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Maya Angelou Center for
Health Equity



Health Equity Updates

February 2011

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The National Diabetes Fact Sheet 2011 Communications Material

The Center for Disease Control and Prevention is pleased to share the release of the CDC Health Disparities and Inequalities Report - United States, 2011. The report provides analysis and reporting of the recent trends and ongoing variations in health disparities and inequalities in selected social and health indicators, both of which are important steps in encouraging actions and facilitating to reduce modifiable disparities by using interventions that are effective and scalable.

Read the entire report [here](#).

Life-Course Socioeconomic Position and Type 2 Diabetes Mellitus: The Framingham Offspring Study

Evidence is lacking on whether the duration and timing of low socioeconomic position (SEP) across a person's life course may be associated with incidence of type 2 diabetes mellitus (T2D). The objectives of this article were to investigate associations between cumulative SEP and the incidence of T2D. ([read the study](#)).

American Diabetes Association Announces 2010 Diabetes Year-In- Review

The American Diabetes Association released its diabetes year-in-review for 2010. The complete list, which

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highlights focusing on diabetes achievements by the numbers, can be found [here](#).

"Throughout the year, we have seen devastating reports about the effects diabetes has on this country, including a recent study which estimated one in three Americans will have diabetes by 2050 if current trends continue," commented Larry Hausner, CEO, American Diabetes Association. "Instead, this list focuses on the good news and the progress we have made in the diabetes field this past year."

February is Black History Month



The celebration of African American History Month began as a weeklong event in 1926 and was spearheaded by Dr. Carter G. Woodson as a means to pay tribute to the accomplishments and contributions of people of African descent. Dr. Woodson chose February for the celebration to coincide with the birth dates of former President Lincoln and abolitionist and former slave Frederick Douglass.

Dr. Maya Angelou, who will receive the President's Medal of Freedom this month, will host her first-ever public radio program with a Black History Month Special on PBS. The radio program will be available to all PRI, Public Radio International, affiliated stations and African American Consortium stations free of charge.

More information and a list of public radio stations who will be airing the program can be found at mayaangelouonpublicradio.com.

A Time to Remember and Give Thanks

Medical Student Research Projects Published

Congratulations to Bryant Cameron Webb, Nichole Brewer-Lowry and Nikki Parson. These students were recipients of the Maya Angelou Center for Health Equity Medical Student Summer Research project awards and recently had their projects published in medical journals.

Thanks to Maya Angelou Center for Health Equity affiliates Dr. Sara A. Quandt, Dr. Kristen Hairston, and Dr. David Mount for serving as advisors for these students.

Please click the links below to read their publications.

[Breast Milk Expression and Maintenance of Very Low Birth Weight Infants: Supports and Barriers](#)



Published in the Journal of Human Lactation

Nikki Parson



[Differentiating Approaches to Diabetes Self-Management of Multi-ethnic Rural Older Adults at the Extremes of Glycemic Control](#)

Published in The Gerontologist.

Nichol Brewer-Lowry



[From Politics to Parity: Using a Health Disparities Index to Guide Legislative Efforts for Health Equity](#)

Published in the American Journal of Public Health

Bryant Cameron Webb

Community Impact Champion - Tenesha Monice Moore

Tenesha Monice Moore, a native of Fort Campbell, Kentucky, was born to two U.S. Army parents, Staff Sergeant Thomas Moore and Sp4 Theresa Moore, at Blanchfield Army Community Hospital. She and her family relocated to Plymouth, North Carolina, a small town on North Carolina's coast, when she was just three years old.



Tenesha attended Pines Elementary School where she was privileged to be in the Academically Gifted (AG) Program. She won first place in many spelling bees, made the POP's List for good behavior, and made the Honor Roll every term. From a young age, she was destined for success. She loved to read books, which her parents always made sure she had plenty of, and her love of music was enhanced by her father who taught her how to play the keyboard at age four. A devastating tragedy struck the family when her father was killed in a tragic automobile accident in September 1994, just a few days before her ninth birthday.

