FRESH INSPIRATIONS CAFETERIA

WEEK OF MONDAY APRIL 29

HAWAIIAN THEMED MEAL!

05/01/24

CAFE HOURS

BREAKFAST MON - SUN - 6:30AM - 10AM LUNCH MON - SUN - 11AM- 4PM LATE NIGHT - MON - SUN 6 PM - 1:30 AM

MANAGERS

Casey Hogge 336-713-3048 cjhogge@wakehealth.edu



Wellness



Plant Based

Vegan

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Vegetarian

Before placing your order, please inform your server if you have a food allergy

MONDAY

SOUPS Creamy Broccoli and Cheddar

Beef & Country Vegetable

© V Vegetarian Lentil

DAILY FEATURE Trainwreck Pasta Casserette

> V Spinach Lasagna

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VG

<u>©</u>

Lemon Pepper Chicken Breast **Country Mashed Potatoes**

Pan Roasted Green Peas

Fresh Zucchini & Tomatoes

MINDFUL STATION Tex Mex Chicken, Shrimp, Tofu

Monday - Friday

TUESDAY

SOUPS Chicken Noodle

Cheeseburger Chowder

Garden Vegetable & Rotini

SPECIALTY BAR Potato Bar

WEDNESDAY

SOUPS Bacon & Corn Chowder

> ٧ Artichoke & Spinach Soup

Thick & Zesty Beef-Turkey Chili

V **DAILY FEATURE** Hawaiian Themed!

Fried Saimin Noodles

V Sweet Roll Dough

Sauteed Cabbage & Onion

Bacon Fried Rice

Grilled Pineapple Ring

Asian Stir-Fry Kalua Pork Roast

THURSDAY

SOUPS Chicken & Root Vegetable

Chunky Beef Noodle

California Creamy Vegetable Chowder

ACTION STATION Beef and Broccoli Stir-Fry

Mongolian Wok Kung Pao Chicken

Lo Mein Noodles **OS** VG Jasmine Rice V

Vegetable Egg Rolls Asian Stir-Fry

FRIDAY

© V **SOUPS** Creamy Wild Rice

Classic New England Clam Chowder

© V Italian Vegetable Parmesan Chowder

DAILY FEATURE Buttermilk Fried Chicken Breast

Salisbury Steak with Brown Gravy

V White Rice **OS** VG **Baby Carrots**

Sweet Potato Casserole

O Green Beans and Tomatoes