WEEK OF MONDAY NOVEMBER 8

**DAILY SPECIAL**  
Rotisserie Leg of Lamb  
Basil & Chive Chicken  
Potato Wedges, Carrots  
Creamy Pasta Primavera  

**SPECIALTY BAR**  
Wing Bar  

**ACTION STATION**  
Thai Chicken Stir Fry  

**GRILL SPECIAL**  
Chinese Reuben  

**MINDFUL**  
Chicken, Salmon, Tofu  
(M, W, F)  
Tex Mex, (Tues, Thurs)  

**DAILY SPECIAL**  
Pork Tenderloin, Tofu Stir Fry  
Potatoes, Rice, Cauliflower  
Shawarma Chicken Breast  
Mexican Vegetables  

**SPECIALTY BAR**  
BBQ Pulled Pork or Chicken  

**ACTION STATION**  
Beef and Broccoli Stir-Fry  

**GRILL SPECIAL**  
Smash Cheeseburger  

**DAILY SPECIAL**  
Beef Top Round  
Lime Marinated Chicken  
Mexican Vegetables  
Spinach Stuffed Portobello w/ Herb Crust  
Brussels, Rice, Couscous  

**SPECIALTY BAR**  
Frittata Bar  

**ACTION STATION**  
Pasta Bar  

**GRILL SPECIAL**  
Sausage Sandwich  

**DAILY SPECIAL**  
Street Mkt- Ham/Turkey  
Mashed Potatoes, Spinach  
Tempura Mushrooms  
Macaroni & Cheese  

**SPECIALTY BAR**  
Philly Cheesesteak Sandwich  

**ACTION STATION**  
BLT Burger with Basil  

**GRILL SPECIAL**  
Shrimp Salad with Pita  

**DAILY SPECIAL**  
Fried Catfish, Greens  
Potatoes, Zucchini  
Cheese Lasagna  
Grilled Huli Chicken  

**SPECIALTY BAR**  
Taco Bar Action Station  

**ACTION STATION**  
Shrimp Salad with Pita  

**GRILL SPECIAL**  
Cuban Pork Loin Sandwiches  

---  

**MANAGERS**  
Duncan Allinson  
336-713-3048  
dallinso@wakehealth.edu  

---  

**THIS WEEK’S EVENTS**  

**CAFE HOURS**  
Sunday-Saturday  
6:30 am-10:00 am Breakfast  
11:00 am-4:00 pm Lunch  

**MANAGERS**  
Duncan Allinson  
336-713-3048  
dallinso@wakehealth.edu  

*NOTE:* Before placing your order, please inform your server if you have a food allergy