[Read her biography.](#)

CPE Pilot Program in Mexico



On January 6-7, 2011, Francis Rivers Meza joined Carlos Sanchez and Deryck Durston in visiting the CPE pilot program underway at Christus Muguerza Alta Especialidad Hospital in Monterrey, Mexico. The three men made the trip at the invitation of Michael Saxton and Mirjam Berger, CPE Supervisors in the CHRISTUS Health System, and Luis Rodriguez, CPE Supervisor in the Harris County Hospital District. Saxton and Berger obtained support for the program through the ACPE New Generations Project and CHRISTUS Health Education and Research Fund. The two Supervisors also laid the groundwork necessary for the pilot to function as an educational placement of the ACPE-accredited program of CHRISTUS Spohn Hospital, Corpus Christi, TX. Rodriguez volunteered to convene the unit. He travels from Houston to Monterrey two to three times a month, coordinates the curriculum, and provides supervision. Administrators at CHRISTUS Muguerza consistently have been supportive. Leaders involved in the program are Víctor Santillán Gómez, Director of Mission; Sr. Maria de Lourdes Urrutia, Manager of Mission and Spiritual Care; and Cruz Munoz Guevara, Manager of Values. The unit at Christus Muguerza began in October 2010 and has eight students. Five are Roman Catholic "agentes de pastoral" who work at Christus Muguerza, and three are Protestant pastors or lay persons from Monterrey. The unit will conclude at the end of April 2011.

Francis Rivers Meza is an affiliated of the Maya Angelou Center for Health Equity.

Congratulations to Dr. David Mount!

Each year representatives from Wake Forest and Winston Salem State University form a joint Dr. Martin Luther King, Jr. Programming Committee. As part of the Martin Luther King, Jr. celebration, the "Building the Dream" award is presented to one professor or administrator and one student from each respective university.



The Maya Angelou Center for Health Equity is proud to announce that Dr. David L. Mount, Director of Community Outreach for the Center was a nominee as a person who embodies the qualities that Dr. King epitomizes and has actively, through his work and service, executed these characteristics in the community.

Annual Share The Health Fair



On January 15, 2011, the Maya Angelou Center for Health Equity participated in the Annual Share the Health Fair which is run and sponsored by Wake Forest University medical students. Montez Lane and Sarah Langdon attended on behalf of the Center where they set up a booth to educate community members about the Center and provide health education on nutrition, physical activity, obesity and related diseases. Several hundred people attended the health fair where they received free screenings and counseling on their screening results. Several Center affiliate faculty also participated in the fair which included Drs. Alain Bertoni, Jorge Calles, and Brenda Latham-Sadler.

Introducing New Staff

The Maya Angelou Center for Health Equity Community Outreach Program is pleased to introduce new staff and student volunteer who will be working with Dr. David Mount.

Originally hailing from Ghana West Africa, **Alethea Amponsah** was raised in Providence, RI and graduated from Tufts University with a Bachelor of Science in both Clinical Psychology and a Bachelor of Arts in Child Development. After a brief internship with Dr. Mount this past fall, she turned her attention to developing the appropriate research skills necessary to aid in closing the gap evident in minority healthcare. She has now joined the team as a Data Coordinator II within in the Maya Angelou Center for Health Equity lab, investigating the many aspects of health care which suffer from these inconsistencies in accessibility and beyond. Alethea will begin pursuing her PhD in Clinical Psychology after completing her work here in hopes to return and continue to lend to the mission of the MACHE.



Sharice Javies is a native of Boston, Massachusetts. She moved to Winston Salem, North Carolina in 2006 to pursue a Bachelor's Degree in Healthcare Management from Winston Salem State University. She will graduate in May 2011 and plans to attend Graduate School for Public Health with a focus on mental health.



Sharice will be working as a student volunteer in the Maya Angelou Center for Health Equity from January 18-April 15, 2011 where she will be participating in the research study entitled "Neurocognition Risk Chart Review Among Type 2 Diabetes Adults".

2011 DEAC Leadership Team



This past year DEAC services were expanded with the addition of DEAC Mobile, which travels to shelters and homes in the Piedmont-Triad to provide access to acute care services to those who most need them. Through the dedicated student and physician volunteers, they have been able to service almost 100 patients in only 3 clinics!

New opportunities await the new leadership team with possibilities that include further outreach and education in the areas of sexual health and awareness as well as the addition of new specialty nights at Wednesday DEAC clinic such as Orthopedics and Sports Medicine and, through collaboration with the Maya Angelou Center for Health Equity, Endocrine and Metabolic Specialty Nights which are catered specifically to help and educate patients with long-term diabetes care.

Click [here](#) to see a list of the 2011 DEAC Leadership Team.

Read more about the DEAC clinic [here](#).

New Director of the Office of Minority Health and Health Equity Announced

Leandris Liburd, Ph.D., M.P.H., M.A. Appointed Director of the

Office of Minority Health and Health Equity (OMHHE), effective January 21, 2011.

Dr. Leandris is a respected leader with many years of experience addressing community health, health disparities, and social determinants of health. She held a variety of leadership positions at CDC since joining the agency in 1098. Click [here](#) for more information.



