettlement>

Youth Focus - Act Together

The Act Together program provides housing for runaway youth who are experiencing family crisis, abuse, and or neglect. The program also offers medical, psychological and educational support. The maximum stay period is 21 days.

<https://www.youthfocus.org/emergency-housing/>

Youth Focus - HEARTH

HEARTH provides supportive translational housing to homeless dependent youth, ages 18 to 21, who need additional assistance to gain independence. Counseling, vocational and education training, parent education services, and independent skills training are provided.

<https://www.youthfocus.org/transitional-living/>

Youth Focus - My Sister Susan's House

My Sister Susan's House provides transitional housing for young pregnant women, ages 16-21. There is no cost for living at the house.

<https://www.youthfocus.org/maternity-housing/>

Youth Focus - Safe Haven Outpatient Counseling

Safe Haven Outpatient Counseling is available for free to youth, ages 6 to 24. Services offered to youth who have been victims of crime including sexual assault, rape, mental/physical/emotional abuse, neglect, or witness to domestic violence. The services are provided free of charge.

<https://www.youthfocus.org/safe-haven-outpatient-counseling/>

Youth Focus - Safe Place

Safe Place is an outreach and prevention program for young people who are need of immediate help and safety. Children can go to any place with the yellow "Safe Place" sign and an adult will help them. Safe places include libraries, YMCAs, fire stations, public buses, various businesses, and social service facilities. A Youth Focus staff member will arrive on site and connect the child with a counselor.

<https://www.youthfocus.org/safe-place/>

Youth Focus - Supportive Housing

The Supportive Housing program offers rent assistance for homeless youth, ages 18-24, to live an independent apartment. Vocational/education services and targeted case management are provided with around the clock access to help.

<https://www.youthfocus.org/rapid-rehousing/>

Youth Unlimited, Inc. - Intensive In-Home Service

The Intensive In-Home Services program provides short-term therapy services to a child and family in their home to stabilize the home environment, promote reunification of the family, or prevent out-of-home placement.

https://youthunlimited.cc/?page_id=1687

Youth Unlimited, Inc. - Outpatient Counseling Services

Outpatient Counseling Services offers individual and family outpatient counseling.

https://youthunlimited.cc/?page_id=1691

Youth Unlimited, Inc. - Psychiatric / Behavioral Health Medication Management Services

The Psychiatric / Behavioral Health Medication Management Services works to ensure that each child and family receives the care to meet their psychiatric and medication needs.

https://youthunlimited.cc/?page_id=1689

Youth Unlimited, Inc. - Residential Program

The Residential program works with you to reduce behaviors that make residential treatment necessary. Sibling Group Care homes supports children who have been removed from their homes.

https://youthunlimited.cc/?page_id=1569

Youth Unlimited, Inc. - Therapeutic & Family Foster Care

The Foster Care program offers therapeutic and foster care for children who are unable to live with their own family. To be a foster parent, you must be at least 21 years old and financially stable, pass criminal background check, physical exam, possess the ability to work with children, and the ability to provide safe environment.

https://youthunlimited.cc/?page_id=1607

YWCA - Adolescent Parenting

The Adolescent Parenting program strives to positively impact the lives of young school-aged mothers and fathers who are pregnant or parents. The program includes group sessions, home visits, mentors, school support sessions, college tours, field trips, and mother-daughter retreats. Access is also provided to the Baby Basics Closet, Ready to Ride (car seats), and Women's Resource Center.

<https://ywcahp.com/what-we-do/adolescent-parenting/>

YWCA - After-School

The after-school program provides programs for elementary and middle school students who attend the following schools: Johnson Street, Kirkman Park, Montilieu Elementary, Northwood, Oak Hill, Oakview, Phoenix, Shady Brook, Triangle Lake, Union Hill, Ferndale Middle School, Penn Griffin Middle School, Welborn Middle School, and Allen Jay Preparatory Academy. Students are provided with an afternoon snack, homework help, low-cost field trips, and swimming. On teacher workdays, the program operates from 7:30 AM to 6:00 PM. The cost of the program includes \$20 for program registration fee, \$25 for yearly child membership and \$45 for first week of care. Sibling discounts are available.

<https://ywcahp.com/what-we-do/youth-services/>

YWCA - Healthy Beginnings

The Healthy Beginnings program helps young minority women (20-30 years old) have healthy pregnancies and lifestyles. The program serves High Point, Archdale, Trinity, and Jamestown. The program provides individualized support, peer support groups, and home visitation. Participants also have access to the YWCA's aquatic and wellness programs.

<https://ywcahp.com/what-we-do/healthy-beginnings/>

YWCA - Latino Family Center

The Latino Family Center offers a mentoring program for middle and high school girls and boys through personal and social skill development to build self-esteem. Services offered include a STEM club, an Art Club, and higher education guidance. The Center also offers a community access program (El Pueblo) that provides outreach services, information, and referral services to Latinos, including DACA renewals. There are also several leadership programs available. Services provided in Spanish.

