# **WAKE FOREST** UNIVERSITY BAPTIST

#### This Week's Events

WEEK OF DECEMBER 8TH! NATIONAL HOT CHOCOLATE DAY 12/ 12

ACTION - Potato Bar (Monday) Shrimp & Grits (Wednesday) Nacho Bar (Friday) Mindful - Farmers Field (Tues & Thurs)

# **CAFE HOURS**

Café Hours DAILY BREAKFAST 6:30am - 10:00AM LUNCH 11:00AM - 4:PM LATE NIGHT 6:00PM - 1:30AM

#### **MANAGERS**

**MANAGERS** Casey Hogge 336-713-3048 casey.hogge@advocatehealth.org

m Mindful



Plant Based



VG Vegan



Vegetarian

Before placing your order, please inform your server if you have a food allergy



#### MONDAY

SOUP

White Bean, Cabbage & Sausage / Cheeseburger Chowder /

**ENTREE** 

Vegetable

Orispy Baked Catfish

Cajun Chicken Breast

🗹 🚾 🚳 Southwest Stuffed Acorn Squash

☑ ☑ ⑥ Lemon Garlic Green Beans Pot Likker Collard Greens

## TUESDAY I

SOUP

Loaded Baked Potato Chowder / Vegetable / Chicken Tortilla

**ENTRÉE** 

@ Grilled Pork Tenderloin Baked Cajun Catfish

☑ ☑ ⑥ Herb Mashed Yukon Gold Potatoes

🗹 🚾 🚳 Green Peas, Cauliflower

Southern Style Lima Beans

#### WEDNESDAY

SOUP

Morocan Vegetable / Beef & Barley / Butternut Squash

**ENTRÉE** 

Country Fried Steak & Pepper Cream Gravy

@ Grilled Garlic & Herb Tilapia

Vegetarian Shepherd's Pie

☑ ☑ ⑤ Simply Smashed Red Potatoes

☑ ☑ ⑥ Sauteed Spinach & Caramelized Onions

🗹 🚾 🚳 Fresh Broccoli, Corn O'Brien

# **THURSDAY**

SOUP

Loaded Baked Potato Chowder / Minestrone / Street Corn

**ENTRÉE** 

Batter Dipped Cod

Ohicken and Dumplings

☑ ☑ ⑥ Samosa Stuffed Potato

☑ 6 Steamed Corn, Rice

Fresh Zucchini & Tomatoes

### FRIDAY

SOUP

@ Beef, Barley & Onion /NE Clam Chowder / Pumpkin Bisque

**ENTRÉE** 

Chicken Pot Pie

M Garden Pot Pie

🗹 🚾 🚳 Roasted Potatoes, Cabbage & Onion

Fried Green Tomatoes, Broccoli