Upcoming Events

10th Annual New Partners for Smart Grown Conference: Building Safe, Healthy and Livable Communities Conference

Charlotte, NC

February 3-5, 2011

Click [here](#) for complete registration information.

The 7th Annual Jean Mills Health Symposium: Creating Effective Partnerships to Reduce Health Disparities and Improve Minority Health

February 4, 2011

Greenville Hilton

Keynote speakers will be Bill Jenkins, UNC-Chapel Hill and Barbara Pullen-Smith, Office of Minority Health and Health Disparities.

How can communities and ECU work together to solve community problems? Click [here](#) for more information.

4th Annual Premedical Student Conference

February 5, 2011

Wake Forest University School of Medicine

Click [here](#) for registration information.

"Diversity in Health Care Settings: Why Should It matter?"

George Khushf, Ph.D, Director, Center for Bioethics and Medical Humanities, speaker

February 11, 2011

Noon - 1:00pm

Outpatient Comprehensive Cancer Center

Click [here](#) for registration information.

Health Disparities/Equity Research Symposium with Winston Salem State University

February 16, 2011

Winston Salem State University Campus

10:00am-3:00 pm

2011 Piedmont NC Come To The Table Conference

February 18, 2011

9:00am-5:00pm

Click [here](#) for complete registration information This two-day event will include workshops, networking opportunities, tours and volunteer opportunities at local food ministries and projects.

Advocacy on Health and Healthcare Policy at Wake Forest University School of Medicine

February 22, 2011
Babcock Auditorium
11:30-1:00pm

Moderator will be Dr. William B. Applegate, President, Wake Forest University Health Sciences and Dean, Wake Forest University School of Medicine
This event will present a panel discussion by faculty members at Wake Forest University Baptist Medical Center on advocacy around public and institutional policy change at the national, state, and local level.

The Promise of Health Equity: Advancing the Discussion to Eliminate Disparities in the 21st Century

32nd UNC Minority Health Conference
February 25, 2011
2:00-3:00pm EST

Keynote lecture will be broadcast by internet (free webcast)
The Maya Angelou Center for Health Equity will host the webcast site located in MR-170, Meads Hall. Click [here](#) for more information.

The Long Trail of Global Health

The Harvard School of Public Health, Partners in Health, Brigham and Women's Hospital, the NCD Alliance, and the Global Task Force on Expanded Access to Cancer Care and Control in Developing Countries, will be hosting this conference.
March 2-3, 2011
Click [here](#) for more information.

2011 Aging and Community Health Conference & Summit

March 10-12, 2011
Guilford Convention Center
Greensboro, NC
click [here](#) for registration information.

4th Annual NIH Conference on Science of Dissemination and Implementation

March 21-22, 2011
Bethesda, Maryland
The goal of this annual conference is to facilitate growth in the research base by providing a forum for communicating and networking about the science of dissemination and implementation. For complete registration information, click [here](#).

From Disparities Research to Disparities Interventions: Lessons Learned and Opportunities for the Future of Behavioral Health Services

April 6-7, 2011
Arlington, Virginia This year's conference is the third in a three-year multi-disciplinary scientific conference effort supported by NIDA, NIMH and NIAAA.
For complete registration information click [here](#).

Grant Opportunities

Journal of the National Medical Association - Call For Papers 2011 Theme Issues
- Each theme issue will feature original communications, case reports, editorials and articles on emerging health topics that have a direct impact on minority physicians and their patients.

Click [here](#) to see complete calendar.

Resources

[2010 Child Health Report Card](#)

This report provides some very valuable data on Child Health in North Carolina and the most amazing data is regarding the Infant Mortality rates by race and ethnicity, which indicates that the American Indian infant mortality rate is the second highest, as reported for 2004-2008.

We hope you have enjoyed this month's Health Equity Updates. Please e-mail with any comments or suggestions.

Sincerely,

Dr. Ronny Bell



Dr. Bettina Beech



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Book Corner

[Diabetes and Health Disparities: Community-based Approaches for Racial and Ethnic Populations](#) - by Leandris C. Liburd

This innovative book reframes the traditional biomedical view of diabetes and its principle risk factor -obesity -- from a focus on the body, personal choices, and the clinical manifestations of diabetes to an examination of the social environment. The book emphasizes the importance of community-based approaches to healthy eating, exercise, and reducing the "obesogenic" environment many minorities live in.

Quick Links

[Maya Angelou Center for Health Equity](#)
[Council for Inclusion and Diversity](#)
[Diversity and Development Initiatives](#)

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