BestHealth Subscription Program – Merchant Discount Participants
As a subscriber of the BestHealth program of Wake Forest Baptist Medical Center, you can receive discounts at select merchants in the Winston-Salem and surrounding areas. Please show your BestHealth code at time of purchase.
Discounts are valid for the individual subscriber only, not groups.

RESTAURANTS AND RELATED BUSINESSES

Brixx Wood Fired Pizza
1295 Creekshire Way
Phone: 336-837-0664
Web: www.brixxpizza.com
Discount: 15% off total (does not apply to alcohol, lunch special, late night bogo & cannot be combined with any other discount or coupon).

Crosby Pub & Restaurant (Village Inn Event Center)
6205 Ramada Dr., Clemmons
Phone: 336-971-6567
Web: www.thevillageinn.com
Discount: 10% off food (excluding alcohol).

Melt Kitchen and Bar
2270 Golden Gate Dr, Greensboro
Phone: 910-352-3320
Web: www.meltkitchenandbar.com
Discount: 10% off check

Midtown Café & Dessertery
151 S. Stratford Rd., Winston-Salem
Phone: 336-724-9800
Web: www.midtowncafews.com
Discount: Complimentary slice of plain five-flavor pound cake or cookie with purchase of full meal.

River Birch Lodge
3324 Robinhood Rd., Winston-Salem
Phone: 336-768-1111
Web: www.riverbirchlodge.com
Discount: Complimentary order of homemade Lodge Chips — select potatoes sliced thin, seasoned and served with cilantro-lime and goat cheese peppercorn sauces -- with the purchase of an entrée $9.95 or higher.

Sumela Restaurant
805. North Main St, High Point
Phone: 336-887-2646
Web: www.sumelarestaurant.com
Discount: 10% off total bill

Sweet Frog Yogurt
6297 Towncenter Drive, Clemmons
Phone: 336-778-1801
Web: www.sweetfrogyogurt.com
Discount: 20% off each cup of yogurt purchased by a BestHealth member. To receive discount show a valid BestHealth membership card.
TCBY Yogurt
5038 Peters Creek Parkway, Winston-Salem
Phone: 336-784-6101
Web: facebook.com/tcbywinston-salem
Discount: 10% off your order not valid with any other offer.

Tokyo Japanese Steakhouse
1111 Salisbury Ridge Rd., Winston-Salem
Phone: 336-722-5009
Web: www.tjsteakhouse.com
Discount: 10% off, Sunday through Thursday, holidays not included.

Wake Forest Baptist Health Food & Nutrition Services
Medical Center Boulevard, Winston-Salem
Phone: (336) 713-3009
Discount: 20% discount at the Ardmore Cafeteria

FITNESS / WELLNESS

Advocare
Online store
Phone: 336-481-9033
Web: www.championsteam21.com
Discount: Health and wellness – 20% on meal replacement shakes and Spark energy drinks.

BAM Nutrition
200 N. Main Street, Lexington
Phone: 336-843-4262
Web: www.bamnutrition.weebly.com
Discount: Free meal – including meal replacement shake, herbal tea, and mango aloe. For first time visitors!

Brittian Chiropractic Center
205 S. Stratford Road, Suite L, Winston-Salem
Phone: 336-293-8931
Web: www.brittianchiropracticcenter.com
Discount: Initial consultation with the doctors at no charge for BestHealth members.

Triad Martial Arts
160 Webb Way, Advance
Phone: 336-486-6542
Web: www.KIAdvance.net
Discount: One week of free classes and 25% off of our regular rates.

Oak Valley Golf Club
261 Oak Valley Blvd., Advance
Phone: 336-940-2000
Web: www.oakvalleygolfclub.com
Discount: November thru March: 2 pm play for $29 - includes cart; April thru October: play for $29 after 4 pm

Smiley’s Golf and Learning Center
2397 W Clemmonsosville Road, Winston-Salem
Phone: 336-765-7733
Web: www.smileysgolf.net
Discount: BestHealth members 50% off launch monitor golf lesson. Full computer golf lesson with information emailed along with video.
Sunrise Yoga Studio
6000 Meadowbrook Mall Ct., Suite 1, Clemmons
Phone: 336-778-1233
Web: www.sunriseyoga.net
Discount: 10% off of a 6 class card that is $84 value.

Wake Forest Baptist Health Aquatic Program
Medical Center Boulevard, Winston-Salem
Phone: 336-713-8082
Web: www.wakehealth.edu/Aquatic-Programs
Discount: $5.00 off of one month or 1 free visit.

Wet’n Wild Emerald Pointe
3910 S. Holden Rd, Greensboro
Phone: 336-852-9721
Web: www.emeraldpoinde.com
Discount: Promo code BESTHEALTH17 for up to 30% off Admission tickets

GIFTS & JEWELRY

Wingo’s Fine Jewelry
2503 Lewisville Clemmons Rd, Clemmons
Phone: 336-766-8505
Web: www.wingosfinejewelry.com
Discount: free watch battery.

HOME

The Produce Box
900 Withers Road, Raleigh
Phone: 336-624-4291
Web: www.theproducebox.com
Discount: Use code TRIAL to try produce box for 1 week for a deferred membership fee

Village Frame Shop
409 West End Boulevard, Winston-Salem
Phone: 336-724-6565
Discount: 10% off on custom framing and accessories.

