

**FRESH INSPIRATIONS
CAFETERIA**

WEEK OF MONDAY APRIL 22

EARTH DAY 04/22!

NATIONAL HOT PRETZEL DAY!
04/26/24

CAFE HOURS

BREAKFAST MON - SUN - 6:30AM - 10AM
LUNCH MON - SUN - 11AM- 4PM
LATE NIGHT - MON - SUN 6 PM - 1:30 AM

MANAGERS



Casey Hogge
336-713-3048
cjhogge@wakehealth.edu

 Wellness  Plant Based
 Vegan  Vegetarian

Before placing your order, please inform your server if you have a food allergy

MONDAY

SOUPS

Potato Leek Soup  

Cheeseburger Chowder


Italian Bean & Sausage Soup

DAILY FEATURE

Dirt Pudding Cup (Earth Day!) 

Maple Peach Glazed Ham

Whiskey Glazed BBQ Turkey 

Broccoli Rice Casserole 

Fresh Grilled Asparagus  

Glazed Carrots  

Roasted Italian Potato Wedges  

MINDFUL STATION Grilled Shrimp, Chicken, Tofu
(Monday - Friday)

TUESDAY

SOUPS

Garden Vegetable Soup  

Chunky Beef Noodle 

Chili Con Carne


ACTION STATION

BBQ Nation (Pork, Beef Brisket, Chicken)

WEDNESDAY

SOUPS

Cream of Tomato 

Italian Vegetable Soup  

Old Fashioned Chicken Noodle

DAILY FEATURE

Chicken and Dumplings

Chicken Fried Steak

Country Mashed Potatoes 

Fresh Broccoli  

Sauteed Cabbage & Onion

THURSDAY

SOUPS

Spring Pasta Fagioli 

Cream of Mushroom

Brazilian Shrimp

ACTION STATION

Arepa on Entree 

Chicken, Shrimp

FRIDAY

SOUPS

New England Clam Chowder

Chicken Mulligatawny

Garden Vegetable 


DAILY FEATURE

Balsamic Grilled Flank Steak

Chicken Pot Pie

Steamed Cauliflower  

White Rice 

Baked Sweet Potato  

Fresh Zucchini with Garlic & Basil 