### THIS WEEK'S EVENTS

**HAPPY THANKSGIVING!!**
Please join us for a Thanksgiving Meal from 10pm-3am Wednesday night into Thursday morning, and again 11am-4pm Thursday.

### CAFE HOURS

- **Sunday-Saturday**
  - 6:30 am-10:00 am Breakfast
  - 11:00 am-4:00 pm Lunch

### MANAGERS

- **Duncan Allinson**
  - 336-713-3048
  - dallinso@wakehealth.edu

### WEEK OF MONDAY NOVEMBER 22

<table>
<thead>
<tr>
<th>DAY</th>
<th>DAILY SPECIAL</th>
<th>SPECIALTY BAR</th>
<th>ACTION STATION</th>
<th>GRILL SPECIAL</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MONDAY</strong></td>
<td><strong>Flank Steak, Squash Eggplant Parmesan Chicken &amp; Biscuit Casserole</strong></td>
<td><strong>Italian Roasted Vegetables</strong></td>
<td><strong>Chopped Salad with Salmon</strong></td>
<td><strong>Meatball Sandwich</strong></td>
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<tr>
<td></td>
<td><strong>Carnival Special Bar</strong></td>
<td><strong>Chicken Wrap</strong></td>
<td><strong>Tofu Pad Thai Stir Fry</strong></td>
<td><strong>Salmon</strong></td>
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<td></td>
<td><strong>MINDFUL</strong></td>
<td><strong>Fried Rice Bar</strong></td>
<td><strong>Fall Salmon Salad</strong></td>
<td><strong>MeatLoaf Sandwich</strong></td>
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<tr>
<td><strong>TUESDAY</strong></td>
<td><strong>Turkey Carvery Sandwich Beef Ragu over Farfalle Potatoes, Spinach, Carrots</strong></td>
<td><strong>Fried Rice Bar</strong></td>
<td><strong>Slider Bar</strong></td>
<td><strong>Meatball Sandwich</strong></td>
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<tr>
<td></td>
<td><strong>SPECIALTY BAR</strong></td>
<td><strong>Slider Bar</strong></td>
<td><strong>Caesar Salad Bar</strong></td>
<td><strong>Chicken Guacamole BLT</strong></td>
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<tr>
<td><strong>WEDNESDAY</strong></td>
<td><strong>Chicken Cacciatore BBQ Pot Roast Peas, Broccoli, Potatoes</strong></td>
<td><strong>Madras Vegetable Curry</strong></td>
<td><strong>Fried Rice Bar</strong></td>
<td><strong>Chicken Guacamole BLT</strong></td>
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<td><strong>SPECIALTY BAR</strong></td>
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<tr>
<td><strong>THURSDAY</strong></td>
<td><strong>Ham, Turkey Candied Sweet Potatoes Stuffing, Green Beans Mashed Potatoes Simply Mashed Butternut Squash Cheese Stuffed Shells Sweet Potato Pie Pecan &amp; Apple Pie</strong></td>
<td><strong>Carnival Special Bar</strong></td>
<td><strong>Grilled Chicken Breast Butternut Squash,Rice Vegetable Medley Chicken Bacon Sandwich</strong></td>
<td><strong>Grill Special</strong></td>
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<tr>
<td><strong>FRIDAY</strong></td>
<td><strong>Spaghetti, Talapia Grilled Chicken Breast Butternut Squash,Rice Vegetable Medley Chicken Bacon Sandwich</strong></td>
<td><strong>Carnival Special Bar</strong></td>
<td><strong>Grilled Chicken Breast Butternut Squash,Rice Vegetable Medley Chicken Bacon Sandwich</strong></td>
<td><strong>Grill Special</strong></td>
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**Mon**
- Creamy Crab & Vegetable Bisque
- Beef & Country Vegetable Soup
- Vegetable Chili (16 oz)

**Tue**
- Sante Fe Chicken & Black Bean Soup
- Garden Vegetable Soup (16 oz)
- Canadian Cheese Soup

**Wed**
- Tomato Rice Florentine Soup (16 oz)
- Chili con Carne 16 oz (Mindful)
- Baja Chicken Enchilada Soup (16 oz)

**Fri**
- Chicken Chile Verde (16 oz)
- Vegetarian Minestrone Soup (16 oz)
- Key West Seafood Chowder

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*NOTE: Before placing your order, please inform your server if you have a food allergy*