Prime Time Mobile Detailing
PO Box 14972, Raleigh, NC
Phone: 919-909-3835
Web: www.Primetimemobiledetail.com
Discount: Save 40% off of Showtime or Primetime wash, please visit website for details.

Sam’s Club #8228
930 Hanes Mall Blvd, Winston-Salem
Phone: (336) 765-3590
Web: www.samsclub.com/club/8228
Discount: Receive $20.00 off the first $20.00 purchase for new membership. You will receive $140.00 in instant savings for club membership. Receive $240.00 for plus memberships. Renewal will receive instance savings. Must call (336) 765-1730 to schedule an outside sales appointment. This is not valid at the membership desk as a walk in.
**PETS / BIRDING SUPPLIES**

**Reynolda Veterinary Hospital, P.A.**
2600 Reynolda Rd., Winston-Salem
Phone: 336-725-9111
Web: [www.reynoldaveterinaryhospital.com](http://www.reynoldaveterinaryhospital.com)
Discount: 15% off your pet’s initial visit.

**Wild Birds Unlimited**
568 Hanes Mall Blvd., Winston-Salem
Phone: 336-774-1906
Web: [http://winstonsalem.wbu.com](http://winstonsalem.wbu.com)
Discount: 20% off one item, excluding sale items.

**SALONS / DAY SPAS / MASSAGE**

**Aeracura Salon**
101 A Reynolda Village, Winston-Salem
Phone: 336-448-0792
Web: [www.aeracurasalon.com](http://www.aeracurasalon.com)
Discount: 15% off Aveda services with BestHealth membership card.

**Essential Balanced Bodywork**
2575 Old Glory Rd., Ste.500, Clemmons
Phone: 336-918-9343
Web: [www.essentialbalancedbodywork.com](http://www.essentialbalancedbodywork.com)
Discount: $10 off any service (Relaxation or Deep Tissue Massage, Structural Bodywork, Reflexology and Acutonics Sound Healing).

**HaiRoot Non-Surgical Hair Replacement Spa**
1505 Bearhollow Road, Greensboro
Phone: 336-541-6963
Web: [http://HaiRoot.com](http://HaiRoot.com)
Discount: 10% off all scalp services and products. Excludes consultation and custom wigs (cannot be combined with other discounts).

**Halo Aveda Salon and Spa**
690 Jonestown Road, Suite 400E, Winston-Salem
Phone: 336-893-9604
Web: [www.haloaveda.com](http://www.haloaveda.com)
Discount: 10% off all services. Standard rate of $49/month for spa membership for BestHealth members.

**Michael Fields Salon & Day Spa**
3445 Robinhood Road, Ste. D, Winston-Salem
Phone: 336-760-6066
Web: [www.michaelfieldsinc.com](http://www.michaelfieldsinc.com)
Discount: 10% off spa service.

**VanDavis Aveda Lifestyle Salon/Spa**
244 S. Stratford Road, Winston-Salem
Phone: 336-761-1133
Web: [www.vandavisaveda.com](http://www.vandavisaveda.com)
Discount: 10% off all services

**WFBH Facial Plastic and Reconstructive Surgery**
2341 Lewisville Clemmons Road
Phone: 336-713-3265
Web: [www.wakehealth.edu/ENT/Facial-Plastic-and-Reconstructive-Surgery/corrective-skin-treatments.htm](http://www.wakehealth.edu/ENT/Facial-Plastic-and-Reconstructive-Surgery/corrective-skin-treatments.htm)
Discount: 15% off esthetic services (Only includes services performed by esthetician. Excludes laser services)
SPORTING GOODS / APPAREL / FOOTWEAR

**BE Shoes**
260 South Stratford Road, Winston-Salem
Phone: 336-722-0747
Discount: 10% off all regular priced merchandise.

**Fleet Feet Sports**
278 Harvey Street (next to LA Fitness on Stratford Road), Winston-Salem
Phone: 336-722-8477
Web: [www.fleetfeetwinston-salem.com](http://www.fleetfeetwinston-salem.com)
Discount: 10% off all regularly priced footwear, apparel and accessories.

**New Balance Winston-Salem**
Thruway Shopping Center, 202 S. Stratford Rd., Winston-Salem
Phone: 336-893-7908
Web: [www.newbalance.com](http://www.newbalance.com) [www.dunhambootmakers.com](http://www.dunhambootmakers.com)
Discount: 10% off all regularly priced footwear, apparel and accessories.

**Omega Sports**
414 S Stratford Road, Winston-Salem
Phone: 336-760-9172
Web: [www.omegasports.net](http://www.omegasports.net)
Discount: 10% off non-sale items.

**VISION**

**Wake Forest Baptist Health Optical Designs – Country Club**
4610 Country Club Road, Winston-Salem
Phone: 336-713-0747
Web: [WakeHealth.edu/eye](http://WakeHealth.edu/eye)
Discount: 20% off eyeglass lenses and frames

**Wake Forest Baptist Health Optical Designs – Janeway**
Wake Forest Baptist Medical Center, Janeway Tower, 6th floor, Winston-Salem
Phone: 336-716-4888
Web: [WakeHealth.edu/eye](http://WakeHealth.edu/eye)
Discount: 20% off eyeglass lenses and frames.