<table>
<thead>
<tr>
<th>Day</th>
<th>SOUPS</th>
<th>DAILY SPECIAL</th>
<th>SPECIALTY BAR</th>
<th>ACTION STATION</th>
<th>GRILL SPECIAL</th>
<th>MINDFUL STATION</th>
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</thead>
<tbody>
<tr>
<td>MONDAY</td>
<td>Vegetable Chili</td>
<td>Thai Chicken &amp; Shrimp Soup</td>
<td>Taco Bar</td>
<td>Cajun Chopped Salad with Salmon</td>
<td>Meatball Sandwich</td>
<td>Salmon, Tofu, Chicken (M,W,F)</td>
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<td></td>
<td>Thai Chicken &amp; Shrimp Soup</td>
<td>Creamy Crab &amp; Vegetable Bisque</td>
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<td>Tex Mex (Tues, Thurs)</td>
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<tr>
<td></td>
<td>Creamy Crab &amp; Vegetable Bisque</td>
<td>Flank Steak, Eggplant Parmesan</td>
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<td></td>
<td></td>
<td>Roast Vegetables, Squash, Tater tots</td>
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<td></td>
<td></td>
<td>Southwest Beefy Macaroni</td>
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<td>TUESDAY</td>
<td>Sante Fe Chicken &amp; Black Bean Soup</td>
<td>Garden Vegetable Soup</td>
<td>Sandwich Station</td>
<td></td>
<td>MeatLoaf Sandwich on Bun</td>
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<td></td>
<td>Garden Vegetable Soup</td>
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<td></td>
<td>Canadian Cheese Soup</td>
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<td></td>
<td>Fall Salmon Salad</td>
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<tr>
<td>WEDNESDAY</td>
<td>Tomato Rice Florentine Soup (16 oz)</td>
<td>BBQ Pot Roast, Chicken Cacciatore</td>
<td>Fried Rice Bar</td>
<td></td>
<td>Caesar Salad Bar</td>
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<td></td>
<td>Chili con Carne</td>
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<td></td>
<td>Baja Chicken Enchilada Soup (16 oz)</td>
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<td></td>
<td>BBQ Pot Roast, Chicken Cacciatore</td>
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<td></td>
<td>Penne Rigate, Peas &amp; Carrots, Broccoli</td>
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<td></td>
<td>Madras Vegetable Curry, Potatoes</td>
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<td>THURSDAY</td>
<td>Bacon Corn Chowder</td>
<td>Street Mkt - Turkey/BBQ Chicken</td>
<td>General Tso's Shrimp</td>
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<td>Bistro Buffalo Burger</td>
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<td></td>
<td>Mushroom Barley Soup</td>
<td>Mashed Potatoes, Mac &amp; Cheese</td>
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<td>Carrots, Zucchini, Cabbage, Cobbler</td>
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<tr>
<td>FRIDAY</td>
<td>Key West Seafood Chowder</td>
<td>General Tso's Shrimp</td>
<td>Taco Bar</td>
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<td></td>
<td>Vegetarian Minestrone Soup</td>
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<td>Pork Loin, Spaghetti, Meatballs</td>
<td>Asian Beef and Broccoli Stir-Fry</td>
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<td>Mango Crusted Tilapia, Butternut Squash</td>
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<td>Rice, Vegetable Medley, Chicken Breast</td>
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**WAKE FOREST BAPTIST MEDICAL CENTER**

**Cafe Hours**
SUNDAY-SATURDAY
6:30 AM-10:00 AM BREAKFAST
11:00 AM-4:00 PM LUNCH

**Managers**
Duncan Allinson
336-713-3048
dallinso@wakehealth.edu

Before placing your order, please inform your server if you have a food allergy.