<https://ywcahp.com/what-we-do/latino-family-center/arrivals>

YWCA - Social Justice & Advocacy

The YWCA has a focus on social justice and advocacy as it seeks to promote solutions to improve the lives of women, girls and people of color in High Point. Efforts include annual events such as "Stand Against Racism" and a "Week Without Violence". There is also a social justice resource page on the website.

<https://ywcahp.com/what-we-do/social-justice-advocacy/>

YWCA - Summer Camps

Summer camps are available for elementary and middle school students. Activities include field trips, bible study, leadership development, cooking, sports, and arts and crafts. A \$25 youth membership or \$80 family membership is required to enroll. The cost for elementary students is \$100/week and \$80/week for middle school students.

<https://ywcahp.com/what-we-do/youth-services/>

YWCA - Women's Resource Center

The Women's Resource Center helps women and their families to achieve their professional and personal goals through a women's empowerment series. The Resource Center has a baby basics closet that helps with clothing, diapers, food, and provides car seats, a resource library, and computer lab.

<https://ywcahp.com/what-we-do/womens-resource-center/>

Children's Home Society of North Carolina - Wise Guys

The Wise Guys program focuses on empowering young men by encouraging them to examine their values, set goals, and redefine what manhood means through meaningful dialogue. Designed specifically for middle school and high school aged young men, they can bond with their peers and form healthy perceptions of what it means to be a man in the safe space created by this program.

<https://www.chsnc.org/helping-families/youth-programs/#wise-guys>

Piedmont Triad Regional Council - Senior Resources of Guilford Memory Café

The memory cafe provides a space for individuals with Alzheimer's (or other forms of dementia) and their caregivers to relax, enjoy refreshments and good conversation, and socialize. The group meets the first Thursday of every month from 10:00 AM - 12:00 PM at Wesley Memorial United Methodist Church (1225 Chestnut Drive, High Point, NC).

<https://www.ptrc.org/services/area-agency-on-aging/care-giving/support-groups>

Appendix 3: Current Community Strategies

Healthy Eating, Active Living		
Activity	Partnerships	Outcomes
Utilize screening tool built into electronic medical record to screen patients for food insecurity focusing specifically on the 27260 zip code.	FaithHealth	Clinical Nutrition using screen to provide education and resources to patients as appropriate. Continue to encourage utilization of screen and accessibility in EMR.
Collaborate with various agencies to determine additional resources and to assess needs throughout Greater High Point.	Greater High Point Food Alliance (GHPFA)	Implemented a food pantry in Hayworth Cancer Center to support our patient going through cancer treatment.
Host a weekly farmer's market May- October, accepting EBT.	High Point Farmer's Market	Cancelled the last two years due to COVID
Provide Community Resource Guide to patients from GHPFA	GHPFA	Guide is updated regularly and provided by the hospital to patients through Social Work, Clinical Nutrition and Pastoral Care. It helps to inform patients of food resources once they leave the hospital.
Provide health education through the Millis Regional Health Education Center		Generally over 6000 participants annually. COVID constraints limited in person education, but the health educators developed online tools to provide to schools to support health education.
Provide scholarships for low income residents participating in the Cardiac or Pulmonary Rehab programs at the HPMC Fitness Center		The Heartstrides program supports about 200 participants per year.
Provide education and health screening programs at community events including the High Point Farmers Market.	High Point Farmer's Market	Participation has been limited due to COVID.

At the Transitional Care Clinic provide follow up and medication services for up to 90 days after discharge. Attempts to link patient with a PCP for ongoing care.		In FY20 the TCC had 1791 visits, 60% uninsured and \$152,646 written off in charity care.
Provide in kind services and funding to the Community clinic of High Point.	Community Clinic of High Point	For FY21: Community Care Clinic of High Point referrals-\$2,301,666.32
Provides free mammograms and PAP smear to women who qualify for the program.	North Carolina Breast and Cervical Cancer Control Program	nurse practitioner and NA (paid for by hospital) part of the program; under and uninsured patients can get screening and then if there is a finding additional services are covered under Medicaid; State provides \$325 per case to cover screening; per patient stipend caps after a certain level of patients and then paid from LoveLine. Target of 320 participants
LoveLine: Funds the cancer transportation program, medication assistance and other services for cancer patients.	High Point Regional Foundation	Serves about 100 participants annually
Respond to specific requests from the community for educational programs and events.		Through the Fitness Center six in person sessions were held in 2020 and then had to convert to Facebook live sessions with over 50 posted.
Hayworth Cancer Center Food Pantry	Greater High Point Food Alliance (GHPFA)	Provides food to oncology patients participating in out LoveLine program. Initiated during COVID as a way to safely provide food to a vulnerable population.

