Breakfast Banana Split
5 minutes | 1 serving

Ingredients:
• 1 banana, peeled, split in 1/2 lengthwise
• Low-fat vanilla yogurt
• Optional toppings
  • Fresh fruit
  • Dried fruit
  • Granola
  • Honey
  • Nuts
  • Sprinkles
  • Chocolate chips

Directions:
1. Arrange banana halves in a serving bowl.
2. Spoon yogurt over the bananas.