

By Design Program Summaries

Insurance: WFBH Medcost

Healthy Futures
\$286.10 (pricing subject to change)
SUPPORT <ul style="list-style-type: none">❖ 24 weeks of active program involvement❖ Program materials❖ Any visit can be done in-person or virtually
MEDICAL <ul style="list-style-type: none">❖ Billed to Insurance:<ul style="list-style-type: none">➢ Initial clinic visit with medical provider<ul style="list-style-type: none">▪ Initial clinic visit is subject to your specialist co-pay▪ Any remaining balance not covered is due❖ 1 follow up visit with medical provider included in program fee
NUTRITION <ul style="list-style-type: none">❖ 7 registered dietitian visits included in the program fee
EXERCISE <ul style="list-style-type: none">❖ 3 exercise consults included in the program fee
BEHAVIOR <ul style="list-style-type: none">❖ 6 behaviorist visits included in the program fee