Maternal and Child Health		
Activity	Partnerships	Outcomes
Mommy & Me and Prenatal Classes provided at HPMC. Information provided through physician offices.		Mommy & Me classes on hold due to Covid since March 2020. No update when classes will resume. Face to face prenatal classes have also been on hold since March 2020 due to COVID but virtual classes online are available.
Women's Health Department Manager to serve on the Board of Guilford County Every Baby Guilford	Guilford County Every Baby Guilford	Nurse manager does serve on the board of directors for Every Baby Guilford (Formerly Guilford County Coalition on Infant Mortality)
Lactation Coalition participation	Guilford County Health Department; WIC	Our Lactation Consultants, participate monthly with the Guilford County Breastfeeding Alliance.. Both were panelists on World Breastfeeding Extravaganza for 2021. HP hosted the 2020 Breastfeeding Extravaganza (Hosts every other year). This event is open to pediatricians, obstetricians, IBCLCs, RNs, SWs, community health workers (anyone who works with pregnant or lactating women. The Lactation Consultants offer outpatients consultations. Medicaid and most insurance pay for this outpatient service.
Doula Program	YWCA	Initiated in 2021, provides Doulas services to pregnant woman participating in the YWCA program

Behavioral Health		
Activity	Partnerships	Outcomes
A weekly support program is provided by RHA Behavioral Health for patients admitted to HPMC.	RHA	We have 1 RHA peer support specialist who provides these services Mon-Fri 8am – 12pm on our Inpatient BH Unit. During this time, she interacts with and supports about 30 patients per month. Her interactions are individual and group based. She is also part of our daily treatment team meetings to discuss patient needs and discharge plans.
Collaborate with RHA Behavioral Health to connect patients with a peer support program to improve outcomes once a patient is discharged including assistance getting to appointments, meetings, supporting efficient discharge planning and prevent readmissions.	RHA	Current Peer Support Specialist started in July and has connected 90 of the patients she has interacted with. About 18 patients are connected with improved discharge outcomes per month.
Collaborate with community partners to improve access to Opioid Treatment; including, pregnant women.	Caring Services, ADS, Family Services	Utilize partnerships to connect patients with needed resources.
Collaborate with community partners to create a resource map for Mental Health services. Give Resource list/map to patients.		Utilized as a resource for patients with continued updates
Pay for medications at discharge and 1 refill for patients in need.	Family Services of the Piedmont and Community Clinic	FY20 Medications at D/C = 69 @ \$1,137.57 FY21 Medications at D/C = 105 @ \$2,800.12 Stub Bud through Nov Meds at D/C = 121 @ \$5,221
Provide bus tickets for d/c patients		FY20 Transportation Support = \$2,179.00 FY21 Transportation Support = \$2,137.80 July 2021 - Sept Transport Support = \$1,167

Social Determinates of Health		
Activity	Partnerships	Outcomes
Participate in the Guilford Apprentice Program (GAP) in collaboration with Guilford Technical Community College to provide students with a path to obtain an associate's degree while completing an apprenticeship program. We will accept two students the first year in engineering and supply chain with the plan to grow in the future through the development of a health care track.	GAP	HPMC has provided support for the program for the last 3 years and has accepted their first student in 2021.
Utilize FaithHealth to educate the community on the services that they can provide with an initial focus on the 27260 zip code with the goal of increasing the utilization of the FaithHealth program in our community and by our patients.	FaithHealth Connectors	FaithHealth will work to engage and inform Faith Communities of the opportunities available to support patients and community clients. Proactively, FaithHealth will connect with Neighborhood Associations and other agencies to determine what support can be provided to them as they work to improve the health of the community
Utilize FaithHealth resources to connect with our heart failure patients at high risk for readmission to provide resources needed.	FaithHealth Connectors	FaithHealth will continue to attend the meetings devoted to heart failure patients and will work to help by providing scales and other needed equipment to patients
Fully utilize Financial Access Policies (Charity Care) at High Point Regional and Regional Physicians practices. Expand financial assistance screening to maternity patients.		over \$6 million in charity care provided in FY21
Provide tuition reimbursement for employees.		Additional options for tuition assistance were added in 2021
Career Coaching through the Path Program.		Coaching for students who serve as volunteers

Provide jobs that pay a livable wage.		Living wage adjustments have been made for employees over the past several years bringing our current minimum to \$15/hr.
Transitional Care Clinic.		Provides follow care for high-risk patients up to 90 days after discharge.
Project SEARCH is an international high school transition program that is a unique, business-led, one-year, school-to-work program that takes place entirely in the workplace. The goal for each student participant is competitive employment. The Project SEARCH model involves an extensive period of training and career exploration, innovative adaptations, long-term job coaching, and continuous feedback from teachers, job coaches, and employers.	Project SEARCH	Provides real-life work experience combined with training in employability and independent living skills to help youths with significant disabilities make successful transitions from school to productive adult life.
Community Clinic - monthly lab bill paid through hospital lab department. Lab services provided through Quest		Monthly expenses of about \$10,000. Ensures that the Community Clinic has the resources needed to care for vulnerable patients in our community.
Cab vouchers to transport patients home		This provides a way for our patients to get safely home and not have to attempt to walk or utilize public transportation
flu shots for community events		Multiple events hosted to support community Flu vaccinations.